



Salem Seniors Monthly Meeting Reminder

Tuesday **March 8, 2016** at the Salem Volunteer Fire House (Rt. 85)

10:30am the fun begins with Mind Aerobics hosted by Kathy Civardi. The meeting will conclude around noon with a potluck luncheon.

Meetings are the 2nd Tuesday of each month – all seniors are welcome.

Our next meeting will be **April 12th**...we will begin with our monthly Mind Aerobics, followed by a brief presentation by Shaya Del Giudice from Access Independence about the Medicare Savings Program and our own Resident Trooper Chris Pariseau will be by after to speak to the group about identity theft.

If you've not been to a meeting yet – come check one out. If rides are an issue and you'd like to plan ahead call me to make arrangements.

The Food Pantry is open the 1st Wednesday of each month 5pm to 7pm. Drive down behind Salem School

You will find the area nicely lit in the evening with plenty of parking.

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