

HOW TO USE YOUR SMARTPHONE – free 60 minute instructional class offered at... **Chelsea Groton Bank Tuesday May 7, 2019 at 5pm.** 20 Hartford Rd. Salem CT. *Whether you use a smartphone or a flip-phone, you can benefit from the information that Chelsea Groton Bank will share. Bring your phone to the event!!! If you would like more information, please contact Marjarie Perrone of our Salem Branch at (860)572-4093.*

Salem Seniors May meeting: Join us Tuesday May 14, 2019 10:30am in the Salem School Library for our monthly meeting. Lunch will be provided by Salem School as well as live entertainment from Mr. Hebert's students. We look forward to seeing you.

Happy Mothers Day
May 12th



The Annual Spring Plant & Used Book Sale is May 9th 10am-7:30pm, May 10th 10am-6pm & May 11th 10am-4pm @ the Salem Free Public Library. There will be a sale inside of romance novels, cookbooks, puzzles, games & many children's books. This year there are over 100 indoor and outdoor plants, herbs and shrubs, mostly grown by local volunteers. Sales benefit the library and was awarded a certificate from the State of CT for its contribution to the library. Arrive early for the best selections.

(submission by; Irene Jarvis)

Town of Salem Bicentennial

For information about Salem's Bicentennial festivities (copy and paste the link below).

<https://salemct200.wixsite.com/salemct200>

Memorial Day Parade

Monday May 27, 10am.

Roads close 9:45am for the 10:00am parade and Memorial Service



VISITING GROCERY SHOPPING ASSISTANCE



Available at no cost to individuals who are 65 years old or disabled & homebound.

RSVP Volunteers can offer weekly or monthly support:

- grocery shopping
- visiting with you in your home
- enjoying outings and sharing common interests

For information contact:

Georgia James, Coordinator, New London 860-425-6608 gjames@tvcca.org

Gina King, Director, New London County 860-425-6617 gking@tvcca.org

Robin Lynch, Coordinator, Windham County 860-774-9286 rlynch@tvcca.org

Resources for seniors:

Mobil Food Pantry – 1st Wednesday each month. Please bring your own bags.

American Red Cross (877) 287-3327

Dial 2 – 1 – 1 www.211ct.org

TVCCA energy – (860) 425-6681

United Way – (860) 464-7281

Veterans Affairs – (860) 887-9162

11th Annual Grandparents Raising Grandchildren Conference to be Held at Plainville Senior Center on Tuesday, May 7 from 9:00 a.m. to 2:00 p.m. For more information or to sign up Please phone 860-747-5728