



Salem Seniors November 2016 Meeting

Tuesday November 1, 2016 the meeting 10:30am. will take place at Salem School Library. We will adjourn at noon for a Thanksgiving Buffet provided by Salem School.

Guest(s) & speaker(s);

- Chelsea Groton Bank on the subject of identity theft, fraud and other issues senior citizens may be targeted
- Mind Aerobics by Kathy Civardi
- Salem Health Mart will be available for a time during the meeting for monthly blood pressure checks
- Christopher Hebert of Salem School will provide entertainment by the Salem School Chorus

Our annual flu shot clinic, which took place at our October meeting, was administered by Natasha of the Salem Health Mart. This has been a successful service for the Senior Citizens of



Salem. Let's stay healthy this flu season!

The Municipal Medical Transportation Service now has Salem Seniors taking advantage of the service. If you'd like additional information about how to register – just stop by or call me.



Reminder: Election Day is Tuesday November 8, 2016



The Salem Senior's are always welcoming to new attendees and members.

Have ideas? Join us November 1st

It's a great way for Salem Seniors both men and women to get out and meet folks in town. If you need to set up a ride for a meeting – let me know.



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