



OUR TOWN SALEM

CONNECTICUT

MARCH 2013

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OUR TOWN SALEM
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The next deadline is
May 1
for the June issue.

Photo by Bopha Smith

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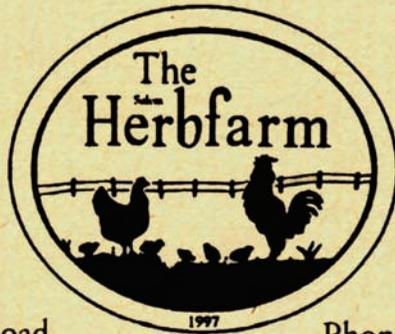
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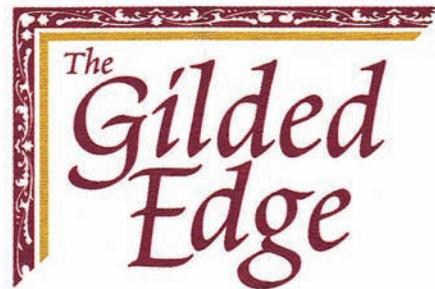
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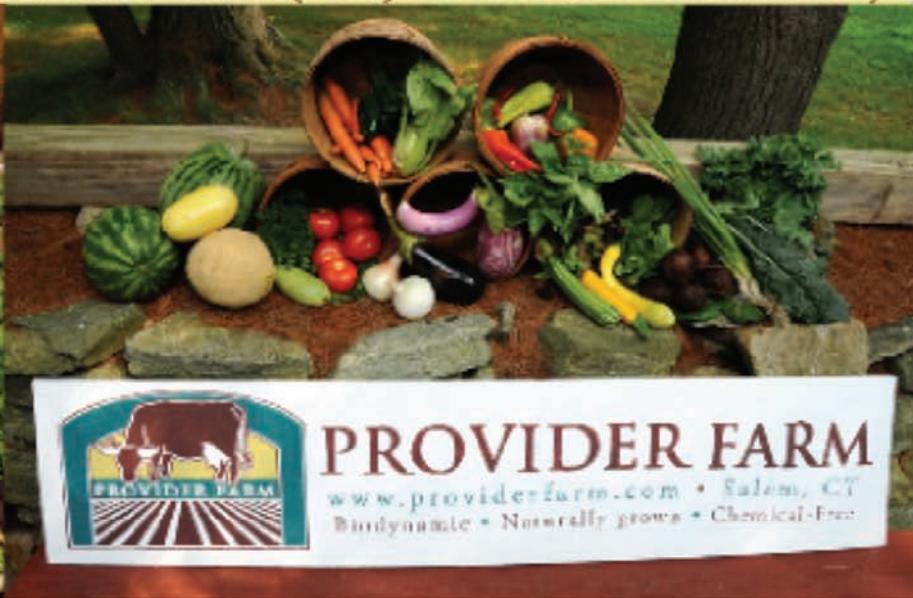
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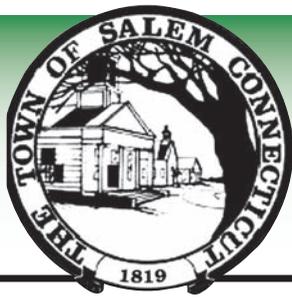
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News and Notes from . . .

OUR TOWN

Read about what's new in Salem and learn how to become more involved in shaping the town's future

FROM THE OFFICE OF THE FIRST SELECTMAN

Dear Fellow Townspeople,

As spring approaches, let us review what has been happening in our town.



New Publisher of Our Town – Salem

Thank you to Elizabeth Regan for her five years of dedicated volunteer service as editor of *Our Town – Salem*. We are fortunate to have Jackie Hemond as the new volunteer editor.

There is still an opportunity for a few more good people to step forward to help with *Our Town – Salem*, which is enjoyed by so many residents. Please call me if you are interested.



Be Prepared

Storms have been occurring more frequently. Trees falling on wires cause ninety-five percent of power outages. CL&P, the State of Connecticut, and the Town of Salem have increased trimming of trees near the power lines. The fact remains that we live in a rural community with an abundance of trees, which compounds this problem.

Make sure you and your family have at least a three-day supply of food and water. If you use a generator, make sure licensed individuals installed it properly. Register at salemct.gov to receive important announcements regarding storms that may affect our town.



School Building Project

The School Building project is progressing and within budget. Renovations continue through this year with an increase of activity scheduled for the summer months.

Thanks to the members of the School Building Committee who have dedicated many hours to this important upgrade to Salem School.

I am honored to be your First Selectman,

Respectfully, *W T A*



Shop Local

With many existing and new businesses in our town, please remember to “Shop Local”. You will find savings in time and money from not having to drive out of town, as well as the opportunity to bump into a friend or neighbor.

Businesses in Salem pay taxes to Salem.



Zemko Property

With the successful referendum of the Zemko property at 228 & 230 Hartford Road, we have taken the opportunity to unite our Town properties. The Zemko property will allow for much needed storage for the many departments, including Public Works, Emergency Services, Recreation, Library and School. The property will also allow us to have a more direct route and walking path from Salem School to our Municipal Recreation Complex.

Expect to see the two houses on Hartford Road looking more presentable with the help of Salem Public Works and the Salem Lions Club and several other volunteers.



Open Meetings – Open Government

The municipal meetings in Salem are open to the public. Most meetings have a “public comment” session. Please attend; we want to hear your comments and concerns about our town.

For a schedule of meetings please go to the salemct.gov home page, and then look under the Town Calendar section.

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2012 SALEM UNSUNG HEROES ANNOUNCED

Nine Salem Residents Selected as Unsung Heroes for Volunteerism

Submitted by Sue Spang

The Salem Unsung Heroes Awards Committee announced the selection of nine residents who will be honored as Unsung Heroes for their years of volunteerism. This honor is bestowed on residents who have quietly given extraordinary amounts of time and talent to community service over many years.

Signs at each entrance to the Town of Salem proclaim the Town is “Proud of its Volunteers.” The Unsung Heroes program was established in 1989 by the Democratic and Republican Town Committee Chairmen to showcase this pride and to encourage future volunteerism, so vitally important to Salem.



Each of these community volunteers will be honored at Salem's ninth Unsung Heroes Awards Banquet to be held at the Gardner Lake Volunteer Fire Company firehouse on Rt. 354 at 1:00 p.m., Sunday, April 7, 2013. The theme of this event is “Volunteerism the American Way.” Tickets, \$25 per person, can be purchased from Ms. Linda Parker (860) 859-1541 or Ms. Sue Spang in the Salem Town Office Building.

The following Unsung Heroes will be added to the roll of extraordinary volunteers who have made the Town of Salem such a great place to live.

continued on page 4



2012 SALEM UNsung HEROES FOR VOLUNTEERISM

continued from page 3



W. ERIC BELT

Eric Belt moved to Salem in 1998. He is an active member and former president of the Salem Lions Club. For the last eight years, he has donated thousands of hours updating digital maps to produce accurate geographic boundaries for use by Town officials, Planning & Zoning, Inland Wetlands and the Plan of Conservation and Development Committees. He single-handedly updated the Town's inventory of natural resources and he represents Salem on the Eight Mile River Wild & Scenic Committee, providing highly specialized stream monitoring and science services. He is also an active member of the Salem Multi-purpose Path Committee.



DAVID BINGHAM

David Bingham, a Salem native, has dedicated his life to preservation of the Town's rural character and natural resources. He has served on the Planning and Zoning Commission for over 30 years. He also served on the Plan of Conservation and Development Committee, Board of Assessment Appeals, Eight Mile River Watershed Committee and the Rivers Alliance of Connecticut. He is the founder and former president of the Salem Land Trust, and working with the Nature Conservancy, preserved hundreds of acres of open space in Salem. He authored "From the Land" in *Our Town - Salem* for over 15 years.



DONALD BOURDEAU

Don Bourdeau, a Salem native, became a Gardner Lake Fire Company volunteer at 13 years old. He has been a member ever since, serving as an emergency medical technician and eventually, Fire Chief for 25 years. He volunteered in many public safety and building committees, including Chair of the Salem School Well Committee. He served as a Town Constable for four years. He served on the Board of Selectman and was First Selectman from 1993 to 1997. His experience, expertise and wise counsel to every First Selectman since, has benefitted Salem. The many anonymous donations from the Bourdeau Farm to needy families over the years have been truly extraordinary.



CHARLENE CLANCY

Char Clancy moved to Salem in 1977. She served on the Board of Education, Board of Finance, Board of Tax Review, and Inland Wetlands and Conservation. She was a member of the Board of Selectmen for four years. She has been an active member of the Gardner Lake Auxiliary, Gardner Lake Water Authority, and Salem Historical Society. As a member of the Cemetery Committee, she is still very much engaged in Town activities.



LEELAND COLE-CHU

Lee Cole-Chu moved to Salem in 1984. He served as Chair of the Economic Development Committee. He served as Chair of the Zoning Board of Appeals for six years, and represented Salem to the Southeastern Connecticut Water Authority. He served as a moderator for Town Meetings and was appointed to three Town Charter Commissions; the third being passed in 2004 guides the order of business today. As the Chair of the Democratic Town Committee, he personally brought many volunteers into public service. He co-founded the Unsung Heroes program in 1989, and served as its president for the last seven years.



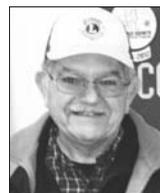
SHIRLEY DIAMOND

Shirley Diamond moved to Salem in 1967. She served as a member of the Zoning Board of Appeals for ten years, and on the Board of Selectman's 2008 Town Vision Committee. As a member of the Friends of the Salem Library for over 20 years, she worked closely with library directors to enhance services and select books to celebrate poetry, creating the Salem Library's Poetry Corner. As a proofreader of *Our Town - Salem*, she ensures consistency and accuracy in the paper. She also volunteered for 26 years at the Metropolitan Museum and Library of New York, traveling to the city twice a month from her Salem home.



BILL MARTIN

Bill Martin moved to Salem in 1987. He is an active member and former president of the Salem Lions Club. He served as a member of the Transfer Station Design Committee, chaired the 1996 Salem School Renovation Committee, and served on the 2000 Plan of Conservation and Development Committee. He served on the Zoning Board of Appeals for five years, and as Chair of the Economic Development Commission, secured a grant to purchase GIS equipment to map Salem accurately. As a member of the Pavilion and Multi-purpose Path Committees, he has been instrumental in projects to promote community activities.



NORMAN RABE

Norm Rabe moved to Salem in 1989. He served on the Inland Wetlands and Conservation Commission, the Emergency Personnel Awards Committee, the new Library Building Committee, and has been a leader in the Friends of the Library for over 15 years. He has been a Co-Chair and the primary coordinator of the highly successful annual book sale fundraiser. He held several leadership positions in the Salem Lions Club, including Journey for Sight Chairman. In 2012, he was awarded the Knight of the Blind by the Connecticut Eye Research Foundation for outstanding humanitarianism.



ELIZABETH REGAN

Elizabeth Regan moved to Salem in 2006. She is a civic organizer and was one of the founding members and president of the Mom's Club of Salem. With a background in journalism, she mentored Salem Middle School students in a Journalism Club. When *Our Town - Salem* needed a proofreader, she applied and immediately became the publication's new editor, sales manager, feature writer and marketing director. *Our Town* was in danger of being discontinued, but her redesign of the publication and hands-on management of its finances rescued this vital community resource.

AMERICAN FLAG ETIQUETTE *by Pat Crisanti, Town Clerk*

Federal law stipulates many aspects of flag etiquette. The section of law dealing with American Flag etiquette is generally referred to as the Flag Code. Some general guidelines from the Flag Code answer many of the most common questions:

- The flag should be lighted at all times, either by sunlight or by an appropriate light source.
- The flag should be flown in fair weather, unless the flag is designed for inclement weather use.
- The flag should never be dipped to any person or thing. It is flown upside down only as a distress signal.
- The flag should not be used for any decoration in general. Bunting of blue, white and red stripes is available for these purposes. The blue stripe of the bunting should be on the top.
- The flag should never be used for any advertising purpose. It should not be embroidered, printed or otherwise impressed on such articles as cushions, handkerchiefs, napkins, boxes, or anything intended to be discarded after temporary use. Advertising signs should not be attached to the staff or halyard.
- The flag should never have any mark, insignia, letter, word, number, figure, or drawing of any kind placed on it, or attached to it.

- The flag should not be used as part of a costume or athletic uniform, except that a flag patch may be used on the uniform of military personnel, firemen, policemen and members of patriotic organizations. .
- The flag should never be used for receiving, holding, carrying, or delivering anything.
- When the flag is lowered, no part of it should touch the ground or any other object; it should be received by waiting hands and arms. To store the flag it should be folded neatly and ceremoniously.
- The flag should be cleaned and mended when necessary.
- When a flag is so worn it is no longer fit to serve as a symbol of our country, it should be destroyed by burning in a dignified manner.

This is included in *Our Town – Salem* as a goal to do our small part to inspire pride in this great country of ours. Don't be afraid or embarrassed to show your pride because some feel it may be politically incorrect to do so. We own the flag. It, and all it represents, has been paid for over and over again by the blood of those who fought to protect it.

There are many websites that can be visited to get any information regarding our country's flag: www.usa-flag-site.org/etiquette.shtml (for this article) or www.usflag.org/flagetiquette.html or www.ushistory.org/betsy/flageti.html



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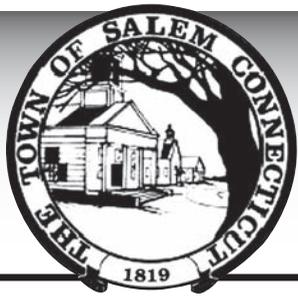


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Sporting . . .

AROUND TOWN

Legends, Champions & News

A CHAMPIONSHIP WIN A TRUE TEAM EFFORT

by Jackie Hemond



Last November, a team few expected to win, won. The game they won was a big one-Superbowl-sized. The team was the East Lyme Youth Football team. The Championship was the Southern New England Youth Football Conference Championship game. Six Salem kids were on the thirty-three member team: Sam Highman, Nate Orsini, Anthony Lee, Caleb Smith, Nour Hashem and Tony Spera.

Months after the win, Coach Mike Catanzaro, is still awed by the team's effort. In all the years that he has coached in football, basketball and lacrosse, he had never witnessed a team pull together like this one. The team's phenomenal achievement capped his final year of coaching youth football. Catanzaro will leave on a high note. His son, Chris, one of the team's captains will be entering high school next year, making him too old for the team. Mike Smith, a Salem resident and the defensive assistant coach, echoed Catanzaro. "The boys came together in so many ways, but...the biggest thing I saw, was that there were no 'cliques.' Everyone pulled together." Smith is so proud to be part of the East Lyme team that he plans to coach again next year.

The turning point for the team occurred in an earlier game against New London, one of the area's toughest teams. In the first ten minutes of the game, three starters were out with injuries, two en route to the hospital in an ambulance, the third benched. The remaining players, shocked by their loss, regrouped. Inexperienced players stepped up, and others switched to untried positions. They performed well, losing to New London by only one point in the last minute of the game. From that day forward, the team thrived on challenges, winning game after game. They even reversed the table on New London in the semi-finals, by scoring a touchdown in the last minute to win the game.

To get to the championship, the East Lyme team prevailed against injuries and the weather. During the week of semi-finals, Hurricane Sandy knocked out power. Not willing to forego practice, the team played all week long, by the light of headlights from their parents' cars. Yet, another bout of nasty weather occurred on the week of the big game.

Finally, on November 11, East Lyme came to the championship game in front of a packed and noisy Montville stadium with a record of nine wins and one loss. They were pitted against Killingly, the number one seed in the division. The team charged down the field on the first offensive drive to score six points, but missed the extra point. The rest of the game was won by solid defense. The crowd was so loud that the players on the field could not hear the coaches, who resorted to directing by hand signals. When the final seconds counted down, the crowd exploded and the East Lyme team won the championship, shutting out Killingly, six to zero. The team celebrated. Grinning wildly, the team and Coach Smith riverdanced on the fifty-yard line while parents and supporters cheered them. Exhausted, the team finally left the field, proud and exuberant.

Catanzaro maintains that football, more than any other sport, breeds family, brotherhood and sacrifice. Throughout the season, Catanzaro stressed teamwork. "Look your brother in the eye. Know you are playing for him and the team." Not every kid can be the top dog, but every player has to be part of the team. The team won because they followed their coaches' advice. Sure, there were some outstanding players, the four captains were all key players: Chris Catanzaro, the coach's son; Sam Highman, who as a seventh grader, was the youngest captain; Sean Williams and Ben Adams. But top dog or not, all players pulled together as a team, providing emotional support from the bench, or out on the field protecting brothers to the left and to the right. All were intent on advancing the team. Throughout the Season, and especially in the last game, the team won because each player was trusted to shout support or make a play when it came his way — and each did.



NFL PLAYERS & THE SALEM PTO PROMOTE FITNESS THE NEW PLAYGROUND AT SALEM SCHOOL

By Anne Rowthorn

Thanks to the hard work and dedication of Salem School's Parent Teacher Organization, our town now has fitness equipment, that is perfect for all ages. It is wheelchair accessible, has an ADA swing, which is designed for children with disabilities and is located on the north side of the Salem School Field.

The PTO purchased and built an eye-catching new playground, a "playscape" for young children, and an "Energi Jr", a new and unique physical training center. It is a unit of six exercise stations affording 84 exercises for teens and pre-teens, aged 9-14.

Athena Sartori, the President of the PTO, can barely contain her enthusiasm for the new equipment, which has stations for stretching, foot, agility, jumping and sit-up exercises, parallel bars and a balancing disk. It also instructs participants in sit-to-stand exercises, running, lunges, pull-ups, push-ups, chin-ups, step exercises and hurdles. Each station features color-coded diagrams, instructions for specific skill levels, along

continued on page 9

ANOTHER INTERESTING SPORTS STORY FOR SALEM

Senior Merrideth Moore and Junior Samantha Lee, both from Salem, were chosen by their peers and coaches to be the Captains for the Lady Vikings, the ELHS Girls Soccer Team, for the 2013 Fall season. Both started as freshman for Coach Rachel Redding and play Premier Soccer for the Southeast Soccer Club. Merrideth was recognized by The Day newspaper as the MVP for Girls Soccer. She was the top scorer for her team and led the Lady Vikings to 3rd place in the States Large Division last fall.

Where does the umpire stand? John Cassidy has put that basic question to approximately 600 umpire trainees since 1994. John is a coach, an umpire and a Salem resident for 35 years. He is passionate about kids and sports. He started coaching in the Salem Youth Baseball/Softball program in 1985 when his son played T-Ball, then followed his son through the Cal Ripken & Babe Ruth baseball programs. He was a Boy Scout troop leader for 15 years, is married, has two kids, works at Pratt & Whitney in East Hartford and he manages an umpire school.

Back when Chuck Paulino was the veteran umpire, John started the umpire school because he was tired of umpiring on the nights he was not coaching; he wanted to practice with his team instead. So, John grabbed some kids... "Here's the mask and chest protection, get out there and call balls and strikes." When he realized the kids needed to know more about umpiring, John started half-day Saturday sessions in Salem, which ran three or four weeks. The first kids were good and eager. There was no umpire uniform to give them. "Wear something blue, no jeans. Get good sneakers. Be on time. Tuck your shirt in." Still the kids were asked to do an adult's job. Umpiring can get tough when people get angry. The kids needed more confidence and better training.

In 1998, John started a more structured umpire school in Hebron, which is the central location for eight towns, including Salem, which support Cal Ripken baseball for kids aged twelve and younger in Districts three and six. The newly built RHAM high school had SMART boards that made it easier to show the new umpiring methods. Chris Cowles, of Hebron, joined him. Cowles had the ideas – how to structure the program, how long the sessions should be. Lew Sumislaski from Bolton, a lover of baseball, signed on to help in the school's second year. In 2010, Chris Caputo joined, also from Hebron; he had over 15 years of umpiring experience. The men train 30 to 50 boys, girls, and adults to become umpires. Many fathers and sons attend reminding John of how he and his son once umpired together. The 40-hour school runs classes every Tuesday and Thursday nights from approximately Valentine's Day until the end of April. Although the umpire school advertises in newspapers, on a website and a huge sign on Route 85, most students hear about it through word of mouth or by watching another kid umpiring a game.

The instructors infuse the classes with fun and movement. "We have to mix it up because 95% of the umpire recruits just ended their school day. The last thing a student wants to do is to sit at a desk and listen to another teacher for two hours. Even with quizzes most weeks and a final, the students move around, spending time in the gym or outside, when warm, learning the mechanics of umpiring: where to stand and the basics of umpire sign language. They learn how to react when people criticize and shout at an umpire. They learn how to conduct a home plate conference, introducing themselves "...say...My name is John"...maintain eye contact...show the coach you have confidence...shake his hand." At umpire school, the ex-



JOHN CASSIDY WHERE DOES THE UMPIRE STAND?

By Jackie Hemond

pectations are high, but the students get help along the way. Most of these kids are fourteen years old. For many, umpiring will be their first job. Upon graduation, students receive a diploma and enjoy a pizza party. Often John buys awards for the graduating students.

After graduation, John still coaches the umpires. He videotapes them as they umpire, admonishes them if necessary, but never during their game. "Where do you belong? Were you chitchatting with your girlfriend, delaying the game? Was it too dark to play the rest of the game?" However, most of the time he comes to support the young umpires, encouraging them to return to umpire school another year. It takes a while to absorb all of the rules. It is a continuous process.

Today the umpires receive a standard umpire shirt, hat and safety equipment from money supplied by the participating towns. Umpires still have to buy the rest of the uniform: black socks, grey pants and good quality shoes. They are required to fill out a timecard. At first, the young umpires volunteered, now they are paid.

John figures that the umpire school helped some kids who lacked discipline and organizational skills. John remembers when he learned organizational skills. He credits Cheryle, his wife of almost thirty-nine years, for teaching him. It was the first night he and his long-time best friend, Paul Gentile, started a Tiger Cub Den at his home. John thought that a few boxes of crayons and coloring books would keep the cub scouts busy. "It was a nightmare. After ten minutes, the boys clamored 'We're done! What's next?' We had nothing else to do. Thanks to Cheryle, her expertise as a teacher and an experienced lesson planner, bailed us out and kept the boys busy. I learned a valuable lesson that night. Be prepared. Be organized. That's what I try to teach in umpire school."

In the few short weeks of umpire school, John can see the kids' behaviors change, they mature and gain confidence. In fourteen years, only one or two kids have dropped out of the program. Two of his kids went on to professional umpire school. Some are local celebrities. For example, Eric Parker, the newscaster for Channel 3 in Hartford, graduated from John's school.

WHERE DOES AN UMPIRE STAND?¹

- With no runners on base, he should stand directly along the first base line, behind the first baseman, a few steps onto the outfield grass completely in foul territory.
- With a runner at first, he should move to the infield grass, and stand somewhere between the pitcher and second base. Stay on the right side of second base, but try not to get in the second baseman's way.
- With a runner on second or third, he should stay on the infield grass behind the pitcher, but move to the left side of second base so he is closer to the lead runner.

As for John Cassidy, he stands behind his umpires. His kids.

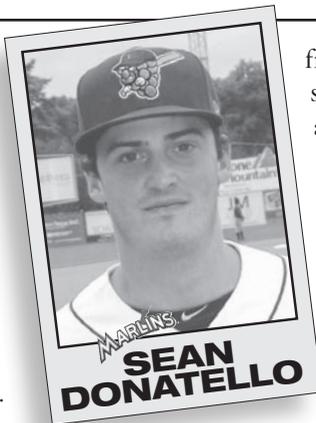
¹<http://www.isport.com/answers/where-do-base-umpires-stand-7251>

Have you ever heard of Sean Donatello? He is a baseball player who grew up in Salem! When I was asked to interview him, I was curious about what he would say. It seemed very cool that someone who is so successful came from the small town that we call home. This is what I learned.

Sean grew up in Salem. He has been playing baseball since the age of five, maybe even earlier. He attended Salem School and East Lyme High School. Basketball and football were hobbies, but his passion was always baseball.

His superb performance on the University of Connecticut Avery Point baseball team sparked the notice of baseball scouts. After Donatello, a right-handed pitcher, helped lead UConn-Avery Point to back-to-back appearances in the Division II Junior College World Series, the Miami Marlins scooped him up in the 2011 baseball draft. Since then he has played for a number of minor league teams in the Marlins organization. He currently plays for the Jamestown Jammers.

Sean likes to spend his off-seasons in Salem. When he is here, he likes to visit



by Edyta Wolk

friends, family, and the Two Brothers Restaurant. Sean also keeps in shape by running, lifting weights with his trainer, or even something as simple as throwing a ball around. When the baseball season starts, however, his routine changes. During the six months of the baseball season, he always does two full-body workouts a week, as does the rest of his team, and stretches before each game.

He loves many things about playing baseball with his team. One of them is meeting many new people. He has great friends on his team. He also loves to travel. Most of all, he loves the fun of the sport. Someday he hopes to make it to the big leagues.

Do you want to be like him? His advice is to give it your all, work hard, be dedicated, and be the best teammate you can be.

I left the interview very impressed. Don't you think it is cool that there are such big dreams, big personalities, and big potential in our small town?

Edyta Wolk is 13 years old and in 8th grade at Sacred Heart School. Her hobbies are singing, acting, playing the bass guitar, crafts, and, of course, writing.

Rachel Robinson, the widow of Jackie Robinson, owns a sixty-acre farm in Salem, where she continues to reside. She was born on July 19, 1922. While enrolled in the nursing program at the University of California, Los Angeles, she met Jackie Robinson. She married him in 1946, after receiving her bachelor's degree from UCLA. Jackie and Rachel had three children. When Jackie Robinson retired from baseball, Rachel pursued her career in nursing, receiving her graduate degree from New York University, then eventually becoming an Associate Professor at Yale University's School of Nursing and later, Director of Nursing at the Connecticut Mental Health Center.

After her husband's death, to honor him, she incorporated the Jackie Robinson Development Corporation, to build housing for low- and moderate-income families. More than 1,300 housing units were built and managed in the ten years she served as its president. She is also the founder and chairperson of the Jackie Robinson

Foundation. It provides four-year college scholarships to disadvantaged students of color to ensure their success in college and to develop their leadership potential. 1,400 students from 43 states and the District of Columbia have benefited from the Jackie Robinson Foundation's services. Fourteen additional students are studying at Harvard Law School and the Geffen School of Medicine at UCLA. Last year the program began accepting international students.

Rachel Robinson has received many awards for her social activism. This May she will receive UCLA's highest award, the UCLA Medal, for her dedication to education, social activism and professionalism. In 2005, she accepted the Congressional Medal of Honor from President George W. Bush on behalf of Jackie Robinson. She is the author of the book "Jackie Robinson: An Intimate Portrait". She is in the midst of a \$25 million fundraising campaign to build the Jackie Robinson Museum in Manhattan. The museum is slated to open next year.

Jackie Robinson was born on January 31, 1919, in Cairo, Georgia. Raised by a single mother in a poor family, he was the youngest of five children. While attending John Muir High School, he was named the Most Valuable Player in the region in 1938 for baseball. After graduation he attended the University of California, Los Angeles. However, shortly before graduation he had to leave the university because of financial difficulties. After moving to Honolulu, Robinson played football for the Honolulu Bears.

When the U.S. declared war on Japan during World War II, Robinson was drafted into the military, where he served as a second lieutenant. One day he was asked to move to the back of a segregated bus during training. After refusing, Robinson was arrested and court-martialed. However, he was later acquitted and given an honorable discharge from the military.



After he returned from the military, Robinson began to play baseball professionally. During this time professional baseball was segregated into white leagues and black leagues, called the Negro Leagues. It is in this league that Robinson began playing with the Kansas City Monarchs. In 1947 Branch Riky, the president of the Brooklyn Dodgers, asked Robinson to join the all-white team. After playing with the Montreal Royals, a farm team (a minor league team that prepares athletes for the major leagues), Robinson played his first game as a Brooklyn Dodger on April 15, 1947. This was the first time since 1889 that a black athlete played in the major leagues. Right from the beginning he was the victim of racial abuse. He was called derogatory



Jackie and Rachel Robinson

By Martin Wolk

names from the bleachers and received death threats. Despite all of the opposition to him playing, Robinson surprised everyone with his talent. He helped the Dodgers win the National League pennant. This would not be the last time he helped them achieve the award. That same year, he was named Rookie of the Year. In 1949, he was named the National League's Most Valuable Player. In 1955, he helped the Dodgers win the World Series. Robinson retired from professional baseball on January 5, 1957, not long after being traded to the New York Giants.

Afterwards he went into the world of business, serving as an executive for *Chock Full O' Nuts* coffee company. He also served on the board of the NAACP until 1967. In 1962, he was the first black baseball player to be inducted into the Baseball Hall of Fame. Jackie Robinson died on October 24, 1972, in Stamford, Connecticut.

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Martin Wolk is a sophomore at East Lyme High School. His interests include history and culture.



Coming to movie theaters this April is a film on Jackie Robinson called "42". View the movie trailer at trailers.apple.com/trailers/wb/42.

NEW PLAYGROUND *continued from page 7*

with citing Apps that can be downloaded on mobile phones and iPads for fuller instructions.

People using Energi, Jr. 3 days a week for five weeks have reported increases in upper body strength, greater abdominal and leg strength, an increase in sprinting speed, more flexibility and decreased resting heart rates.

What attracted PTO members to Energi Jr., aside from its attractiveness, utility and durability was the accompanying education module, which includes an instructional manual for physical education teachers, so that its fitness plan can be incorporated into the school's curriculum.

The equipment was paid for out of PTO savings and a successful golf tournament, sponsored by the PTO at a Waterford country club on October 1. Pro-

ceeds exceeded expectations, so the PTO was able to fund a playscape for younger children. By erecting the equipment themselves, they saved more money.

Imagine the excitement, when on November 15 a tractor-trailer carrying the equipment pulled up on the Salem School athletic field. That evening and over the next two days some 50 parents, teachers, friends, sailors from the US Submarine Base, and Salem's public work crews (some working on their own time) unloaded the truck and built the two sets under the supervision of technicians supplied by the manufacturer. According to Sartori, "Local businesses donated services and gifts of time and money. Townspeople showed up with tools and equipment. The community's generous contribution helped make this project a complete success."

The new equipment is fun, colorful and inviting, and yes, even though Energi Jr. is designed for 9-14 year olds, it is sturdy enough for adults, who can use it during after school hours and in the summertime. However, be warned--it is challenging! Incidentally, the equipment has the stamp of approval by three National Football teams: the Atlanta Falcons, Cleveland Browns and Philadelphia Eagles who have installed this very same equipment in playgrounds in Ohio, Georgia and Pennsylvania. The teams were not involved in the Salem project

Anne Rowthorn's most recent book, The Wisdom of John Muir: 100+ Selections from the Letters, Journals, and Essays of the Great Naturalist, is available at Books-A-Million, online and to borrow at the Salem Library.

The Evans came to Salem when Deborah, the mother, landed a job at Pfizer. She is now the Associate Director of Finance. Ray Evans, the father, played football at Ohio State and then later for the NY Jets. He recognized that two of his children, R.J. and Kastine, had a talent for sports. Believing that they needed to play on more competitive teams than Salem offered, Ray shuttled the two to New York every weekend.

Now, both R.J. and Kastine play high-level Division 1 basketball. R.J. plays as a guard for the UCONN Huskies; Kastine does the same for the University of Kentucky (UK) Wildcats. Before that, Salem Middle School named an award after R.J. and Kastine for their success in sports and academics. The siblings amassed more than 3,700 career points at Norwich Free Academy (NFA), shattering the boys' and girls' school records. R.J. also played football. Kastine played basketball, volleyball and track, making her the best all-round female athlete at NFA. In 2010, she was the Gatorade Connecticut Player of the year. Clearly, the opportunities that the Evans provided for their kids paid off.

While R.J. and Kastine were away at college, the Evans invited another kid to live at their house. Irving Eggleston wanted to drop out of NFA, where Ray works as a Campus Security Officer. Irving loved basketball, but his grades were low. He was underweight and his family could not provide the environment he needed to be successful on and off the court. Irving moved in with the Evans, gained weight, stayed in school and is now playing basketball for Nicholls College. Check. Another kid. Another opportunity.

Ray still travels to New York every other week. This time he brings a team of players. The team consists of young men from all over the region who want to play basketball, but were eliminated from their school's team. Being cut from a sports team can be tough, but Ray believes that failure can lead to success, if one works hard to improve. That is the purpose of Teamwork Basketball Club CONNECTICUT. The club's story is similar to the story of their practice area. Ray found a neglected basketball court in a park near Route 32 in Norwich. No one wanted to

play there. It was overgrown and scary; broken glass littered the court. First, the team picked up the glass and started playing ball. Then someone mowed the grass. Little by little, the area turned back into a park where moms, unafraid, bring their children to play. Little by little, the team learned how to play competitive basketball. Now they bring home

A FAMILY GIVES BACK THE EVANS FAMILY OF SALEM



Top: Kastine Evans
Bottom: (left to right) Deborah, R.J., Kastine and Ray Evans at R.J.'s graduation from the College of the Holy Cross

trophies. Sixty-four players have played on the team; eight players graduated to play college basketball. Check. Check. Check. More opportunities, more kids.

Kastine Evans is an explosive and versatile athlete. Her stats are impressive; she has matured from being a star individual player at NFA to a star team player. She is the sixth player on the team. Although not a starter, she is one who comes off the bench much more often than other reserves, she plays multiple positions, substitutes often, and helps hold the team together. They call her "mother hen" because she is someone her teammates can talk to, serving as a liaison between her teammates and the coaches. She has a 4.0, the highest grade point average on the team. Kastine chose to come to UK for the academics; the basketball, since the state inhales the game; and the coaches. Coach Matthew Mitchell and his staff worry about points in a game, but also want to instill values to guide the players beyond basketball games and college. Kastine responded to Mitchell because his

principles were similar to the ones her parents taught her: honesty, hard work and discipline.

This year Kastine is nominated for the The Women's Basketball Coaches Association (WBCA) Good Works Team. The award highlights those individuals whose volunteerism and civic involvement embody the true spirit of "teamwork" and "giving back" through commendable acts of kindness.

Like her parents, Kastine gives back. She packed and delivered food for the Joplin, Missouri tornado victims in the God's Pantry BackPack program. Last summer she volunteered one day a week to clean rooms at Lexington's Ronald McDonald House, a place where seriously ill children spend time with their families while awaiting treatment. She also traveled to Ethiopia, on a service trip, with other UK athletes and members of the athletic department staff.

When she returned from the trip, Kastine created an after school program, called "Shooting at Success", a 10-week program, which teaches how to build character and success to 50 kids from low-income households in Lexington, kids with few opportunities. By providing healthy snacks, activities and talks by athletes who overcame similar hurdles the children currently face, Kastine teaches the same lessons she learned from her parents and Coach Mitchell: hard work, discipline and honesty. "I just want to reach at least one kid, to change that kid's life."

After graduation, Kastine hopes that "Shooting at Success" will continue. She plans to stay with the athletic business, perhaps managing sports on a corporate level. In the immediate future, she is planning to finish an MBA at UK.

Deborah insisted that R.J. choose academics over sports when he chose his college. Despite other offers, including one from Harvard, he chose Holy Cross for the full scholarship it offered him and its Division 1 basketball team. *Academics and sports.* In 2008, he was named Patriot League Rookie of the Year. Moreover, although he was sidelined for one year from the team because of injuries, he played a key role for Holy Cross basketball with his strong leadership qualities, scoring and rebounds. He was also an

continued on page 11



JANE GRILLEY: A SHINER IN SALEM

By Jackie Hemond

Jane Grilley is tall, basketball player tall. Eight years ago, when she walked into the Mohegan Sun to watch the Connecticut Sun, the professional women's basketball team, an usher sized her up and asked her if she wanted to play basketball. Jane said yes. So, for eight years, Jane played with the Connecticut Sisters, a team whose players are sixty years and older. But I am getting ahead of the story.

Jane Grilley grew up playing sports because her family played sports. Her mother played basketball professionally on a company-sponsored team. Her father played basketball and football in high school and her brother won an athletic collegiate scholarship. Jane played varsity basketball in high school. She did not receive an athletic scholarship as her brother did, because women's basketball got little recognition. Instead, Jane went to Pennsylvania State University for her academic abilities. Varsity sports for women had been played for only five years at Penn State when Jane joined the team. Few colleges had a women's team, so the Penn State Women's Basketball Team only played eight to ten games a year, traveling only within the state. Such was the glory of women's sports!

Upon her college graduation, Jane worked as a gym teacher in two different high schools in Pennsylvania. Then in 1979, Jane and her family moved to Salem where her main job was mother and wife. She and her husband, Tim, raised their son, Chris, and served as temporary emergency foster parents for seventy kids. Some of the kids stayed for years. When she had time, Jane continued her interest in sports.

In the early 1980's, she helped start a girls' softball team in Salem. When the Little League games concluded for the season, she played on a co-ed softball team in Salem with Laura Krodell, and other parents of Little Leaguers and also helped coach basketball and softball teams for the Salem Recreation Department. At Montville, Jane coached the Junior Varsity basketball team for two years. She was also the Director of a YMCA camp on Gardner Lake. For fifteen years, she

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SPORTS MASSAGE

By Kristin Gadbois

What is sports massage? How does it differ from other forms of Massage Therapy? What are some of the benefits of sports massage? Could it be the answer to an injury-free lifestyle?

Sports Massage is the manipulation of soft tissues while having an understanding of the anatomical and physiological considerations on one's body. It is also important to be aware of muscle and joint mechanics in the client or athlete. Knowing where their strengths or weaknesses are in a particular workout will help overcome some injuries and weaknesses. One of the unique features of sports massage is that it can be used before an activity as a preventative effort or after to relieve conditions resulting from the activity.

Sports Massage is applied with different massage techniques. It can also be incorporated with stretches, cold therapy and other modalities. Some sports events offer some kind of sports massage during their events, or you can look for a licensed massage therapist who specializes in this work.

In addition to sports massage there is Therapeutic Massage also called Deep Tissue Massage and Classic Swedish Massage. Deep Tissue Massage uses a much deeper pressure when massaging specific areas of the body. Classic Swedish Massage is mainly used for relaxing the body. These two kinds of massage can be applied with

continued on page 15

A FAMILY GIVES BACK *continued from page 10*

excellent student, graduating Magna Cum Laude, as an economics major in May 2012. Because of his one-year medical leave, R.J. had one more year of eligibility in his college basketball career.

His decision to play on the UCONN Huskies team while pursuing his master's degree in educational psychology created a stir for many reasons. First, Evans could have stayed to play basketball at Holy Cross for another year, but since he had already graduated and the school did not provide graduate studies, he would have had to take more undergraduate courses to stay on the team. Second, even though other college teams courted Evans, he chose UCONN. In most years, it is unusual for a prominent team to take an older player on for only one season. However, UCONN had troubles. An earlier ruling had excluded UCONN from the National Collegiate Athletic Association (NCAA) Tournament because the school had failed to meet the NCAA academic standards. It was because of this ruling that several veteran players left UCONN, and one of the reasons why Evans was invited to join the team. Despite the fact that Evans knew he would not be playing in the tournament, he chose UCONN to play for Jim Calhoun and a full scholarship to a UCONN graduate program. Again, Evans chose basketball *and academics*, but he also wanted to help one of his favorite teams, the UCONN Huskies, rebound again.

The plan was that Evans, as a seasoned player with 96 games of college basketball experience and leadership skills would help bring the UCONN's young team to success. However, shortly after Evans' arrival, Jim Calhoun retired and Kevin Ollie took his place. Still, Evans is not sorry he chose UCONN. Ollie, as an assistant coach, a 13-year NBA veteran and one of

Calhoun's former star guards, was an excellent choice to direct the team. Therefore, even though the change of coach was a surprise to Evans, he accepted the transition graciously and formed a strong relationship with Ollie and another coach, George Blaney, a former head coach at Holy Cross.

The team is a good fit for Evans, although at 22, he is several years older than his teammates. He says he feels like he has been with them for years. He serves as a role model, mentors the young players, and helps with their homework. His nicknames are "The Rock" and "Uncle Ev". He works hard as a defensive guard, often picking up rebounds. Sidelined with a sprained collarbone early in the season, he watched the games intently, and gave pointers. Back in the game in January, he played hard.

After finishing graduate school in May, Evans plans to intern with a Willimantic attorney. However, he would like to pursue his dream of basketball a little farther. Maybe he could play basketball in Europe. Perhaps he will coach. Then maybe law school. Whatever opportunities lie ahead, R.J. is ready. However, he also plans to give back.

R.J. hopes one day to organize a cancer-benefit basketball game in memory of a friend, Taylor Emery, who lost his life to non-Hodgkin's lymphoma. Emery loved to play basketball, as R.J. did. He was on the East Lyme team, but stopped as the disease progressed. He became R.J.'s biggest fan, cheering for him in the bleachers until his death. R.J. wants to give back the support he received from Taylor to provide opportunities for kids like Taylor. Check. More opportunities for kids.

For more info on Teamwork Basketball Club C O N N E C T I C U T, visit nfsports.com

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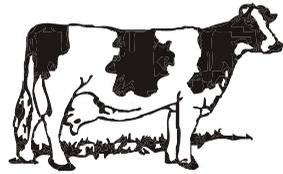
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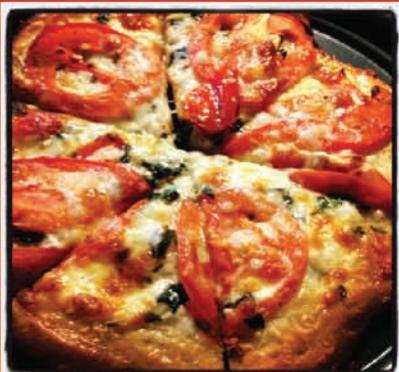
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refereed high school and college field hockey games. When Jane was fifty years old, the Colchester softball team she played for, won a championship. For several years, she attended basketball camp for senior women at the University of Southern Maine.

In her sixties, she joined the Connecticut Sisters. The team was named by the two sisters who founded it, Celeste Chartier and her sister, Michele. Celeste had played for the All American Red Heads, a woman's professional basketball traveling team, which toured the country from 1936 to 1986, and whose members dyed their hair red. Recently Celeste was inducted into the Naismith Basketball Hall of Fame

in Springfield for her contributions to the Red Heads. Jane Grilley became Celeste's new teammate.

Each year, it is the Sisters' goal to compete in the National Senior Games Association Tournament, unofficially called the Senior Olympics, where the winners from each state's Masters Games play against one another. In 2011, the Connecticut Sisters made it. They shut out their Connecticut rivals, making them eligible for the National Senior Games in Houston. This was nothing new. The Sisters had reached this point before. They played in the Nationals in Louisville and San Francisco. However, in 2011, Jane had to make a choice. At the time, she was playing Seniors

Basketball and Seniors Softball. Both the teams she played on, were the top Connecticut teams, they had won the Connecticut Masters Games in basketball and softball. Unfortunately, both teams were scheduled to play in the Nationals (a.k.a. Senior Olympics) at the same time.

Jane chose basketball. She played hard for the team, even earning a shiner during the game. She and her teammates won the Bronze Medal for the team while her baseball team won the Silver Medal.

Now, Jane is retired from basketball and baseball after her knee replacement surgery forced the decision. Her shiner is gone, but she kept the bronze medal.

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PHYSIOCARE



PhysioCare Physical Therapy and Sports Medicine opened its doors at Salem Four Corners in October 2011,

and in a short time, owner John Bradford, MSPT, has established a growing community-based physical therapy office and wellness center.

Bradford graduated from the University of Connecticut in 2001 with a Masters in Physical Therapy and then completed advanced course work in orthopedics at Quinnipiac University. After working at larger physical therapy offices, Bradford had the desire to open his own PT and wellness office. He wanted to move away from the productivity standards that larger PT offices demanded and offer patients a schedule that was appropriate for their personal needs and not driven by productivity.

In creating his business, Bradford wanted a low-volume client base. "I wanted to give patients more personal service and treat people individually. All too often patients in other physical therapy offices may not work with physical therapists but have a PT technicians or assistants who are working with multiple patients at a time." Bradford believed that if he opened a community-based PT office, he could offer treatment programs on a one-to-one basis.

This goal brought him to Salem. "The community is very receptive and supportive of small businesses. Just by word of mouth, I have seen a steady increase in clients over the last year, growing by over 50 percent. Only about 10 percent of my patients are from the internet or physician referral," Bradford said.

Another feature of having a business in Salem is its central locale. Clients come to PhysioCare from not only Salem but also Bozrah, Colchester, East Haddam, Lyme, Montville, Oakdale, Norwich and Waterford.

Bradford's patients see him for a variety of reasons. He can treat a range of injuries and conditions including back and neck pain, sports injuries, arthritis, joint pain, orthopedic injuries, post-surgery rehabilitation, balance disorders, chronic pain and gait abnormalities. His services range from orthopedic and manual therapy to sports medicine to custom foot orthotics.

The business of physical therapy has changed significantly in recent years. In 2006, the state legislature passed the direct access bill for physical therapy in Connecticut. This law permits pa-

tients to seek PT without the need of a prescription first. The law is not intended to deter a person from seeking medical attention for orthopedic care, but allow patients to receive immediate effective care. PhysioCare can then contact the patient's physician and detail the plan of care.

This change in legislation also helped bring a welcome change in whole body wellness. Since physical therapy is not strictly physician driven, PT offices can now offer wellness classes, injury prevention clinics, weight loss plans and other programs beyond traditional physical therapy.

"Physical therapists have a deep understanding of human movement and biomechanics. We understand the essential role that physical fitness plays in human health. That is why I offer Physio-FIT programs. People in the community can get fit and stay well, whether returning to full function after therapy or just looking to exercise safely and see results," Bradford said.

PhysioCare offers a variety of classes including circuit training, Kripalu yoga, zumba, interval training, strength/toning for older adults, step class and women's boot camp. Both morning and evening times are available throughout the week. In addition, two licensed massage therapists are on site.

Bradford also offers performance training using the VertiMax program and other current conditioning equipment. He is working with area youth and high school athletes to help them improve their performance, increase strength, agility and overall fitness while minimizing injury while participating in their sport.

PhysioCare is quickly becoming a center of wellness the community appreciates. Salem resident and PhysioCare client Maureen Tardif commented, "I have worked with John who is an excellent physical therapist at two other locations in the past. I am so glad he is now in Salem at a wonderful location close by." Her husband Joe added, "John provides a nice, comfortable environment with convenient access for those in Salem and surrounding communities."

Beth Watson Highman lives in Salem with her husband, Tim, and two boys Sam and Nate. She is a certified pastry chef working at an Old Saybrook bed and breakfast. A former client at PhysioCare, Beth currently attends its fitness classes and enjoys outside activities around town.

TREATING OUR TOWN WITH PERSONAL CARE

by Beth Watson Highman

Invasive animal, plants, and insect eradication and control are estimated to cost the U.S. approximately \$130 billion dollars a year.



(Left) *Cymbella janischii* a rock snot species; (Right) *Didymosphenia geminata* another rock snot species

FOR ALL YOU ANGLERS OUT THERE: PREVENTING INVASIVE SPECIES IN OUR RIVERS AND STREAMS

By Diba-Khan-Bureau

For all you anglers out there and those who kayak in our rivers and streams...have you heard about the diatom, *Didymosphenia geminata*, which is a purported invasive nuisance. Diatom? What is a diatom and what exactly do I mean by invasive...you may ask. Diatoms are photosynthetic microscopic algae. Some species form copious stalks. Invasive means that the organism isn't originally from this area or state or country. *Didymo* has expanded its geographical range and is thought to have been accidentally brought here by boat, boots and animals. Remember to clean your boat/boots after each time fishing.

There are several diatoms that are actually the nuisance. The one diatom species that has caused the most concern at this time is named *Didymosphenia geminata* aka "rock snot" or for short, *didymo*. If you see anything like this please contact me at diba.khan-bureau@uconn.edu or TR-Didymo@trcc.comnet.edu. Also if possible send us the GPS location latitude and longitude, a picture and a sample of what you found with just a little water in a plastic bag. We will be able to verify if it is *didymo* or another rock snot species.

Diba Khan-Bureau is a professor and program coordinator of the Civil and Environmental Engineering Technologies programs at Three Rivers Community College and a Ph.D. candidate at the University of Connecticut. A resident of Salem for over 20 years, she has been a member of the Salem Inland Wetland Commission for the past 12 years.

Left: Diba Khan-Bureau; Right: Mike Beauchene, CT DEEP

SPORTS MASSAGE continued from page 11

BENEFITS OF SPORTS MASSAGE

- Muscle and ligament recovery and injury healing
- Increases range of motion and flexibility used before and/or after activity
- Reduces muscle soreness and fatigue
- Helps mobilize toxins from tissues
- Pain reduction

sports massage. It depends on what the clients' needs and goals are for that particular massage session.

Sports Massage can be the solution to an injury-free lifestyle! Sports Massage is a powerful tool for healing and health maintenance. It is always best to check with your doctor before seeing a massage therapist for a recent injury or condition. While massage may feel like a luxury, this important practice may truly improve you towards a healthy and balanced life.

Kristin Gadbois has over twenty-four years of experience providing massage therapy for women. She offers Swedish Massage, Deep Tissue Massage, Neuro-muscular Therapy, Trigger Point Therapy, Cold Stone Therapy and Sports Massage.



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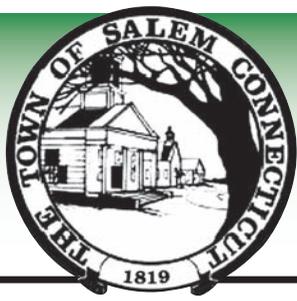
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Local Voices are the . . .

TALK OF THE TOWN

Residents share their stories in columns related to various aspects of Salem life

THE MAGNIFICENT MUSICIANS SEVEN



2013 Eastern Region Music Festival participants: Front Row (left to right) Ian Aldrich (Choir), and Emily Rogers (Choir); Back Row (left to right) Tara Gagliano (Band), Lily Rodgers (Choir), Piper Baine (Orchestra), Courtney Cummings (Choir), Megan Aldrich (Choir)

Congratulations to the Salem School musicians chosen to be participants in the 2013 Annual Connecticut Eastern Regional Music Festival. Only the most talented middle school musicians perform in the event, which consists of two days, culminating in a concert on the second day. The concert takes place at the Rockville High School in Vernon at 2:00 p.m. on Saturday, March 9.

Each year, students volunteer to audition in November, with music provided before summer vacation begins. Margaret Hyman, the middle school music teacher at Salem School, says, "I am incredibly proud of this year's participants. This music is no joke... it could easily be upper high school music, even college level, particularly the instrumental music."

If students pass the audition, they are notified by December 1. The participants start preparing when the four pieces of music for the concert arrives in December. This year, the music did not arrive until the very end of January, leaving the students with barely a month to prepare.

The Eastern Region Music Festival is organized by the Connecticut Music Educators Association and run by local music teacher volunteers. Rehearsal, the first day, starts after students are driven to Vernon, after the dismissal of school. Students stay until 8:30 p.m., rehearsing for about four and one-half hours with a break for dinner. The second day, students begin rehearsing at 9:00 a.m., and then perform for a packed audience at 2 p.m. With only a few short hours of rehearsal, the students must be truly gifted musicians. It will be an amazing concert!

One of the pleasures of writing about nature is that neighbors want to share their stories with someone who cares. I get to hear about a lot of wildlife activity all around us that most people never know is going on. In addition, I get to see the excitement that these discoveries bring to those who have opened their senses to the natural world.

Bird "encounters" in winter are more common when there is snow and more birds come to feeders, as was the case this year. We have many winter visitors that we do not see in the summer. White-throated sparrows, juncos and tree sparrows are common ground-feeders. Their identification is not easy at first, but through binoculars their differences, and their subtle beauty, becomes magnified. With close observation, you can quickly differentiate their shape, color patterns and habits.

This winter has had more than the usual number of northern seedeaters like redpolls, grosbeaks, siskins, finches (all have been seen

in Salem this year), and crossbills (go to ebird.org to locate reported sightings). These birds "invade" Connecticut in years when there is a poor seed crop for winter birds in Canada.

FROM THE LAND:



WINTER BIRDS BRING AN EARLY SPRING, IF WE SAVE THEM

By David Bingham

Of course, many of our summer birds head for South America like most warblers and some of our hawks. However, we do have many "resident" species that are here in both summer and winter, like the woodpeckers, chickadees and titmice that are common at our feeders. Statewide over 100 kinds of birds have been reported so far this year. Those living on the shoreline see seabirds and waders unlikely to be seen in Salem.

My personal list in January 2013 for Salem was 46 species, most of them in my back yard where I have feeders and maintain varied habitats, including a cedar grove, a meadow, some wooded swampland and upland, and an orchard. During winter, there are many birds that will not come to the feeders, but

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Almost spring...The busiest time of the year for a wildlife rehabilitator. Wildlife rehabilitators provide a public service by offering skilled care for distressed wildlife.

Every year the Department of Energy and Environmental Protection (DEEP) receives thousands of calls from the public regarding sick, injured or orphaned birds and mammals. When a distress call comes in to DEEP, an e-mail is broadcast to all licensed rehabili-

WILDLIFE REHABILITATION IN CONNECTICUT



tors in the state. When **By Diane Gilbert** a rehabilitator responds to the call, they communicate back to DEEP on the status and disposition of the animal. Rehabilitators must file statistical reports at the end of each season stating how many and what type of wildlife they rehabilitated and the outcome of each case.

Rehabilitators must be at least 18 years of age, complete training hours with another licensed rehabilitator; submit a statement of support and partnership, for rehabilitation purposes, from a veterinarian; attend the state's training program; and pass the Wildlife Rehabilitation Exam. To rehabilitate rabies vector species, additional training is required to meet disease prevention protocols set by the state's Rabies Advisory Committee. There are four types of rehabilitation appointments:

- Standard appointment allows for the rehabilitation of non-migratory birds and mammals other than deer. This excludes raccoons, skunks and foxes.
- RVS appointment: Allows specially trained rehabilitators to handle immature rabies vector species such as raccoons, skunks and foxes in addition to non-migratory birds and mammals.
- White tailed deer appointment: Rehabilitators must meet fawn rehabilitation guidelines established by the Wildlife Division's Deer Program Biologist.
- Migratory Bird Authorization: These rehabilitators must possess a U.S. Fish & Wildlife Service Special Permit to handle migratory birds.

The program is voluntary. The state provides support in supervising the training and coordination of the program, but there is no monetary compensation to the rehabilitator. All supplies, travel expenses, feeding, formulas and caging are at the rehabilitator's own expense.

Below are a few simple guidelines to use if you come across an injured wild animal and/or are awaiting a response from a rehabilitator:

If you need to move an injured animal, try using a rake or shovel to move it into a box or crate. Put a cloth or blanket in the box and cover with a screen or whatever you have available. If it is a young mammal, then put a heat source in the box as well. If you must handle the animal, always wear gloves. Wild animals stress in captivity. A warm, dark and quiet place is ideal whenever possible.

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are attracted to other birds in the yard. They include yellow-rumped warblers, golden-crowned kinglets, our smallest songbird, and hawks, four kinds so far this winter, looking for a feathery meal or perhaps a squirrel. Provide food, water and shelter, and they will come!

Often, I am asked why they are seeing robins or bluebirds in their yard at this time of year. These birds are harbingers of spring, aren't they? Haven't they migrated? Will they die in the cold weather? While these thrushes do tend to roam further south in winter, they do not need to go far to find berries and some insects to eat through the winter. Earthworms are unlikely to be found in winter, but there are good food sources here in Connecticut for these birds, including cedar berries and bittersweet.

Therefore, we can often find large flocks of robins (as many as a thousand!) and bluebirds, flocks of 5 to 20 or so, in Salem, in mid-winter. "So why haven't I seen them before?" is the next question. The answer is that, come spring, they will spread out over the landscape, and can be seen in almost any field, roadside or lawn. However, in winter, they join for mutual assistance in finding food and protection, with the year's young learning about good roosts and hunting grounds from the older birds. Most places will have no visible birds, while a few spots are teeming with them. The flocks roam around the area, including neighboring towns. Often, they are calling to each other, so our first clue to their presence is the chuckling "tut-tut-tut" or "whinny" of a robin or the "churlee" call note of a bluebird. Any given day, you may find many, or none.

Birds are often hard to identify when backlit against the sky as they fly over. It is helpful to learn the calls, easily done by googling birds by name on the internet, and linking to their songs and call notes. If you do not recognize their calls, you might not have any idea how common they are.

Much of their food supply is in swampy areas, especially winterberry and rose hips. Thus, the birds are going to places where people are unlikely to be exploring, especially in winter. Bluebirds will often use a bluebird box in winter, or a woodpecker hole, where a bunch of them will spend the night together to keep warm.

Soon the birds will begin dispersing to find their own home territories. Seeing a pair together, away from the flock, is a sure sign of the coming spring and nesting season. By March, bluebirds will be checking out every box or abandoned woodpecker hole for a potential nesting site.

Meanwhile, huge flocks of blackbirds are arriving from the South, while migrant ducks and geese are feeding in our thawed-out ponds and lakes. Clouds of swallows soon follow. By April, the whole panoply of avian homesteaders is heading north, many not arriving until May. On radar at night, the enormous numbers of birds look like huge storms heading across the ocean toward the Connecticut shoreline.

Connecticut is a major "stopping place" on the Atlantic flyway, check out Audubon.org online to see flyway maps, not only for our interior forest birds, but also for grassland, shrubland and shoreline birds heading north. Many not only stop for rest and food, but also nest here as well, making this state a major site for bird watching, study and protection.

Bird numbers have declined drastically in many areas, due to human activities that have altered and poisoned habitats. However, in this oasis, at this critical juncture, when and where birds are particularly vulnerable, we have an opportunity, and a responsibility, to play a significant role in reversing this trend.

The State and the federal government can do only so much. Citizens and communities caring for their back yards, avoiding pesticides and herbicides, providing varied habitat, including large forest blocks and clean waterways, and landscaping only with native plantings, are essential for keeping this flyway healthy. For information on this, check out Audubon at Home, on the Audubon.org website. Together, people are making a big difference. Is it enough?

Each of us can make a difference in keeping this critical region safe for birds. Or not...

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RAY SNARSKI

received a cake before his birthday. December 27, 2012, was Ray's 82nd birthday, but he was also feted on December 23 at the Gardner Lake Firehouse. There were no candles, after all the occasion was at the firehouse and that would have been too much of a fire. In addition, it was not Ray's birthday. The Gardner Lake Firehouse invited family and friends to honor Ray Snarski for the donation of his land, bordering the firehouse.

The Snarskis have a tradition of donating land to the firehouse. Back in 1956, Ray Snarski's

parents, Mr. and Mrs. Karitan Snarski, donated land on which the Gardner Lake Firehouse now stands. At that time, Salem had one firehouse located on the west side of town. Residents of eastern Salem were concerned that it took too long for a fire truck to reach their part of town in case there was an emergency. In February 1956, the concerned citizens formed a committee, elected a Chief and other officers, but then needed land and equipment. The Town of Salem provided \$2,000 for a fire truck. The Snarskis donated the land. With volunteer help, the building of the firehouse began in March 1956; it was completed eleven months later. Dances held every week in the firehouse, paid off the \$10,000 mortgage in four years and two months.

For the rest of the story of the Gardner Lake Firehouse, go to <http://www.gardnerlakevolfireco.org/History.html>

My father-in-law drives a Ford F350 diesel pick-up truck. Always has. The current one, a decade old, is gray with old towels laid over the seats to keep them new. The engine rumbles, but not as loud as some of his previous trucks--the green one, the blue one, or the brown. That's thirty years of pick-ups, thirty years of selfless work in the sun and the brutal Minnesota cold, so his kids could eat and go to college and build lives of prosperity. I suspect these lives far surpass what he might have imagined during his childhood on the prairie where, often, all his family had to eat was milk, butter, and flour, warmed together in a rib-coating porridge. Sometimes, in late January, inside his kitchen in suburban Minneapolis, with the winter sun warming his back through the sliding glass door, he'll sit down to a plate of this "milk mush," made by his own cracked and calloused hands, and ponder the wonders of his life and marvel at his good fortune, which, of course, we know is not just good fortune, but also the reward of an honest, hard-worked life.

No two diesel engines sound the same. Their knocks and rattles, their echoes off the neighborhood ranch houses, are their own sort of internal combustion catechism, a fuel-burning call-and-response that says I am coming home. Seventeen years ago, when my wife and I were dating, we would often be sitting on the couch in her parents' living room when we'd hear the rumble of his blue truck turning onto Maple Street. In that quarter mile, as the diesel grew louder as it neared, I would have plenty of time to do a little pondering of my own, namely on the brevity of my existence should honor fail me in regard to his daughter. If there is a diesel in the driveway, there is almost always a shotgun in the basement.

As it turns out, there were two shotguns and a rifle. The first time my father-in-law asked me to hunt with him, I declined, a decision I regret now, along with all the other times he asked and I likewise made excuses. "I went with him, once," my wife told me. "He just likes to walk in the woods." It's not that he's never killed, he has, but life is hard and killing is a burden. It is better to walk in the woods with your friends and sons and grandchildren, let them enjoy the sport, while thinking about the few great shots in your own time, and how lucky you are just to have lived long enough to appreciate the memory.

My father-in-law raised hell in his day, probably more than he's told us and more than he'd like us to know. I wonder sometimes whether this is where his silence and humility comes from, a small reservoir of regret that gives him patience with others and frees him from hypocrisy. I have never seen him angry and I have never heard him yell. When I ponder this, I realize I was never afraid of my father-in-law in the diesel pick-up with two shotguns in the basement, but rather, I have, from the beginning, regarded him with awe.

AN ESSAY

By Joe Newman



Arlen Olson, back in the day

It sometimes seems impossible to me that such a man should even exist, a man who does not yell, who keeps his peace, who, it seems, wants little more than a crisp twenty in his wallet and a full tank of gas.

I never thought we'd own a truck, but we have one now. The Farm demands it. Ours, a GMC, is likewise gray and diesel. I make excuses to drive it, like running to the post office or the bank. We joke that the truck plays only country music, which, of course, is filled with stories about fathers and sons and men trying to be better than they are. So when I'm driving to the bank, I think about my father-in-law, and when I'm driving back from the post office, I think about my father-in-law.

I think about his long and rich life, I think about the stories he's told us of growing up in Goodridge, Minnesota, of sleeping in winter on the swayed back of the family's old nag to stay warm, of not having electricity or television, of walking to school, of working so deep in the taconite mines of the Iron

Range he thought he'd never see the surface again, let alone make it to his second job driving a delivery truck, let alone his third job stacking pins at the bowling alley, of going union and getting a job running a loader down in the Cities, of waiting to get laid off in winter, of getting the call to plow snow for 72 hours straight in negative ten degree weather and leaping out of bed because the money was buried under the drifts, of driving the family Datsun into the ground because what else could they do, of forcing himself to quit smoking for the love of his children and saving the money to buy the family an ATV, of never carrying debt, of saying goodbye to his only daughter when she left to study abroad for a year, of saying hello to the five-foot-nothing cocky East Coaster in khaki pants who followed her home, of welcoming him into the family, of saying goodbye to his daughter again when she married and moved east with her short husband, of giving up their vacations to visit them, of laughing off the pain when this son-in-law carelessly smashed his thumb with a sledgehammer, of driving four hours north alone in March to fix the family cabin when no one else could or would, of surviving a small cancer scare that none of us talked about because we were too afraid of losing our lion in winter, and of littler things, like welding back together the small latch of a horse stall because I needed his help and didn't know where else to turn.

When I return to the Farm, I turn off the radio and climb down from the truck. I've been meaning to cover the seats, and I wonder whether we have some old towels at home. I shove my hands in my jacket and think to myself, he wouldn't have waited this long. A man takes care of his truck, takes care of the things he wishes to last. The wind cuts across the hill. It's late and I'll be here long after dark. There's work to do and much still to learn.

Joe Newman is the managing director of Treasure Hill Farm in Salem.

A Note from the Sandbox

USING CHILDREN'S BOOKS TO SUPPORT YOUR CHILD'S EMOTIONS

By Sarah Bernhardtson

Have you ever been in a scenario with your child when you knew something was bothering him or her but you couldn't quite put it into age-appropriate words? I have been there many times. Recently, at bedtime, my older son, previously a good sleeper, who fell asleep on his own easily, has been begging me to sit in his room for "just a little while longer... PLEASE!!". Of course, within reason, I am happy to oblige, but it is something I would really like to help him work through, to preserve both his rest and my sanity. I decided to look to the bookshelf — the kids' shelf this time, not my parenting bookshelf — and seek answers there.

Sometimes children's books can do more than simply tell a good story. Some really exceptional books can actually help kids process big feelings that they may otherwise have a hard time putting into a context they can grasp. Below are a few of what I like to call "problem-solver books" for young children that tackle many common childhood issues.

FEAR OF SLEEPING ALONE:

Llama Llama Red Pajama by Anna Dewdney

A little llama screams for his mamma at bedtime while she attempts to do a few chores around the house. I especially like this because the mamma llama gets a little frustrated for a moment— something my son has seen in this very scenario from time to time. Very catchy, with awesome rhymes.

BEING DIFFERENT FROM PEERS:

Chrysanthemum by Kevin Henkes

Chrysanthemum is a sweet little mouse with a VERY long name. The other mice in kindergarten make fun of her and bring her to tears when they mock her for having such a long moniker. Ultimately, she sees the beauty in her special namesake.

REFUSING TO TRY NEW FOODS:

Bread and Jam for Frances by Russell Hoban

This classic story tells the tale of a little badger named Frances, who, despite her parents' best efforts, will only eat bread and jam. Frances soon learns that eating the same food over and over is boring, and in fact, trying new foods is quite nice! This is a great read aloud for parents struggling with those pesky toddler and preschooler "food jags".

LOW SELF-ESTEEM IN SCHOOL:

No Good In Art by Miriam Cohen

One of my all-time favorite children's books for its story line and its great illustrations, this book tells the tale of a little boy who was discouraged by his teacher the previous year and has a hard time feeling like he can paint anything during art class. This book is the reason I went into the field of education, and does a great job of discussing the anxiety some children feel about their work being on display.

Sarah Bernhardtson is a Salem resident and mother of two young boys. She writes a weekly column entitled "Wisdom Wednesdays" about parenting and education for the website www.CTWorkingMoms.com.

GETTING A NEW SIBLING:

Babies Don't Eat Pizza by Dianne Danzig

This is a wonderful book for kids who are approximately ages four and older and about to become a big brother or sister. It answers many of the questions kids this age have about babies and pregnancy in a very age-appropriate way. The author is a registered nurse who has led sibling prep classes at hospitals and really "gets" what preschool and early elementary aged kids want to know about and what they need reassurance on when it comes to their new role as an older sibling. In my opinion, this book is too difficult for kids under 3 and a half or 4 years old to really grasp, but for the older ones, it's spot-on.

DIFFERENCES IN FAMILIES:

The Family Book by Todd Parr

When kids start asking questions about family structures, i.e., "Can a family have just a mom? Can a family have just grandparents and kids? Can a family have two dads?" it's time to break out *The Family Book*. In simple terms and with simple illustrations for even the youngest audience, this book shows that there's no one-size-fits-all family!

And Tango Makes Three by Justin Richardson

This story is not only a great example of a family taking on a non-traditional format, but it's a true story about chinstrap penguins in the New York Central Park Zoo! Two male penguins, who were always together, tried to hatch an egg-shaped rock. The zookeepers noticed this and gave them an actual egg to hatch, and they raised the little penguin chick as their own offspring...an adorable story that also drives home the message that love is what really makes a family.

To gardeners, herbalists, cooks and landscapers alike, the Shiso herb is an interesting addition to any garden. Also known as Perilla, this member of the Mint family comes in many colors, shapes and sizes, from bright green to mottled purple shades. For ornamental purposes, it is lovely for brightening up your backyard and is a great addition to a kitchen garden.

Shiso originated from China and spread to Japan where it became popular for use in the kitchen and as an herbal treatment for colds, food poisoning and rheumatoid arthritis. The herb is reputed to have

anti-inflammatory properties. For raw eating, it is better to use the green variety because of its milder flavor. This type can be used in sashimi, pasta dishes, stir-fries, and as a pizza topping. However, the one that I have — and my personal favorite — is the purple variety, and I have been noticing it growing in Connecticut more commonly. The plant's leaves are deep bluish purple, often with an iridescent shimmer. It can also be eaten raw, but has an extreme minty, spicy flavor that might be too strong for some.

However, there are many other culinary uses for purple *Shiso*. To make it into a refreshing tea, pour some boiling water over a handful of fresh or dried leaves and let it steep to make a dark red liquid. Add honey and pour over ice during hot

AN AWESOME ASIAN HERB:



Photo: FarOutFlora, flickr.com

SHISO!

You do not need to eat *Shiso* to be able to enjoy it. There are many vibrant varieties, ranging from plain green and purple to leaves exploding with three or four colors. Since this plant seems to grow almost anywhere, from full sun to partial shade, landscape gardeners can get creative with the intense colors. It is an annual, but many varieties reseed with ease. A word of caution: many varieties are known to be invasive, often sending seeds and sprouting up in the lawn.

Written by Zoe Yeoh, Salem Community Garden Blog Manager

This article was adapted from the Salem Community Garden blog, sailemgarden.wordpress.com. Please visit the blog to learn more about the garden and for more great gardening articles, as well as recipes, community garden news and ideas! Here is some information about us for anyone who is interested:

TO RENT A SALEM COMMUNITY GARDEN PLOT:

It costs \$20.00 to rent a plot for an entire season. Each plot is 10 ft. x 10 ft, and cash or checks are accepted. Money will go towards supporting and maintaining the garden.

WRITING FOR THE BLOG:

We are always looking for people who can help contribute to our blog! What we need most are stories about your personal gardening experiences (whether they be in the community garden or at your home) or planting tips, recipes for fresh vegetables, and articles about sustainable agriculture.

CONTACTING US:

Please contact us through the Community Garden Blog, sailemgarden.wordpress.com or, if you are interested in renting a plot, please call Thean at 860-823-0170 or e-mail him at yeoh@yahoo.com.

In 1787, Connecticut sent three representatives to the Constitutional Convention in Philadelphia: William Samuel Johnson, Oliver Ellsworth and Roger Sherman. Of all the 55 delegates gathered, Roger Sherman's contributions were truly significant and yet many of us are unfamiliar with his name, his character and his powerful role in the early years of Connecticut and our nation.

It had been eleven years since the Declaration of Independence was signed and four since the Revolutionary War had officially ended. As the hot summer wore on, tensions among the delegates and frustration with the closed, secretive work nearly derailed all efforts.

The Articles of Confederation had proven too frail to bind the states. A sturdier document was necessary which would empower the Federal Government to protect the people, but not usurp liberties of the law-abiding. America needed to "become a more perfect union". The most debated and contentious issue was how each state would get a fair voice in the new congress. Delegates were sharply divided between two plans.

The Virginia plan was favored by the larger states providing representation according to each state's population. Small states would lose the influence enjoyed under the Articles of Confederation. The New Jersey plan, preferred by the smaller states, called for equal representation regardless of population or geographic size.

Roger Sherman, supported by the Connecticut delegation, proposed a brilliant compromise. In his plan, there would be two houses of Congress. In one, the representation would reflect the Virginia plan and the other would reflect representation according to the New Jersey plan. Sherman's proposal of a bicameral legislature was adopted and allowed the Convention to move forward. The Connecticut Compromise, as it came to be called, settled this most divisive matter and changed the tenor of the Convention, dramatically.

Lewis Henry Boutwell, 1800's era historian said, "Roger Sherman will ever be conspicuous as the statesman to whose wise council and conciliatory spirit it was largely due that the Federal Convention was not held in vain."

Roger Sherman seconded Franklin's motion for daily prayer at the Constitutional Convention; and when the first Amendment was adopted, Sherman argued successfully in favor of a National Day of Prayer. He also urged President Washington to establish Thanksgiving Day as a national holiday.

Roger Sherman was not a strict separationist in church-state relations. Historian and biographer R.S. Boardman says, "...his faith in the new American republic was largely because he felt it was founded on Christianity as he understood it."

Roger Sherman has a distinct place among America's founding fathers. He is the only one who signed the four major documents, which formed the foundation for American Government: The Articles of Association in 1774, the 1776 Declaration of Independence, the 1777 Articles of Confederation, and the US Constitution. With Thomas Jefferson, Benjamin Franklin, John Adams, and Robert Livingston, Roger Sherman served on the congressional committee that drafted the Declaration of Independence. Sherman also served on the committee that drafted the Articles of Confederation.

Born in Massachusetts in April 1721, Roger Sherman was the third of seven children. Roger learned to read using the Bible, some of Cotton Mather's works, the Westminster Catechism and probably the "New England Primer," a Christian oriented textbook.

Like his father, young Roger Sherman farmed and learned to cobble shoes, a humble start. He was inspired by a local minister to read widely in Theology, History, Law, and Politics. Soon after his father's death in 1743, Roger gathered his tools and traveled to New Milford, CT, where his older brother William was already established. Some accounts say that the twenty-two year old

walked the 150-mile distance. In his newly adopted state, Roger Sherman rose from poverty to become an almanac maker, surveyor, self-taught lawyer, justice of the peace, judge, shopkeeper, member of the Connecticut General Assembly, first mayor of New Haven, member of the Governor's Council, and later in the new nation, he became a Congressman and a US Senator.

John Adams described Sherman as "an old Puritan, as honest as an angel and as firm in the cause of American Independence as Mount Atlas." Adams added, "Destitute of all Literary and Scientific education, but such as he acquired by his own exertions, he was one of the most sensible men in the world. The cleanest head and the steadiest heart."

Patrick Henry and George Mason called him the greatest statesman they ever knew, and said of Congress, "the first men in that body were Washington, Richard Henry Lee, and Roger Sherman."

Historian Forrest Morgan wrote that Sherman "was noted and esteemed for his calmness of nature and evenness of disposition. His rationality was his distinguishing trait: common-sense in him rose almost to genius." His plain clothes and close-cropped hair amid a society of polished wigs and elegant dress made him stand out in Congress and the Convention.

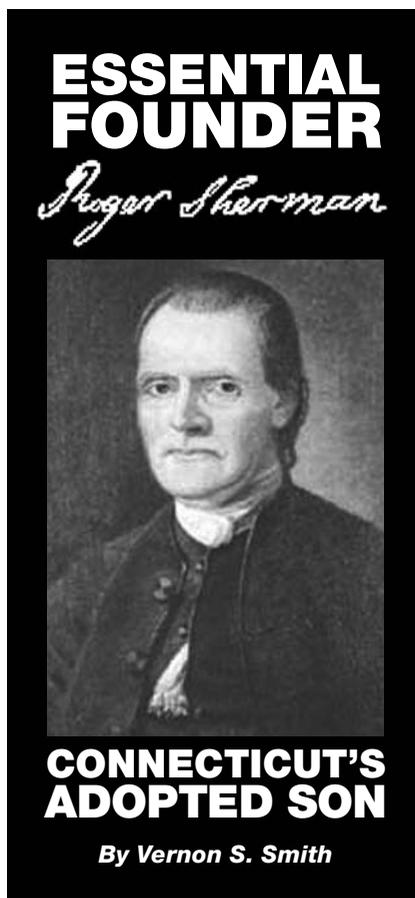
The First Great Awakening swept through the colonies during the 1730s and 1740s as Roger Sherman was a young man. The revival caused colonists to place greater emphasis on their individual spirituality and rethink church doctrine. Two of Sherman's brothers became ministers and worship remained an important theme throughout his life.

Roger and his first wife Elizabeth had seven children before she died in 1760. Rebecca Prescott became his second wife and together they had eight more children. Sherman would buy a new Bible at the opening of each session in Congress, use it daily in his private devotions throughout the session, and when the session adjourned, he would present it to one of his children upon his return to New Haven.

Sherman's health began to decline after he served several terms in the new Congress. He died on July 23, 1793. Rev. Jonathan Edwards, Jr., Sherman's friend and beloved pastor, preached his eulogy. Edwards spoke of Sherman's theological knowledge and dedication to Christianity, and added, "His proper line was politics. For usefulness and excellence in this line, he was qualified not only by his acute discernment and sound judgment, but especially by his knowledge of human nature. He had a happy talent of judging what was feasible and what was not feasible, or what men would bear, and what they would not bear in government."

Ezra Stiles, theologian and President of Yale College until his death in 1795, summarized Roger Sherman's life well. He had "that Dignity which arises from doing every Thing perfectly right. He was an extraordinary Man – a venerable uncorrupted Patriot."

Roger Sherman, adopted son of Connecticut, loyal churchman, patriot political leader, public servant, and instrumental member of the Founders and Framers who labored for the liberty of Man.



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ADDRESSING THE STATE'S UTILITY GENERATION TAX

By Sen. Andrea L. Stillman, 20th District

At a recent press conference I called in Hartford, I was joined by state Representative Betsy Ritter (D-Waterford) and other legislators, business advocates, and labor leaders to address prospects for the state's utility generation tax, scheduled to 'sunset' at the end of the current fiscal year. We gathered to insist upon that sunset, despite the state's difficult budget circumstance.

Rest assured, this year's budget process remains in its early stages, but those of us at the press conference that day wanted to send a clear message that any reversal of that planned expiration would be bad for consumers as well as the local, regional, and statewide economy.

Connecticut's production tax on electricity generated by coal, oil, nuclear, and gas-powered facilities was enacted in 2011 and is thought to be the only state in the nation to impose a tax of this nature. In 2011 there were repeated assurances this tax would be temporary.

Heeding a call for "shared sacrifice" many utility companies did not — and have not — passed its cost along to customers, absorbing costs mounting into the tens of millions of dollars. Should policymakers decide to extend this tax, its continued cost will

be borne by electricity ratepayers and that will in turn negatively affect both retail and commercial electricity consumers.

This issue is important for business and residential customers around the state but particularly for us in southeastern Connecticut, near Dominion's nuclear power station in Waterford. In our region, the generation tax has a multiplier effect because Dominion Nuclear Connecticut pays the lion's share of the \$70 million the state collects from the tax. Power generators — and Dominion especially — might well impose higher rates to recoup those taxes paid.

Furthermore, if this tax persists it could effectively reduce every power generating company's property tax assessment, diminish the grand list in each host community, and ultimately amount to higher residential property taxes in those towns. In my view, this would be double jeopardy for those homeowners: they would pay higher electric rates and higher local property taxes.

The prospect of higher electricity rates could also have a chilling effect on a broad range of economic activity along southeastern Connecticut's shoreline at a time when we can least afford it. What's more, a

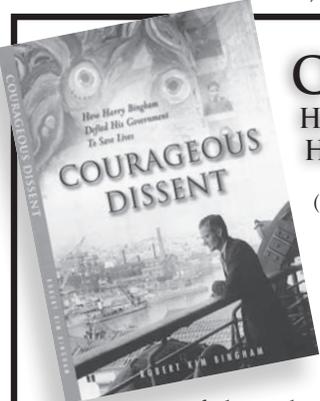
change in the sunset provision of this tax could erode trust in our state government — something else we just cannot afford.

One of those who joined us for the press conference was Tony Sheridan, president of the Eastern Connecticut Chamber of Commerce. He described how a predictable business climate is essential to a successful business enterprise and that, with regard to this generation tax, predictability means allowing it to sunset as promised.

Another speaker that day was Keith Brothers, of the New London/Norwich Building and Construction Trades Council. He underscored the negative impact of an extended tax on the local labor pool — that jobs would be held in the balance should businesses suffer the extended expense of higher electricity rates.

The state budget likely will not be balanced and adopted until late May or June. We will continue fighting for the best interests of southeastern Connecticut residents.

Andrea Stillman represents the 20th Senatorial District, which includes New London, Waterford, East Lyme, Old Lyme, Old Saybrook, Salem, Montville, and Bozrah.



COURAGEOUS DISSENT

HOW HARRY BINGHAM DEFIED HIS GOVERNMENT TO SAVE LIVES

(2ND EDITION 2009) ISBN 0961360232

BY ROBERT KIM BINGHAM, SR.

COURAGEOUS DISSENT is the first book published about America's unsung diplomat hero Hiram (Harry) Bingham IV, the author's

father, who was in charge of issuing visas to America while stationed as a US vice consul in Marseilles, just before World War II. It captures Bingham's compelling story of placing humanity above his career during the early days of the Holocaust. Bingham defied his government's restrictive immigration policies by running an underground railroad out of his Marseilles villa. Both Jewish and non-Jewish refugees fleeing Hitler sought life-saving visas and affidavits in lieu of passports from Bingham during 1940-41. (See *Smithsonian Magazine*, March 2009 issue.) In March 2011, the Simon Wiesenthal Center awarded Bingham the Medal of Valor.

The book also reveals Bingham's private life after he unhappily resigned from the Foreign Service in 1945 when he was passed over for a promotion. Years later, in 2002, the U.S. State Department posthumously awarded a 'Constructive Dissent' award to Hiram. The book also recounts the author's successful campaign to obtain a U.S. postage stamp honoring his father, issued on May 30, 2006, depicting Bingham as a 'Distinguished American Diplomat' The stamp's image can be found on a mounted bronze plaque on the Salem Town Green.

For an autographed book: Price: \$26 [\$22 plus \$4 U.S. shipping]
Pay by check to: Robert K. Bingham
42 Round Hill Rd., Salem, CT 06420
Please state your shipping address.

TWO RECENT FILMS DOCUMENT THE HUMANITARIAN WORK OF HIRAM BINGHAM IV

The Simon Wiesenthal Center presented the video, "A Tribute to Hiram Bingham IV" at its 2011 Humanitarian Award Dinner. The film is on the internet at <http://www.youtube.com/watch?v=N6MfzibYZFU>.

An award-winning film "The Rescuers" features Hiram Bingham IV along with eleven other World War II diplomats who rescued refugees from the Nazis, against their own government's policies. Directed by Emmy-winning filmmaker Michael King, *The Rescuers* takes the viewer on a journey to examine how the Holocaust unfolded in several countries across Europe. The story is told through the eyes of Stephanie Nyombayire, an activist who lost members of her family in the 1994 Rwanda genocide, and pre-eminent historian Sir Martin Gilbert, who lost family members in the Holocaust. As they travel across 15 countries and 3 continents interviewing survivors and descendants of the rescuers, Ms. Nyombayire and Sir Martin explore the mystery of goodness in the face of danger. In January 2013, the film was screened at the United Nations. Kim Bingham and his family attended the program. A trailer of the film can be viewed at <http://www.youtube.com/watch?v=G1zQgzoE5k0>.

WILDLIFE REHABILITATION *continued from page 17*

Wild animals often leave their young unattended for several hours or more. The mother, for instance, only visits baby bunnies, between dusk and dawn. Be aware that animals, thought to be orphans, may not need your assistance. Do not intervene unless you are certain that the animal is orphaned, obviously injured or in immediate danger.

The state DEEP has a list of appointed wildlife rehabilitators and distributes it to nature centers, veterinarian offices and DEEP facilities. Some rehabilitators elect not to be on the published state list due to limited availability. Always check with the state to ensure that the person who takes the injured wildlife is licensed. The DEEP website lists rehabilitators by animal specialty. The web address is www.ct.gov/dep/cwp/. The injured wildlife hotline for the state is 860-424-3333.

Diane Gilbert is a RVS appointed wildlife rehabilitator. She resides in Salem. E-mail her at gilbertbcc@yahoo.com.



Things to Do . . .

AROUND TOWN

Find out what's happening in Salem this winter



LIONS TALES

Submitted by Lion George Ziegler

Roses are red, yellow, pink, and white! They really look great. Through Lion **Jim Krodel's** efforts, our Super Bowl roses arrived right on time on January 31; many thanks to all who purchased them. All proceeds go to our civic projects. Look for ordering information in December for next year's Super Bowl roses. Contact any Salem Lion.

Thanks to Salem Lions **Eric Belt, Bill Martin, Arn Weiss, and George Ziegler** who installed new shelving at the Salem Library. The library has more shelves for DVD's. Stop in and check out the selection.

With the efforts throughout the year of numerous Salem Lions, the Lions wood bank has processed and sold or donated approximately 15 cords of firewood so far this year. Need wood for next winter? Contact Lions **Bill Martin** (859-1881) or **Jim Fogarty** (859-0108).

At our January 24th meeting, **Wendy Mikolinski**, registered pharmacist and owner of Salem Health Mart Pharmacy, was our dinner guest, and treated us to a very inspiring presentation of the pharmacy world. Through prepared notes, and questions from the floor, Wendy informed us of services that the pharmacy offers, future goals, and such questions relating to transferring prescriptions from other pharmacies, and how to select types of prescription insurance coverage. Thank you Wendy for a great presentation. Stop in and visit Wendy and her staff. In addition to a full

prescription service, they have all the items you find in a drug store and many gifts and specialty items made by Salem residents.

Congratulations to Mr. John Fusaro! At the Connecticut Lions District 23C awards dinner at Groton Motor Inn on February 9th, the Salem Lions proudly presented their Humanitarian of the Year Award to Mr. **John Fusaro**. John is the owner of Salem Prime Cuts. John is a local business man who has helped a number of people and groups throughout the region for many years. Prior to starting Salem Prime Cuts, he was a USDA meat inspector. John has been a continuous, long time contributor to the Salem Road Race since it inception twenty years ago. He has sponsored multiple Little League teams, and supported numerous Boy Scout and Girl Scout groups in their fundraising efforts. He has helped multiple church groups along with the New London Homeless Center, Green Leaf Foundation, and Hunt to Feed (his company processes the meat) program. John and his wife reside in Norwich.

The Salem Lions will be awarding two scholarships to young Salem students graduating this year from high school, or equivalent if homeschooled. Scholarship applications will be available at your school guidance office, or contact Lion **George Ziegler** (859-0609) for information.



SALEM HISTORICAL SOCIETY

by Bob Ross

What Happened in Salem?

YOU CAN OWN HISTORY

The Salem Historical Society is planning to coordinate a reprint of *Chronicles of a Connecticut Farm 1776-1906*. This book was originally published in 1905 and reprinted in 2002, but is completely sold out. It provides a fascinating early history of Salem and the Bingham family commissioned it. We would like to gauge the level of interest in owning a copy of this unique book. If you would like to have a paperback copy, for less than \$30.00, please let us know. You can send a note to Dave Wordell at wordells@ransomfarm.com, or just let any of the librarians in the Salem Free Public Library know you are interested. This will help us determine how many copies should be reprinted.

The Salem Historical Society is looking forward to a busy spring, summer and fall. We have several new officers in the society and hope to add some new enthusiasm as we learn about what happened in Salem. Here is what is to come:

7:30 p.m. April 18

"Remembering the Salem Bears; How a Small Town Ice Hockey Team Advanced to a State Championship," with Joe Ploszaj and Brian Fleming

6:00 p.m. May 16

Our annual meeting. "Pot Luck Dinner and One Room Schoolhouses"

9:00 a.m. May 27

"Memorial Day Strawberry Festival on the Town Green"

YOU CAN BE HISTORICAL

If you are interested in becoming a member of the Salem Historical Society, you can obtain information and membership forms from Virginia Vesnaver at virginia@vesnaver.com. If you are interested in becoming an officer of the society, there are positions open. You can obtain information on these openings by contacting Bob Ross at robert.t.ross@comcast.net.

MARK YOUR CALENDARS!

Lions Easter Egg Hunt

Our annual Easter Egg Hunt, co-sponsored with Salem Recreation, is scheduled for **Saturday, March 23rd**. In addition to the Easter egg/candy hunt, we will have an Easter Bunny, face painting and jelly bean races. Prizes will be awarded for best picture coloring, best decorated eggs, and jelly bean race winners. Competitions are for pre-kindergarten and kindergarten, 1st and 2nd graders, and for 3rd and 4th graders. Posters with more information will be coming soon.




20th Annual Salem Road Race
Saturday, April 13th
 Calling all Salem Runners young and old!
 We are celebrating our 20th Salem Road Race. Warm up your running shoes and join in for a morning of fun. Two races are planned — a 1 Mile **Kids Fun Run** for the "young" (toddlers to oldsters) folks, and the **5K Race** open to all runners. For more information and registration forms, visit our website, www.salemctroadrace.org

Journey for Sight

Salem Lions will be participating in Connecticut Lions District 23C **annual Journey For Sight** on **May 4th**. This is a **5K walkathon**, and a major fundraiser for Salem Lions. Join us with your pledge, or take a leisurely walk with us on Saturday morning. Lots of fun. Free food, giveaways, items to purchase. Bring your whole family. Contact any Salem Lion for details.



Thank you all for supporting our projects and fundraisers; 100% of all donations and all the profits from our fundraisers are returned to our community charitable projects. Salem Lions are proud to be of service to Salem.



SALEM SENIORS

by Irene Jarvis

The Salem Seniors would like to thank the Salem Volunteer Fire Company for the use of their facilities for their monthly meetings. The use of their kitchen and meeting room is greatly appreciated.

Many Salem residents do not know that Salem Seniors even exist. Meetings are held the **second Tuesdays** during the months of **March through December** at **10:30 a.m.** Anyone 50 years old or older is eligible to join. Every meeting our First Selectman, Kevin Lyden, provides a presentation about what is new in our town and any plans for the future. Sue Spang, the Senior Liaison Officer, lets us know of activities that interest seniors. A program or speaker of senior interest is also featured. Following the meeting, all enjoy a luncheon.

Another thank you goes out to the Salem Free Public Library for letting an informal group of seniors use their meeting room every Tuesday afternoon from 12:00 noon to 4:00 p.m. A special thank you is given to the Friends of Salem Library for supplying us with liquid refreshments. We want to thank the Salem Recreation Commission for supplying the Wii for our Wii bowling. The card games of the day are usually pitch (setback) or cribbage but other suggestions would be welcome.

We thank the great Town of Salem for helping seniors who need help and providing them with many advantages and closeness that can only happen in a small town.

For more information, please call Irene at 860-859-1261.

Image: neovain, flickr.com



SALEM VOLUNTEER FIRE COMPANY

by Chief Eugene R. Maiorano

The Salem Volunteer Fire Co. would like to thank all of our townspeople for their support over the past year.

This year's fundraising drive was another success and the money raised will go towards additional firefighter equipment, and training materials not in our normal budget. Please check our website at www.salemfireco.com We have set up a donation page on the website which has been a huge success.

ANNUAL CHICKEN & RIBS BBQ

SATURDAY, AUGUST 24, 2013 • 5:00 P.M.

On August 24th 2013, The Fire Company will be holding its annual **Chicken and Ribs Barbecue** starting at 5pm.

This will be our third year holding the barbecue, and every year it has grown.

The company hopes to see all our townspeople at our station this year at this event.

Advance ticket sales are needed and you can get the information through our website:

<http://www.salemfireco.com> or
by calling the station at 860-859-0942

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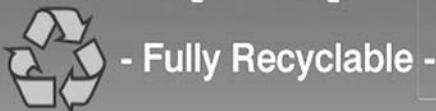
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Thursday, May 16th, 10AM - 7:30PM

Friday, May 17th, 10AM - 6PM

Saturday, May 18th, 10AM - 4PM

Salem Free Public Library
264 Hartford Rd., (RT 85)
Salem, CT 06420
860-859-1130



Sponsored By: The Friends Of The Salem Library

S E L L I N G	<p>Paperbacks -- \$.50</p> <p>Cookbooks -- \$.50</p> <p>Kids Books -- \$.25</p> <p>Puzzles, Games -- \$.50</p>	S E L L I N G
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For more information or to volunteer to help, please contact the Library at 860-859-1130 or Elizabeth Lane at 860-859-1125.



SALEM RECREATION DEPARTMENT

by Diane Weston

As the spring and summer months approach, Salem Recreation is busy planning for the upcoming seasons! The following bus trips will be offered:

SPRINGTIME IN NEW YORK CITY: SATURDAY, MAY 11, 2013

Departs: 7:30 am Norwich Commuter Lot RT 82 Exit 80 from I-395
8:00 am Clinton Commuter Lot RT 81 Exit 63 from I-95

Return: approximately 9:30 pm

Fee: \$47 per adult; \$42 per child thru age 12
(Must be paid in full by April 20, 2013.)

Departure location must accompany payment.
No refunds afterward unless a replacement is found.
We will travel rain or shine; the only exception is severe weather.

Board our deluxe motor coach and travel free of all hassles and worries to the center of the greatest city in world! Upon arriving in New York City our coach will make numerous stops allowing you to disembark throughout uptown or midtown Manhattan. Spend the day at your leisure pursuing an activity that can't be done anywhere else and is unique to only the Big Apple. At the end of your adventure we will depart from a central location and you can relax during the ride home.

BRONX ZOO: SUNDAY: MAY 19, 2013

Departs: 7:15 am Norwich Commuter Lot RT 82 Exit 80 from I-395
7:45 am Clinton Commuter Lot RT 81 Exit 63 from I-95

Return: approximately 9:30 pm.

Fee: \$77 per adult; \$73 per child thru age 12
(Must be paid in full by April 27, 2013)

Departure location must accompany payment.
No refunds afterward unless a replacement is found.
We will travel rain or shine; the only exception is severe weather

The Bronx Zoo is one of the largest wildlife conservation parks in the world. Its 265 acres are home to some 4,000 animals representing about 650 species from around the planet, many shown in their natural habitats and in open-range exhibits. Your Total Experience Ticket allows admission to special rides and attractions including the Bug Carousel, Butterfly Garden, Children's Zoo, Congo Gorilla Forest, Wild Asia Monorail, Zoo Shuttle, 4-D Theater and Juggleworld.

There are cafes and food stands throughout the park or you may bring your own lunch from home. A fast food stop will be made on the ride home at one of the roadside rest areas.

Why drive yourself to the Bronx when you can travel on our luxury motor coach!

AFTER SCHOOL AND SUMMER PROGRAMS

After school and summer programs will be announced as soon as they are scheduled. Please go to: http://www.salemct.gov/Pages/SalemCT_Recreation/index for Recreation information. You may also sign up for e-mail "blasts"; as soon as program is listed, you will know!

IDEAS AND INSTRUCTORS

Recreation is always looking for ideas and instructors for programs. If you or someone you know would be interested in running a program, contact Diane Weston at 860-859-3873, ext. 252 or e-mail Diane.Weston@salemct.gov. I look forward to hearing from you!



CONGREGATIONAL CHURCH OF SALEM

by Rev. Tim Dubeau

The Congregational Church of Salem is located on the Salem Town Green, Route 85, about 1½ miles north of Salem Four Corners. Call 860-859-1211 or e-mail us at salemcongregate@sbcglobal.net for more information. Visitors are *always* welcome. Check out our website and *CrossLinks* newsletter at www.congregationalchurchsalem.org and follow us on Facebook.

Sunday Worship: Through May 5, 8:30 & 11:00 a.m., except Easter services on March 31
Childcare available at the 11:00 A.M. service for children Pre-K and under

Sunday, March 31: Easter Sunrise Service at 6:15 a.m. followed by free Easter Breakfast in Christian Community Center
Traditional Easter Service at 10:00 a.m.

Adult Sunday School and Children's Bible Zone for grades K-12 from 9:45 – 10:45 a.m.

Adult Bible Study: 1st and 3rd Wednesday, year round, each month at 7:00 p.m., Parsonage

Summer Schedule:
May 12: One service at 11:00 a.m. for Mother's Day and Bible Zone Closing program

May 19 – June 30: Two services at 8:30 and 10:00 a.m., no Sunday School for adults or children

July 7 – Sept. 1: One service at 9:00 a.m.

UPCOMING EVENTS

Monday, May 27: Memorial Day Pre-Parade Breakfast, Christian Community Center, 7:30 – 9:00 a.m.



Saturday, June 1: Tag, Rummage and Bake Sale, 8:30 a.m.–2:00 p.m. *Rain or shine*

Each spring the Congregational Church of Salem's Rummage, Tag and Bake Sale is a tradition that has people flocking to the church to scoop up bargains. The folks from the Church use this event to clean out their attics, basements and garages. Folks in town are invited to do the same. If you have clothing and household items in clean and usable condition to donate you may come by the Christian Community Center starting on Monday, May 27 – Friday, May 31. No donations will be received after 6:00 p.m. on Friday. Follow the signs located in the building to place your items for sorting.

Sorry, but we CANNOT accept used computers, printers, or other parts of computers, stoves, refrigerators, dishwashers or items from household renovations.

Come early and stop by the Bake Sale table for a cup of coffee and a hot cinnamon bun baked on the premises plus fabulous goodies made by our renowned bakers!



June 24-27 (Mon-Thurs): Vacation Bible School Kingdom Rock: Where Kids Stand Strong for God

At Kingdom Rock, kids develop rock-solid faith as they discover how to stand strong for God in every part of their lives. Kids participate in memorable Bible-learning activities, from the inspiring songs and Bible adventures, to energizing games and Sciency-Fun Gizmos™. They will make and dig into yummy snacks, collect Bible Memory Buddies to remind them to stand strong for God. In addition, kids will learn to look for evidence that God is still powerful, *still* loving, and *still* working in the world around them through something called God Sightings. Each day concludes with Fan

continued on page 27

Sid's

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860-691-1300

**11 Center Street
Salem, CT**

860-859-CARE (2273)

www.ballestrini.net

D301492

Fare Finale — a celebration that gets everyone involved in living what was learned. Family members and friends are encouraged to join in daily for this special time at 11:30 for Fan Fare Finale. Kids at Kingdom Rock will also join together by bringing a daily offering to support a mission in India that reaches out to children and widows.

Kingdom Rock is for kids from age 4 to completed 5th grade and will run from 9:00 a.m. to Noon each day. Beginning May 15, you may register online or in-person after 8:30 a.m.



CHRISTIAN COMMUNITY CENTER

Finally! By the grace of God, we received a Certificate of Occupancy in early December and officially opened the building with a service of dedication on December 8, 2012.

We thank all those community and Church family contributors who over the course of three years remained faithful to their financial commitments and even contributed towards our final push to make this much-needed facility a reality. We now look forward to a very busy 2013 as we learn how best to manage the property and make it available for others for rent or use.

The Christian Community Center features a large commercial kitchen, one large (2,400 sq. ft.) banquet/assembly room, a smaller (625 sq. ft.) meeting room and enough tables and chairs to outfit both. All areas of the building are handicapped accessible. Because of limited on-site parking there are convenient drop-off points for passengers. Drivers can park on the Salem Green or in the Church parking lot and walk a short distance to the building.

We are excited to think how this building will be used for many different community related events and programs. Also, it will be available to rent for private functions, including receptions, showers, birthday parties and other family events. Go to our church website to see a copy of our rules and regulations and fee structures for rental of any of our buildings. Any questions? Do not hesitate to call!



SALEM GREEN CEMETERY ASSOCIATION

Submitted by Rev. Tim Dubeau, Sexton

The annual meeting of the Salem Green Cemetery Association will be held on April 16 at 2:00 p.m. in the Salem Town Hall. The election of officers and the reception of new members will be among the order of business. We invite all who may be interested in becoming a member of the SGCA to attend.

From 09/4/2012 to 2/5/2013, there have been two interments/inurnments.

Name	Location	Date Inurned/Interred
Karen Trapp	I E34	09/2012
Darryl Blonder	IVG43	11/2012

In November 2012, the Association officially opened another section for burials. Section IV has two rows, G (14 feet off the roadway) & H (behind row G). These two rows provide an additional 106 full-sized plots. This action was prompted by the scarcity of available plots in Section I after 33 years of purchases. Of the 330 plots in Section I, only 30 or so remain available and some of these are single plots with deeded plots on either side. Those full size plots remaining in Section I can be purchased at \$550/plot. All plots in Section IV are currently being offered at \$700/plot.

Contact the SGCA sexton, Rev. Tim Dubeau at 860-859-1925 with questions or if interested in purchasing full sized or smaller cremation plots.



SALEM FREE PUBLIC LIBRARY

Submitted by Jackie Hemond, Director

SALEM FREE PUBLIC LIBRARY UPCOMING EVENTS

Registrations are requested, except for concerts:

Saturday, March 2

1:00 p.m.

Dr. Seuss Party. Free

2:30 p.m.

State Archaeologist, Nick Bellantoni will talk about his **Most Strange & Unusual Cases.** Free.

Saturday, March 9

10:30 a.m.

Starting Seeds with Carole Miller from Topmost Herb Farm, Coventry. Free.

1:00 - 2:30 p.m.

2-part Art Class: Acrylic Transfer for Adults & Teens aged 16+. Transfer an image from a favorite photo to a wood-cradled block and collage an image onto a note card. *There is a \$5 fee for the class and an additional materials charge.* **2nd class is on Saturday, March 16 @1:00 p.m.**

Saturday, March 16

10:30 a.m. - 12 noon

Make Spring Paper Wreaths with Andrea Kaiser. For Adults and Teens. Free. Participants should bring scissors.

2:30 p.m.

Eight Mile River Concert. Free.

Saturday, March 23

2:00 p.m.

Doll Tea Party. Get dressed up, bring your doll & enjoy a tea party! with Pat & Megan Aldrich. Free.

Saturday, April 13

11:00 a.m.

Connecticut Walks. Jim Little from CT Forest & Parks Association will discuss Connecticut's hiking options while referencing CFPA's two books, *Connecticut Walkbook East* and *Connecticut Walkbook West*

1:00 p.m.

Author Robert Steele talks about his fiction book *The Curse: Big-Time Gambling's Seduction of a Small New England Town.* The novel is set against the casino gambling explosion that hit southeastern Connecticut during the 1990s. Free.

2:30 p.m.

Janus Trio Concert. Original Contemporary Classical Music. Free.

Wednesday, May 15, 7:00 p.m.

Friends of Salem Library Meeting

Thursday, May 16, 10:00 a.m. - 7:30 p.m.

Friday, May 17, 10:00 a.m. - 6:00 p.m.

Saturday, May 18, 10:00 a.m. - 4:00 p.m.

Friends of the Library Spring Used Book Sale

REGULARLY SCHEDULED PROGRAMS

Looking for **Mah Jongg** players available on **Fridays at 10:15 a.m.**

Seniors Play

Wii Bowling & Card Games every Tuesday, 12 - 4 p.m.

Story times

1st & 3rd Wednesdays, 6:30 p.m. & every Friday, 10:30 a.m.

Thursday Coffee & Cookies

every Thursday, 10 a.m. - 12 noon

Knitting Group

every Thursday, 10 a.m. - 12 noon

Adult Book Groups

3rd Tuesdays, 7:15 p.m. & Last Thursdays, 1:00 p.m.

Teen Advisory Group

1st Fridays, 4:30 p.m.

Otaku Club for Teens

2nd Fridays, 4:15 p.m.

SALEM TOWN INFORMATION

www.salemct.gov

Salem Town Offices

270 Hartford Road
Phone: (860) 859-3873

Office Hours: First Selectman, Town Clerk,
Assessor & Tax Collector

Mon. – Wed.: 8 a.m. to 5 p.m.

Thurs.: 8 a.m. to 6 p.m.

Fri.: Closed for routine business

(elected officials available for urgent matters)

Salem Free Public Library

264 Hartford Road
Phone/Fax: (860) 859-1130

Hours: Mon. – Wed.: Noon to 7:30 p.m.
Thurs.: 10 a.m. to 7:30 p.m.
Fri.: 10 a.m. to 6 p.m.
Sat.: 10 a.m. to 4 p.m.
(June & July: 10 a.m. to 2 p.m.)

Salem School District

200 Hartford Road
Phone: (860) 892-1223 | Fax: (860) 859-2130
www.salemschools.org

Salem School: (860) 859-0267

Special Education Office: (860) 859-3988

Salem Police

(860) 859-3873, ext. 200 or 210

EMERGENCY 911

Salem Transfer Station

189 Rattlesnake Ledge Rd.
(860) 859-2964

Wed., Sat., Sun.: 8 a.m. to 4 p.m.

Permits required – can be obtained by
Salem residents at transfer station only

Animal Control Officer

Van Miller (860) 319-1306

State Senator 20th District

Andrea Stillman (860) 443-8568
www.senatedems.ct.gov/Stillman.html

State Representative 37th District

Ed Jutila (860) 739-7730
www.housedems.ct.gov/Jutila

U.S. Senators & Representatives

Richard Blumenthal (860) 258-6940 (*Hartford*)
www.blumenthal.senate.gov

Chris Murphy (860) 549-8463 (*Hartford*)
www.murphy.senate.gov

Joe Courtney (860) 886-0139 (*Norwich*)
courtney.house.gov

Town of Salem Live TV

Salem Board and Commission meetings held at
the TOB are broadcast live on Comcast Channel 12
and webcast on www.salemct.org. Webcast hearings
are available ON DEMAND at any time on
www.salemct.org.

Board of Education Airing on Channel 12

The Salem Board of Education Meetings air on
Channel 12 (Educational Access) on the second and
third Wednesdays of every month at 7:30 p.m.

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OUR TOWN SALEM
CONNECTICUT

2013 Business Ad Order Form

Our Town - Salem (OTS) is a magazine published quarterly to enhance the lives of Salem residents through articles that inform, encourage and celebrate the people, activities, businesses and organizations of Salem. OTS is produced entirely by volunteers and distributed free of charge to the residents of Salem and available throughout town as well as online at www.salemct.gov.

Please place my ad in issues of **Our Town - Salem 2013** as indicated below:

		Ad Size*		Black & White	Color		
1/8	V	2.71875" x 4.625"	<input type="radio"/>	\$ 18.75/issue	\$ 67.50/yr.	\$ 25.00/issue	\$ 90.00/yr.
	H	4.625" x 2.71875"					
1/4	V	4.625" x 5.5625"	<input type="radio"/>	\$ 37.50/issue	\$135.00/yr.	\$ 50.00/issue	\$180.00/yr.
	H	6.5313" x 4.625"					
1/3	V	3.0625" x 11.25"	<input type="radio"/>	\$ 45.00/issue	\$168.75/yr.	\$ 60.00/issue	\$225.00/yr.
	H	9.375" x 3.667"					
2/3	V	6.1875" x 11.25"	<input type="radio"/>	\$ 90.00/issue	\$337.50/yr.	\$120.00/issue	\$450.00/yr.
1/2	V	4.625" x 11.25"	<input type="radio"/>	\$ 75.00/issue	\$270.00/yr.	\$100.00/issue	\$360.00/yr.
	H	9.375" x 5.5625"					
Full	IP	9.375" x 11.25"	<input type="radio"/>	\$142.50/issue	\$513.00/yr.	\$190.00/issue	\$684.00/yr.
	BC		<input type="radio"/>	\$187.50/issue	\$675.00/yr.	\$250.00/issue	\$900.00/yr.

*V=Vertical; H=Horizontal; IP=Inside Page; BP=Back Page)

Issue: June 2013 September 2013 December 2013

Status: I am a new advertiser; I am e-mailing my ad as indicated.
 I am a new advertiser; I need the design assistance (+\$30).
 I placed an ad in 2012; please use the same ad.
 I placed an ad in 2012, but I want to change my ad.

Advertiser Information:

Business Name _____ Contact Name _____
Street Address _____ City/Zip Code _____
Telephone _____ E-mail _____

ADVERTISING DEADLINES

June 2013 issue **Deadline:** May 1, 2013
September 2013 issue **Deadline:** August 1, 2013
December 2013 issue **Deadline:** November 1, 2013

Payment must be received by the deadline date to guarantee a place in that issue.

Please e-mail digital format (high-resolution PDF, EPS, TIFF document) to: ourtownsalem@gmail.com

Please make all checks payable to: **Town of Salem**

Please mail form and check to: **Our Town-Salem**
270 Hartford Road
Salem, CT 06420

Questions? Please contact Jackie Hemond at ourtownsalem@gmail.com