



**BIRTHDAYS/ANNIVERSARIES**

**APRIL BIRTHDAYS**

Deb Drennen	1 <sup>st</sup>	Robin Pelletier	1 <sup>st</sup>	Barbara James	9 <sup>th</sup>	Jeffrey Rowthorn	9 <sup>th</sup>
Charlie Baukus	15 <sup>th</sup>	Deb Artale	22 <sup>nd</sup>				

**SALEM SENIORS NEWS**

**SALEM SENIORS INFORMATION AND NEWSLETTERS**

Previous news letters can be found on the Town of Salem webpage by clicking on: [salemct.gov/salem-senior-citizens](http://salemct.gov/salem-senior-citizens). When the webpage opens, click on the box that says “**Click here to check out our new Salem CT Seniors Newsletter**” then click on the month you want to see.

**50/50 RAFFLE**

The 50/50 Raffle will be held at our March meeting. The winner was Kay Zak \$49.50 which was donated back to the seniors helping seniors fund. February raffle was not held as meeting took place at the Salem School.

**\* \* \* SPECIAL MARCH RAFFLE \* \* \***

Debra Drennen put a special basket together with a Spring/Easter theme the winner of the basket was Joe Valentini. Three additional prizes were also donated by Debra and Buffy Lane. Winners were Sandy Swider, Arlene Phillips, and Linda Parker. Congratulations to all.

**POT LUCK LUNCH/TALENT SHOW**

Mark your calendar, our annual Pot Luck/Talent Show Luncheon is scheduled for Saturday, April 26<sup>th</sup>, time 5:00 PM, at the Gardner Lake Volunteer Fire Company Firehouse. **A sign-up sheet for food and talent will be available at the monthly meetings.**



***If you have any questions, please contact Kay Zak at: e-mail [kayzak@hotmail.com](mailto:kayzak@hotmail.com) or call 860-889-3989.***

**BINGO**

**When:** 4<sup>th</sup> Thursday of each month (for April it will be the 25<sup>th</sup>)  
**Time:** Cards are on sale from 12:30 to 12:55 PM, games start promptly at 1:00 PM

**Location:** Salem Volunteer Fire Company firehouse back meeting room.

**Ticket prices are as follows:**

- \$1 per card, or buy 5 and get the 6<sup>th</sup> card free.
- 12 games will be played.

**The BINGO coordinators are: *Neurie Testagrossa and Michelle Horan. If anyone is interested in volunteering, please contact Nurie at 860-884-4902 or e-mail: [nunusobx@gmail.com](mailto:nunusobx@gmail.com), or Michelle at: 860-303-5023 or e-mail: [horan.micheller@gmail.com](mailto:horan.micheller@gmail.com).***



**SENIORS ACTIVITIES @ THE LIBRARY**

- **Busy Bee Quilters** – 2<sup>nd</sup> Wednesday of the month from 10:00 AM to 4:00 PM.
- **Charity Community Quilters** – 1<sup>st</sup> and 3<sup>rd</sup> Fridays of the month from 10:00 AM to 3:30 PM.
- **Knitting & Crocheting Circle** – Thursdays from 10:00 AM to NOON
- **Fun and Games** – Tuesdays from 1:00 PM to 3:30 PM.

**Contact Deb Drennen 860-222-8396 for both quilting groups information.**

**HEALTH AND WELLNESS**

**BLOOD PRESSURE CHECK**

Uncas Health will be available to provide blood pressure checks at our monthly meetings.

**LION’S ADULT AND KID SIGHT PROGRAM (FREE SCREENING)**

**Date:** Saturday April 6<sup>th</sup>,

**Time:** 9:00 AM to 12:00 Noon

**Location:** Center School on Hartford Road (next door to the congregational church)



Lions are sponsoring a sight screening session for children and adults. A special camera is used to photograph your eyes. Dr. Steven Rapport, OD will be onsite to evaluate the results. The session is quick and there is no charge.

**MUNICIPAL MEDICAL TRANSPORTATION SERVICE**

*The Caregiver Mileage Reimbursement and Medical Transportation* program is for adults 60+ and persons with disabilities who are unable to drive and need transportation to a medical appointment. **To access this service contact: Agnes Miyuki, Salem’s Agent for the Elderly at 860-859-3873 X 125.** She can provide all program and eligibility information. **Use the following link to view the Guidelines for the Municipal Medical Transportation Service:** [salemct.gov/sites/g/files/vyhlf4966/f/uploads/transportation\\_fy22\\_packet\\_0.pdf](http://salemct.gov/sites/g/files/vyhlf4966/f/uploads/transportation_fy22_packet_0.pdf).

**FOOD PANTRY:**

Food pantries in the area that can provide aid and assistance as needed:

Name	Locations	Contact	Phone Number
Care and Share	12 Roxbury Road	Niantic	860-739-8502
United Way Mobile Food Pantry	Three Rivers Community College	Norwich	860-464-3327
Rosalyn Allen Food Pantry	Mobile Pantry	Norwich	860-822-4146

Above are a few of the local food pantries available in our area. Please contact them directly to get on their list and for more information as to when they are open for pick up. If you need assistance with pick up let the agency know and they will arrange for delivery.

**CARE & SHARE**

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic, and Salem. ***If you are interested in receiving assistance, contact them at 860-739-8502.*** Leave a message with your name, telephone number and the type of assistance you are looking for, as well as the best time you can be reached. A responder will confidentially return your call. **To see what other services they provide visit their website by clicking on:** [careandshareofel.org/](http://careandshareofel.org/).

**CONNECTICUT PRESCRIPTION DRUG DISCOUNT CARD PROGRAM**

***All Connecticut Residents Can Sign Up for the Free Discount Card To Receive Savings on Medication***

A prescription drug discount card program was launched in Connecticut on October 2, 2023, enabling all residents of the state to receive savings on certain prescription drugs.

The program was established by a provision of Governor Lamont’s health care affordability bill (Public Act 23-171), which was approved by the General Assembly and signed into law in June. It is administered by the Office of the State Comptroller.

For more information on how the **ArrayRx discount card works**, including a list of frequently asked questions and a drug price lookup tool, visit [arrayrxcard.com/](http://arrayrxcard.com/). or review our February Newsletter.

**HEALTH AND WELLNESS (continued)****THE CTALERT – EMERGENCY NOTIFICATION SYSTEM****Overview:**

The State of Connecticut has a state-of-the-art emergency notification system to alert residents about emergencies in your area. (**State of CT Emergency Notification System (CTALERT)**)

To sign-up for CTALERT go to the website by clicking on:

[member.everbridge.net/index/892807736721724#/signup](http://member.everbridge.net/index/892807736721724#/signup) and enter the required information the boxes provided.

For detailed information please visit our February Newsletter.

**SALEM VOLUNTEER FIRE DEPT BLOOD DRIVE**

The Salem Volunteer Fire Dept will hold a blood drive on **Thursday May 16<sup>th</sup>, from 12:00 PM – 5:00 PM** at the Salem Volunteer Fire Co. firehouse at 424 Hartford Road, Salem, CT.

Future Blood Drives will be held Monday, July 30<sup>th</sup>, from 1:00 PM – 6:00 PM, and Wednesday, October 16<sup>th</sup> from 1:00 PM – 6:00 PM.

Call 1-800-733-2767 or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter: **SalemCT** to schedule an appointment

**EVENTS & THINGS TO DO****SALEM SENIOR STRIDERS**

Dust off those hiking boots. It's time to get on the move. Kim Siebert and Heidi Buchholtz have put together "nature walk/ hiking trip". They're warming you up with a walk through the Multipurpose trail on Music Vale Rd. **April 10<sup>th</sup>, starting at 9:30 AM – Wear Sturdy Shoes. Bring: water, snack. Suggested: hat, sun screen, bug spray, walking stick, or trekking poles.**

**SENIORS FLOAT IN THE 2024 MEMORIAL DAY PARADE**

The Salem Seniors will enter a float again in this year's Memorial Day Parade on Monday May 27, 2024. Last year's event was fun for our participants and a surprise for the parade followers. If you are interested in helping design and decorate the float, please contact Joan Gaynor at 860 449-3064 or [salemtech53@yahoo.com](mailto:salemtech53@yahoo.com).

**SEA UNICORN'S BASEBALL GAME**

Join us this summer when the Norwich Sea Unicorns play the Road Warriors at Dodd Stadium ballfield **plus after game fireworks**.

**Friday, July 12<sup>th</sup> 6:30 PM**, \$9.00 per person. Family and friends welcome carpooling recommended for those who don't drive at night. (gates open at 5:30 PM)

**THE IVORYTON PLAY HOUSE** (103 Main Street, Ivoryton, CT)

- **Swingtime Canteen**, book by Linda Thorsen Bond, William Repicci & Charles Busch May 16<sup>th</sup> at 2 PM
- **Mystic Pizza**, Book by Sandy Rustin June 27<sup>th</sup> at 2 PM
- **Jimmy Buffett's Escape to Margaritaville** August 8<sup>th</sup> at 2 PM
- **Alabama Story**, by Kenneth Jones October 3<sup>rd</sup> at 2 PM

**Tickets are available for all shows, the cost is \$48.00. Contact Kay Zak e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com) or call: 860-889-3989. Please make checks payable to Salem Seniors and mail to Kay Zak, 294 Hartford Road, Salem, CT 06420.**

For detailed information on the shows available visit our April newsletter or visit the Ivoryton Playhouse website at [Home - Ivoryton Playhouse](http://Home-IvorytonPlayhouse)

**EVENTS & THINGS TO DO (continued)****GOODSPEED OPERA HOUSE** (6 Main St, East Haddam CT)

- **SOUTH PACIFIC**, matinee, July 17<sup>th</sup>, 2 PM (deadline to purchase tickets is May 15<sup>th</sup>)
- **MAGGIE**, matinee, September 11<sup>th</sup>, 2PM
- **A CHRISTMAS STORY THE MUSICAL**, matinee, November 6<sup>th</sup>, 2 PM (Book by Joseph Robinette, Music and Lyrics by Benj Pasek and Justin Paul,

**Tickets are available for all shows, the cost is \$66.50. Contact Kay Zak e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com) or call: 860-889-3989. Please make checks payable to Salem Seniors and mail to Kay Zak, 294 Hartford Road, Salem, CT 06420.**

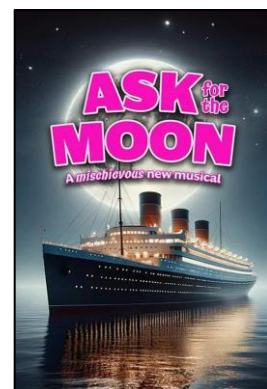
For detailed information on the shows available visit our April newsletter or visit the Goodspeed Opera House website at [goodspeed.org/](http://goodspeed.org/).

**TERRIS THEATRE** (33 N Main St, Chester)

- **ASK FOR THE MOON:** August 1<sup>st</sup>, at 2:00 PM

Set sail on the Jewel of the Sea Ocean Liner with a scheming widow, a vengeful lawyer and a volatile nurse. Enjoy the vocal stylings of Misha and Gisha, the Squabbling Carpathian twins. Get the latest fashion tips from Perishmon De Vol, stylist par excellence. But only venture into the Poseidon suite at your own peril. Madness and hilarity abound in a diabolical new musical comedy that is sure to make waves. Bon Voyage. Come join us for an afternoon of laughs.

**For tickets contact Kay Zak e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com), or call: 860-889-3989. The cost is \$45.00, please make checks payable to Salem Seniors & mail to Kay Zak, 294 Hartford Road, Salem, CT 06420.**

**SENIOR CHAIR YOGA & CHAIR AEROBICS CLASSES AT MARISSA'S DANCE ACADEMY**

- Schedule:
- Chair Aerobics      Thursdays 4:45 PM      Length: 6 weeks
  - Chair Yoga            Tuesdays 4:45 PM      Length: 6 weeks

**Chair Yoga**

Just like a regular yoga practice, Chair yoga increases flexibility, strength and body awareness. When standing poses are included in a Chair yoga class, the chair is used to help with and improve balance. Chair yoga may also include *pranayama* breathing techniques and meditation to promote focus, mental clarity and relaxation.

**Chair Aerobics**

Chair Aerobics is an upbeat fun workout that is done using a chair to either sit or use for balance. Chair aerobics is designed to be a challenging workout for everyone that will increase your heart rate, burn calories, and build strength.

**Cost**

- \$60 – 6-week session for either chair yoga or chair-aerobics class (1 class/week)
- \$100 – 6-week session for **BOTH** chair yoga and chair-aerobics (2 classes/week)

If it is known prior to session starting that you will be missing a class, the cost will be prorated. Pay with cash, card or check at first class.

**This pricing is for Salem Senior Citizen's Group only, price for general population will be higher. 1<sup>st</sup> Session will start March 26 thru May 9<sup>th</sup> (Studio will be closed April 9<sup>th</sup> and 11<sup>th</sup> for spring break).**

**To Enroll**

**To join the classes, contact Marissa Ruddat, Director of Marissa's Dance Academy located at 1 New London Road, Unit 26 or call/text at: 860 207-4656, e-mail: [info@marissadanceacademy.com](mailto:info@marissadanceacademy.com).**



**EVENTS & THINGS TO DO (continued)****SENIOR CHAIR YOGA & CHAIR AEROBICS CLASSES AT MARISSA'S DANCE ACADEMY**  
(continued)**About Marissa**

Marissa Ruddat is the Studio owner and director of local business Marissa's Dance Academy. However, in addition to the studio, Marissa also works as a Geriatric Occupational Therapist in nursing homes and home health settings. She has a passion for helping older adults live their most fulfilling life possible in their own home. Her training includes cardiopulmonary rehabilitation, post-surgical rehabilitation, post stroke rehabilitation, fall prevention and incontinence management. She hopes that these classes will blend her love for OT with her love for dance while helping to build a stronger community in Salem.

**MITCHELL FARM MUSIC FESTIVAL – SEPTEMBER 21<sup>ST</sup> & 22<sup>ND</sup>****SATURDAY, SEPTEMBER 21<sup>ST</sup>****Broken Arrow***The Music of Neil Yong*[blueravenartists.com/artists/broken-arrow-the-music-of-neil-young/](http://blueravenartists.com/artists/broken-arrow-the-music-of-neil-young/)**Late For The Sky***Jackson Brown Tribute W/Jake Thistle*[blueravenartists.com/artists/late-for-the-sky-jackson-brown-tribute-with-jake-thistle/](http://blueravenartists.com/artists/late-for-the-sky-jackson-brown-tribute-with-jake-thistle/)**Saturday Tickets: General Admission: \$60 + \$3 S/H, Members SSCG: \$25\*****SUNDAY, SEPTEMBER 22<sup>ND</sup>****Number Nine***Playing tribute to the music of*  
<https://www.number9info.com>**THE  
BEATLES****Sunday Tickets: General Admission: \$25 + \$3 S/H, Members SSCG: \$15\***

Rain or Shine event, parking opens at noon, gate opens at 1:30 PM. Tent covered.

Order of go subject to change. All sales final, no refunds, no exchanges.

**Bring a picnic if you like. Food vendors available BYOB. Please no dogs.**

Net proceeds support the horses retired to Mitchel Farm.

Mitchell Farm Equine Retirement, Inc. is a 501(c)3 non-profit organization.

Mitchell Farm Equine Retirement, Inc. 300 East Haddam Rd., Salem, CT 06420

860-303-8705, [www.mitchellfarm.org](http://www.mitchellfarm.org).

\* **Salem Senior Citizen's Group members ONLY**, contact Kay Zak, e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com), or call: 860-889-3989

**THINGS IN THE WORKS****SALEM ARTSPACE TO RETURN**

Dawn Shumbo of Salem ArtSpace will again be providing art classes starting after our monthly meetings. It is expected that the class will end around 2:00-2.30 PM. The cost per person will be for canvas and paint.

**Contact / RSVP Kay Zak at: 860-889-3989 or e-mail at: [kayzak@hotmail.com](mailto:kayzak@hotmail.com)****MINIATURE GOLF AT CAMP ODETAH BOZRAH, CT**

The Seniors are planning a miniature golf event to be held at **Knolls & Holes Miniature Golf & Ice Cream in Camp Odetah**, 38 Bozrah St Extension #1300, Bozrah. Their 18-hole championship mini golf course offers demanding play with true adventure style mini golf. Water hazards, sand traps and extreme course contours.

**If you are interested contact Michelle Horan at 860-303-5023 or e-mail at: [horan.micheller@gmail.com](mailto:horan.micheller@gmail.com).**This will be discussed at a future Senior meeting. **NOTE:** the price for 2024 hasn't been determined.

## THINGS IN THE WORKS (continued)

### SENIOR CITIZEN'S GROUP FUNDRAISER COMMITTEE

- **Fundraising Committee**

We are looking to form a committee to investigate and develop fundraising opportunities to raise money for the Senior's Group's activities. ***If you are interested in being on the committee, contact Kay Zak, e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com) or call: 860 889-3989.***

- **Learn to Make Asian Dumplings from Attorney General Tong's mother Fundraiser.**

The Seniors Group is planning a fundraiser after the first of the year (date to be determined). AG Tong has offered to have his mother teach how to make Asian dumplings. We need volunteers to help. ***If you are interested in helping contact Kay Zak, e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com) or call: 860 889-3989.***

### EARTH DAY MONDAY APRIL 22<sup>ND</sup>



For Earth Day the Salem Senior Citizen's Group with the help from other groups in Salem are organizing a Salem Community Earth Day Can and Bottle Fundraiser. We are asking you to donate clean refundable cans and bottles from Sunday, April 20<sup>th</sup> through Sunday, April 27<sup>th</sup>.

**Please put glass bottles in cardboard boxes and plastic bottles and cans need to be bagged separately. Please bring them to Gary and Kay Closius' home at 294 Hartford Rd. There will be a large tent for you to put the boxes & bags in.**

All proceeds will go to the **Salem Seniors "Seniors helping Seniors"** account and the **Salem Lion's Club**.

If you have any questions, please call Kay at 860-889-3989.

***Let's help our community and clean out your garage!***

DO NOT THROW ME OUT!  
NOW YOU GET 10¢ RETURN

VISIT ANY OF OUR BOTTLE RETURN LOCATIONS: MIDDLETOWN | SOUTH WINDSOR | WINDSOR | VERNON | EAST HAVEN

JUICES

& MORE!

SPORTS DRINKS      TEAS

& MORE!

COFFEE

& MORE!

WE NOW ACCEPT ALL JUICES, SPORTS DRINKS, TEAS, AND COFFEE CONTAINERS 2.5L/84 FL OZ OR LESS.

BELOW NOT ACCEPTED

LIQUOR   WINE   BABY   PLANTS   CANNAS   PROTEIN   NPS   MORE!

## VOLUNTEER OPPORTUNITIES

### GARDNER LAKE AND SALEM VOLUNTEER FIRE COMPANIES

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of **ALL AGES**.

- Salem Volunteer Fire Company – NON-EMERGENCY PHONE: 860-859-0942
- Gardner Lake Fire Company – NON-EMERGENCY PHONE: 860- 859-1743

Website: [gardnerlakevolunteerfirecompany.com/home](http://gardnerlakevolunteerfirecompany.com/home).

### MITCHELL FARM EQUINE RETIREMENT

The Horse Retirement, Horse Sanctuary is looking for help. **Contact Dee Doolittle 860 303-8705, or email [dee@mitchellfarm.org](mailto:dee@mitchellfarm.org).**

### SALEM SCHOOL

Volunteers are always welcome at **Salem School**. Anyone interested in volunteering can **to go to the Salem School website by clicking on: [salemschools.org](http://salemschools.org). Put the cursor over the "Our School" tab, & click on the "Forms tab" to access the form. OR visit the school and fill out the form at the front desk of the school. Make sure you bring a picture ID with you.**

## **VOLUNTEER OPPORTUNITIES** *(continued)*

### **FRIENDS OF THE SALEM LIBRARY**

The Friends of The Salem Library could always use help sorting books for the book sale, and at the book sales. For future book sorting dates, stay tuned and watch for notifications on FaceBook.

*If you would like to help, contact Carl Nawrocki at 860-608-9970, or Bart Drennen at 860-235-5889.*

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### **HOME REPAIR AND HANDY-MAN SKILLS**

Would you like to volunteer, or do you need help?

Please let us know:

- **What your skills are and / or what you can help with?**
- **What your needs are?** (i.e., pull a pool cover on in summer; reset a knocked down mailbox; change the oil in a lawn mower; etc.).

**Contact Kay Zak at: 860-889-3989 / e-mail at: [kayzak@hotmail.com](mailto:kayzak@hotmail.com), or Gary Closius at: 860-961-9173 / e-mail at: [gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net).**

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### **THE SALEM LAND TRUST**

The Salem Land Trust (SLT) is an all-volunteer non-profit organization permanently conserving land in Salem for wildlife, their habitats, and for people to enjoy nature. Many volunteers begin by helping to keep our miles of hiking trails clear. Each of our 9 Preserves have experienced land Stewards assigned to them, so new volunteers start learning the job from them and other SLT members experienced with being “*in the woods*.” Out in the field, experienced hikers and wildlife lovers cannot help but pass on their knowledge of nature on to all new volunteers. We also have volunteer opportunities in our Membership and Events Committee as we are always looking for new ways to bring the wonder of nature to more people.

**For more information or if you are interested in volunteering contact Linda Schroeder: e-mail: [lschroeder@snet.net](mailto:lschroeder@snet.net) or call 860-908-9553.**

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### **LION'S CLUB**

The Lions are looking for volunteers and new members. **Contact Bill Martin 860-705-6062 (home) or 860-705-1227 (mobile), or Hugh McKenney at 860-303-0042 (mobile) if you are interested in volunteering. If you are interested in joining contact Kay Zak at: 860-889-3989 / e-mail at: [kayzak@hotmail.com](mailto:kayzak@hotmail.com).**

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### **CARE & SHARE**

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic, and Salem. ***If you are interested in volunteering your time, contact them at 860-739-8502.***

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### **CEMETERY CLEAN-UP**

The Salem VFW is always looking for help to clean up the cemeteries. The first “cemetery clean-up party” is scheduled for Saturday, May 4<sup>th</sup> at the Hillard Cemetery, bring your gloves, weed-whacker, mower, rakes, and tarps.

***Watch the Facebook website for future dates for cemetery clean up opportunities.***

**If you are interested in helping or have a need contact Kay Zak at: 860-889-3989 or e-mail at: [kayzak@hotmail.com](mailto:kayzak@hotmail.com).**



**COMMUNITY NEWS YOU CAN USE**

**SALEM FREE PUBLIC LIBRARY**

**News & Events**

• **MUSEUM PASSES AND DISCOUNTED ADMISSION PASSES:**

The Salem Free Public Library Offers Museum Passes And Discounted Admission Passes to many of the museums in our state, **visit the library, or go to the library website by clicking on:** [saalemct.gov/library/pages/museum-passes](http://saalemct.gov/library/pages/museum-passes) to view the library website and view what they have to offer and pass availability.

• **CANDY SUSHI**

**Wednesday, April 3<sup>rd</sup> @ 4:00 PM**

Come make candy sushi with Rice Krispies Treats and assorted candies. Includes a sushi container and chopsticks! **For Ages 10+**



**To register call: 860-859-1130.**

*(Sponsored by the Friends of the Salem Library)*

• **POPSICLE SNAIL**

Take & make a Popsicle Snail Available, April 15<sup>th</sup> while supplies last.



*(Sponsored by the Friends of the Salem Library)*

• **OWLS A NATURAL HISTORY**

**Wednesday, April 24<sup>th</sup> at 6:00 PM.**

Presented by Ginny Apple Master Wildlife Conservationist with CT DEEP.



**To register call: 860-859-1130.**

*(Sponsored by the Friends of the Salem Library)*

• **MEDICARE 101**

**Saturday April 27<sup>th</sup>, at 11:00 AM.**

Making Medicare uncomplicated, presented by Robert Pisani from Turning Point Insurance.



**(Educational seminar about Medicare to help you to choose the right plan for you. Bring your questions)**

**(Please NOTE: This is an educational seminar only with no selling or marketing of plans.)**

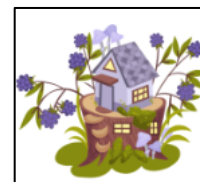
**To register call: 860-859-1130.**

• **FAIRY HOUSES**

**Sat April 13<sup>th</sup>, at 11:00 AM**

Suitable for ages 6-12+

Come paint and decorate a tiny wooden house fit for fairies. All supplies provided.



**To register call: 860-859-1130.**

*(Sponsored by the Friends of the Salem Library)*

• **PROTECTING POLLINATORS**

**Saturday, April 20<sup>th</sup> at 11:00 AM**



Join Majorie Meekhoff of Pollinator Pathway East Lyme, Inc. as she discusses the importance of pollinators and what we can do to protect them.

Attendees will receive a **FREE** packet of mountain mint seeds, so you can start your very own pollinator garden!

**To register call: 860-859-1130.**

*(Sponsored by the new England Grass Roots Environment Fund)*

• **MEET YOUR LOCAL FARMER**

**Wednesday, May 1<sup>st</sup>, at 6:00PM.**

Get to know Hannah Tripp of Salem's Provider Farm and learn about the business of farming.



**To register call: 860-859-1130.**

*(Sponsored by the new England Grass Roots Environment Fund)*

**COMMUNITY NEWS YOU CAN USE (continued)**

**SALEM FREE PUBLIC LIBRARY (continued)**

**News & Events (continued)**

• **EASTERN COYOTES A NATURAL HISTORY**

**Saturday, May 4th,  
at 11:00 AM**

Presented by Master Wildlife Conversationist Ginny Apple, with the CT DEEP/Coyotes were not originally found in CT but have extended their range eastward.



**To register call: 860-859-1130.**

*(Sponsored by the Friends of the Salem Library)*

• **FAMILY STORY TIME**

Music, Crafts, & Books Oh My!!

**Wednesdays at 10:30 AM**

**April 3rd & 17th**



**To register call: 860-859-1130.**

• **FRIENDS OF THE SALEM LIBRARY PLANT SALE**

**The annual FOSL Plant sale!!!!**

**Thursday, May 9th 10:00 AM – 6:00 PM,  
Friday, May 10th 1:00 PM – 4:00 PM, and  
Saturday, May 11th, 10:00 AM – 2:00 PM.**



The plants for sale are most locally grown perennials, annuals, vegetables, herbs, house plants, trees, and shrubs.

The Salem Senior Citizen's Group will also be selling Donated Christmas Ornaments.

FOSL will also be selling the FOSL Apron, come get yours before they are gone.

**All proceeds go to go the FRIENDS OF THE SALEM LIBRARY.**



• **SALEM COMMUNITY GARDEN PLOT RAFFLE**

**Come into the Library between March 15th – April 13th to enter to win your very own plot in the Salem Community Garden!!**

**Winner will be announced April 15th.**

*(Sponsored by the new England Grass Roots Environment Fund)*



• **BOOKS IN THE AFTERNOON BOOK CLUB**

**April 25th: In Sunlight in, a Beautiful Garden – Kathleen Cambor**

The story of a bittersweet romance set against the backdrop of the Johnstown, Pennsylvania, flood – a tragedy that cost some 2,200 lives when the South Fork Dam burst on Memorial Day weekend, 1889. The dam was the site of a gentlemen's club that attracted some of the wealthiest industrialists of the day – Henry Clay Frick, Andrew Mellon, and Andrew Carnegie – and served as a summertime idyll for the families of the rich. **“In Sunlight, in a Beautiful Garden”** imagines the lives that were lived, lost, and irreparably changed by a tragedy that could have been averted.

The meetings are normally held on the last Thursday of the month @ 1:00 PM. All adults over 18 are welcome. To join the group, e-mail Christine Murtha at: [murthachristine@yahoo.com](mailto:murthachristine@yahoo.com).

**COMMUNITY NEWS YOU CAN USE (continued)**

**SALEM RECREATION DEPARTMENT**

There are many activities for Salem residents of all ages:

• **WE'RE BLAZN' TRAILS**

The Recreation Commission has started blazing the Multi-Purpose/Harris Brook Trails!

If you see the colored flagging on the trees, *please leave them be* as they mark our first run of where the safety/trail markers will be located.



• **ADULT CO-ED REC PICK-UP GAMES**

*Open gym for Salem & East Lyme residents age 18 & over in the Salem School gymnasium.*

**SIGN IN UPON ARRIVAL**

**Pickleball:** Tuesdays 5:15- 7:00 PM  
Oct 3<sup>rd</sup> to May 28<sup>th</sup>

**Volleyball:** Tuesdays 7:00-9:00 PM  
Oct 6<sup>th</sup> to May 28<sup>th</sup>

**Basketball:** Thursdays 7:00-9:00 PM  
Oct 5<sup>th</sup> to May 30<sup>th</sup>

• **VIRTUAL FITNESS CLASSES – KEEP MOVING**

***Spring Fitness Schedule:***

- **Tuesdays: April 16 – Jun 18 – 6:00 -6:45 PM (10 wks.) \$70.00**  
Pilates, Instructor: Rob – \$70.
- **Wednesdays: Apr 17<sup>th</sup> – Jun 19<sup>th</sup>, 8:30 – 9:15 AM (10 wks.)**  
**Cardio Strength**, Instructor: Maggie – \$70.
- **Thursdays: April 18<sup>th</sup> – June 20<sup>th</sup>, 6 – 6:45 PM (10 wks.)**  
**Core Strength**, Instructor: Rob – \$85.

• **SALEM WOODS DISC GOLF COURSE**

*The Salem Woods Disc Golf Course is open for play.*



Located at Bob Appleby Field at Volunteer Park, 24 Forsyth Road.

Discs available for loan contact us.

• **LIVE CLASSES ONLINE**

There are dozens of on-line classes for adults and children are available through Salem's Recreation Commission. To explore what courses are available and sign up, click on the following link:



**LIVE ONLINE COURSES ARE GOING ON RIGHT NOW!**

Live Classes Online is partnered with Town of Salem, so a portion of every purchase you make supports your community!

**HURRY UP!** Limited classes! Reserve your place now!

[salemct.gov/recreation/pages/live-classes-online](http://salemct.gov/recreation/pages/live-classes-online).

• **SALEM LITTLE LEAGUE OPENING DAY**

**Let's Play Ball!!! Opening Day!!!**  
**Saturday, April 20<sup>th</sup>, at 10:00 AM**  
At the Lou Ulfers Sports Complex,  
47 Round Hill Rd.



For additional information on activities provided by the Salem Recreation Commission please visit their website by clicking on: [salemct.gov/recreation](http://salemct.gov/recreation), or call 860-859-3873, x275

## **COMMUNITY NEWS YOU CAN USE (continued)**

### **BRIDGING THE DIGITAL DIVIDE**

Connecting older adults and people with disabilities to vital community resources through technology.

This program was started in October 2022 and was scheduled as a trial for 2 years. (ending October 2024)

**Eligibility:** *Connecticut resident, adults 60 and older, adults with disabilities over the age of 18, families, support providers, network staff and volunteers.* No referral is necessary but there is an intake process if you qualify.

The services they provide:

- *They will provide a new free tablet to keep.*
- They will help with teaching you the capabilities of the devices you have and how to use them.
- They will set up the tablet with your programs, and apps that you use.

It does take a few months for them to get the tablet as they are ordered by quantity. **If you have any questions, please contact Joan Gaynor @ e-mail [salemtech53@yahoo.com](mailto:salemtech53@yahoo.com) or call 860 449-3064, or contact their coordinator: [DDC@ucpect.org](mailto:DDC@ucpect.org) or at (860) 288-9520.**

## **OTHER ACTIVITIES IN OUR AREA**

**GOAT SNUGGLING AT SYMAN SAYS FARM:** (279 Buckley Road, Salem)

***Snuggle with the baby goats. APRIL – JUNE***

Cost: \$25 PP for 1 hour, Children under 2 – free (no ticket required), Children 2-12 – \$15.00 must book in advance and no refunds or exchanges offered.

Rain or Shine. Go on their website [symansaysfarms.com](http://symansaysfarms.com) and book on line.

### **NORWICH ARTS CENTER**

**Upcoming Events At The Norwich Arts Center** (62 Broadway, Norwich)

- **Blues On Broadway**, Mikey Junior with guitarist Zach Lees, basis James Pritchard, drummer Liviu Pop, Wednesday, March 13<sup>th</sup> at 7:30 PM. Tickets: Adults \$25 Seniors/Military/Students \$23.
- **Jerry Z Trio Soul Jazz Funk**, Friday, April 5<sup>th</sup> at 8:00 PM Adults \$25, Seniors \$23.
- **A Night Honoring the Empress of Soul Gladys Knight** – with Lauri E Smalls and Miss Lottie's café band, Friday, April 12<sup>th</sup>, at 8:00 PM. Tickets: Adults \$22, Seniors \$20.

Contact Norwich Arts Center: Phone: 860-887-2789, or e-mail: [administration@norwicharts.org](mailto:administration@norwicharts.org).

Order tickets visit the Norwich Arts Center website by clicking on: [norwicharts.org](http://norwicharts.org).

### **NIANTIC BAY PLAYHOUSE**

**Upcoming Events At The Niantic Bay Playhouse** (279 Main Street, Niantic)

2024 Season

- **Willy Wonka Jr** – April 26<sup>th</sup> – May 5<sup>th</sup>,
- **Nunsense II** – June 7<sup>th</sup> – June 23<sup>rd</sup>,
- **The Wedding Singer, The Musical** – July 18<sup>th</sup> – August 4<sup>th</sup>,
- **The Miracle Worker** – October 18<sup>th</sup> – November 3<sup>rd</sup>,
- **A Christmas Carol Spectacular** – December 6<sup>th</sup> – December 22<sup>nd</sup>.

Check the theatres website for season tickets by clicking on: [nianticbayplayhouse.org/](http://nianticbayplayhouse.org/).

## **OTHER ACTIVITIES IN OUR AREA (continued)**

### **NEW LONDON ADULT EDUCATION**

#### **New London Adult Education Offers Day Trips.**

Trips depart from Shaw's Cove Three. For more details or to register call 860 437-2385 or go to the *New London Adult Education* webpage by clicking on: [enrichment.newlondonadulthood.org/](http://enrichment.newlondonadulthood.org/).

Office Hours are: 8:00 AM – 4:00 PM, Mon-Fri and 6:00 PM – 8:00 PM, Mon-Thurs.

### **GARDE ARTS CENTER**

#### **Upcoming Events At The Garde Arts Center (325 State St, New London)**

#### **2024 Season**

- **An Evening with David Sedaris** – Wednesday, April 3<sup>rd</sup>, at 7:30 PM
- **Another Tequila Sunrise A tribute to the Eagles** – Saturday, April 6<sup>th</sup>, at 8:00 PM
- **Whose Live Anyway** – Thursday, April 11<sup>th</sup>, at 7:30 PM
- **Colin Hay with special guest: Lazlo Bane** – Friday, April 12<sup>th</sup>, at 8:00 PM
- **Silence on the Streets (documentary)** Sat, April 13, at 7:30 pm
- **A conversation with Mandy Patinkin & Kathryn Grody** – Sun April 14, at 3:00 PM
- **Murray & Peter Present Golden Girls** – Tue April 16, at 7:30 PM
- **The Fab Four The ultimate tribute Beatles** – Thu April 18, at 7:30 PM
- **Invincible A Glorious Tribute to Michael Jackson** – Sat, April 20, at 8:00 PM
- **Eastern Connecticut Symphony Orchestra** – Sat, April 27, at 7:30 PM
- **Lyle Lovett and Lisa Loeb in conversation and song** – Fri May 3, at 8:00 PM
- **Elton Undressed Todd Alsup sings Elton John** – Fri, May 10, at 7:00 PM

For tickets contact the box office Monday thru Friday from 10:00 AM to 5:00 PM & two hours prior to ticketed performances, by calling 860-444-7373 ext. 1, or by visiting the Garde Arts Center website by clicking on: [gardearts.org/events/](http://gardearts.org/events/).

## **PUBLIC TOWN MEETINGS FOR APRIL**

- |  |  |
|--|--|
| • <b>Board of Education Long Range Edu Planning</b><br>April 1 <sup>st</sup> , 5:00 PM | • <b>BOE Personnel/Contract Negotiations</b><br>April 1 <sup>st</sup> , 6:00 PM            |
| • <b>Board of Education,</b><br>April 1 <sup>st</sup> , 7:00 PM                        | • <b>Inland Wetlands &amp; Conservation Commission,</b><br>April 1 <sup>st</sup> , 7:00 PM |
| • <b>Board of Selectmen,</b><br>April 2 <sup>nd</sup> , 7:00 PM                        | • <b>Planning and Zoning Commission,</b><br>April 9 <sup>th</sup> , 7:00 PM                |
| • <b>Emergency Preparedness Agency,</b><br>April 9 <sup>th</sup> , 7:00 PM             | • <b>Board of Finance,</b><br>April 10 <sup>th</sup> , 7:00 PM                             |
| • <b>Board of Finance,</b><br>April 11 <sup>th</sup> 7:00 PM                           | • <b>Salem Green Cemetery Association</b><br>April 16 <sup>th</sup> , 2:00 PM              |
| • <b>Economic Development Commission</b><br>April 16 <sup>th</sup> , 6:00 PM           | • <b>Library Board of Directors</b><br>April 16 <sup>th</sup> , 6:00 PM                    |

## **PUBLIC TOWN MEETINGS FOR APRIL (continued)**

- **Board of Education Policy**  
April 22<sup>nd</sup>, 5:00 PM
- **Board of Education Curriculum**  
April 22<sup>nd</sup>, 6:00 PM
- **Planning & Zoning Commission**  
April 23<sup>rd</sup>, 7:00 PM

To view the Town Public Meeting Calendar, click on: [saalemct.gov/calendar-by-event-type/16](http://saalemct.gov/calendar-by-event-type/16)

## **SENIOR CENTERS / ACTIVITIES AVAILABLE TO SALEM RESIDENTS**

### **COLCHESTER SENIOR CENTER NEWS**

Yearly dues of \$15 which will get you on their newsletter e-mail list and provide you the ability to participate in any of their activities. They are located at 95 Norwich Avenue, Colchester, CT 06415. Phone: 860-537-3911.

*To check out their newsletter, click on:* [colchesterct.gov/senior-center/pages/newsletter](http://colchesterct.gov/senior-center/pages/newsletter)

The Colchester Senior Center has so much to offer. They serve adults (ages 55 and over) from Colchester and surrounding communities with programs and services to meet every interest and ability.

*Use the Colchester Senior Center webpage to view Available Programs & Services and other information by clicking on:* [colchesterct.gov/senior-center/pages/programs-services](http://colchesterct.gov/senior-center/pages/programs-services)

### **EAST LYME SENIOR CENTER NEWS**

East Lyme offers Salem Seniors **55+** the opportunity to participate in any of their activities. There is no annual fee to belong. *Call their office at 860-739-5859 to get on their e-mail mailing list. Click on the following link to view the East Lyme Senior Center webpage to see the Available Programs & Services, Regularly Occurring Programs, and a host of other information:* [eltownhall.com/community/senior-center/](http://eltownhall.com/community/senior-center/).

The Senior Center plans events monthly. See the Monthly Brochure for a detailed schedule. *To view their newsletter "The Courier" click on:* [eltownhall.com/community/senior-center/](http://eltownhall.com/community/senior-center/) *and scroll down to "News" and click on "Senior Center Monthly Brochure (The Courier)."*

- **EAST LYME SENIOR CENTER OFFERS DAY TRIPS.**

Trips depart from Old Lyme, East Lyme, and Waterford. **For more details or to register call 860-739-5859 or use the following link to go to the East Lyme Senior Center webpage:**  
[eltownhall.com/community/senior-center/trips/](http://eltownhall.com/community/senior-center/trips/).

For additional information about their trips click on [eltownhall.com/community/senior-center/trips/](http://eltownhall.com/community/senior-center/trips/).

### **OTHER GROUPS THAT HAVE TOURS**

- **Tours of Distinction Trips:** call (800) 426-4324, or visit their website by clicking on: [toursofdistinction.net/](http://toursofdistinction.net/).
- **Colchester Senior Center trips:** call 860-537-3911, or visit their website by clicking on: [colchesterct.gov/senior-center/pages/travel-opportunities](http://colchesterct.gov/senior-center/pages/travel-opportunities).
- **East Lyme Senior Center trips:** call 860-739-5859, or visit their website by clicking on: [eltownhall.com/community/senior-center/trips/](http://eltownhall.com/community/senior-center/trips/).
- **New London Adult Education:** call 860-437-2385, or visit their website by clicking on: <https://enrichment.newlondonadulted.org/CourseCatalog/categoryView.asp?id=695>

## **THINGS TO KNOW**

### **MONTVILLE ANIMAL SHELTER**

The Town of Salem has partnered with the Town of Montville to regionalize the Animal Control Department. Salem has budgeted \$14,300 to pay for this service which includes the Dog Pound located at 225 Maple Avenue, Uncasville, CT 06382. The Animal Control Officer (ACO) is Bruce Rebelo and he can be reached at: 860-848-7510. Office Hours are 8:00 AM – 4:30 PM Monday-Friday. Tel: 860-848-3529 (office & pound), Fax: 860-848-7760.

This shelter is in appalling condition and is in dire need of renovation or to be rebuilt. For those who are interested in this issue and wish to write a letter to your State Legislator to show your support as well as bring this issue to your State Legislator's attention to increase their awareness, the list below provides the of names and addresses of local and state officials.

#### **State & Local Legislator and Officials Contact Information**

- **State Senator Martha Marx – CT State Senate District 20** – representing the communities of New London, **Salem**, Bozrah, East Lyme, Old Lyme, Waterford, and parts of Old Saybrook and Montville.

**Address:** Senator Martha Marx  
Legislative Building Room 3300, Hartford, CT, 06106

**E-mail:** [marx@senatdems.ct.gov](mailto:marx@senatdems.ct.gov), [martha.marx@cga.ct.gov](mailto:martha.marx@cga.ct.gov).

**Phone:** 860-240-8600, 860-240-0436
- **Irene Haines – CT House Representative District 34** – representing the communities of East Haddam, East Hampton, and **part of Salem**.

**Address:** State Representative Irene Hays  
Legislative Building Room 4200, Hartford, CT, 06106

**E-mail:** [irene.haines@housegop.ct.gov](mailto:irene.haines@housegop.ct.gov)

**Phone:** 860-240-8700
- **Holly Cheessman – CT House Representative District 37** – representing the communities of East Lyme and part of the towns of Salem and Montville.

**Address:** State Representative Holly Cheessman  
Legislative Building Room 4200, Hartford, CT 06106

**E-mail:** [Holly.Cheeseman@housegop.ct.gov](mailto:Holly.Cheeseman@housegop.ct.gov)

**Phone:** 860-240-8700
- **Joe Courtney – CT Congressional District 2 Congressman**

**Norwich District Office Address:** Congressman Joe Courtney,  
55 Main Street, Suite 250, Norwich, CT, 06360

**Phone:** 860-8896-2974
- **Susan Bysiewicz – CT Lt. Governor**

**Address:** Office of Lt. Governor Susan Bysiewicz  
State Capitol, 210 Capitol Avenue, Hartford, CT, 06106

**Phone:** 860-524-7384
- **Ned Lamont – CT Governor**

**Address:** Office of Governor Ned Lamont  
State Capitol, 210 Capitol Avenue, Hartford, CT, 06106

**Phone:** 860-566-4840, 800-406-1527

**THINGS TO KNOW (continued)****THAMES VALLEY COUNCIL FOR COMMUNITY ACTION (TVCCA)****CONNECTION – Volunteering & Veterans Coffeehouses**

Now more than ever community support is so important and impactful! AmeriCorps Seniors offers the support someone needs to remain living at home. Our volunteers lend a hand with grocery shopping needs, visiting, phone reassurance or local medical rides. If you are 55+ contact us to hear how your help may improve the quality of life of an elderly or disabled person by volunteering to help a neighbor in your community.



Our volunteers are here for the community! Our services are available free of charge to seniors or disabled people that are homebound and need help with grocery shopping, medical rides, and visiting.

**Contact: Renee LaBonte, Program Coordinator of Senior Volunteer Services at 860-425-6608 or e-mail: [rlabonte@tvcca.org](mailto:rlabonte@tvcca.org).**

Visit their website by clicking on [tvcca.org](http://tvcca.org) or [facebook.com/TVCCArsvp/](https://facebook.com/TVCCArsvp/).

- **Connect with veterans!** TVCCA hosts monthly veteran coffeehouses to meet and socialize with other veterans and their spouses and receive information about veteran benefits and services. We host coffeehouses in Groton, Mystic, New London, Pawcatuck, Norwich, and Montville.

**Contact James Hodge, Veterans Coffeehouse Coordinator at 860-425-6615 or e-mail: [jhodge@tvcca.org](mailto:jhodge@tvcca.org).**

- **ENERGY ASSISTANCE AND OTHER ASSISTANCE PROGRAMS AVAILABLE FROM TVCCA**  
TVCCA provides energy assistance among other community assistance services. Use the following link to visit the TVCCA website: [tvcca.org/energy-assistance/](http://tvcca.org/energy-assistance/) for more information and a direct link to the application. If you have any questions or need help completing the application form, contact TVCCA at 860-889-1365. Note that not only does TVCCA provide funding for oil, but also for wood. TVCCA also has a Senior Nutrition Program for seniors 60 and over & Volunteer programs for seniors age 55 or over.

**EVERSOURCE****Connecticut Electric Discount Rate**

A bill discount will be available for residential electric customers starting in December 2023.

You must have financial hardship status on your electric account. If you do, there are two tiers of discount depending on your annual household income or receipt of a public assistance benefit.

- **Eligible income for 10% Discount Rate**

To qualify, your household annual income for all adults over 18 must be at or below 60% of the state median income, or you can show receipt of a public assistance benefit for at least one household member.

**Connecticut Electric Discount Rate (continued)**

- **Eligible income for the 50% Discount Rate**

To qualify, your household annual income for all adults over 18 must be at or below 160% of the federal poverty guidelines, or you can show receipt of a public assistance benefit for at least one household member.

**To apply for the 10% or 50% Connecticut electric discount rate visit the EVERSOURCE webpage click on the following link: [eversource.com/content/residential/account-billing/payment-assistance/discount-rate](http://eversource.com/content/residential/account-billing/payment-assistance/discount-rate), or call EVERSOURCE at 800-286-2828, or call TVCCA at 860-889-1365.**



## **LOOK WHAT'S HAPPENED**

**Salem Striders on their March Walk through the Music Vale Trail behind the school and Town Hall.**



## **Salem Seniors Group Member Spotlight**



This edition of ***Salem Seniors Group Member Spotlight*** shines the spotlight on two gentlemen that have given many hours to the Salem Senior Citizen's Group and our community; Chris ***Newell and Tom Phillips***.

Chris has lived in Salem with his wife Lisa since 2016. They joined the Salem Seniors Citizen's Group in 2022. Chris is a veteran retiring from the U.S. Navy in 1990. From there he went on to manage the marina at the Groton Sub Base. In 2013 Chris went to work the Fishers Island Ferry District where he became a boat captain retiring in 2022 but stayed on in a part time capacity. He is a delivery driver for EL Care

and Share serving the residents of Salem and East Lyme delivering groceries to folks who can't get out. Chris also volunteers around Salem helping other seniors with household projects. He volunteers with TVCCA as a friendly driver for a few Salem Seniors taking them to and from appointments. Chris recently began delivering meals for "Meals on Wheels" to families in the Norwich area.

Tom and his wife Arlene have been a member of the Salem community since 2004. They joined the Salem Seniors Citizen's Group in 2022. Tom is a veteran retiring in 1996 after 20 years of service in the U.S. Navy. After leaving the Navy he spent 22 years working for the CT Dept. of Corrections. Tom enjoys tinkering in his garage working on the many projects along with his 3 sons.

Tom and Chris have volunteered their time to assist in many projects around our town. Both have assisted Joan Gaynor in her gardening projects at the Salem School. Chris by adding a border around the flower garden Joan renovated back in the fall of 2022 while Tom stepped up and help tear out the weeds in the court yard gardens behind the school in preparation for the Sprigs and Twigs landscaping company to do the planting. They both have given time to build flower boxes for the 2023 Memorial Day Celebration at the town green. Tom and Chris are among the regular group of volunteers assisting the VFW Post in Cemetery cleanup projects. This spring Tom has also volunteered this time by building a new bird house that will replace the old run-down one in the Court Yard behind Salem School. ***Chris and Tom, a great big Thank You and a Hearty Well Done!!!!***

BUS TRIP FLYER**BRONX ZOO****~ Sunday May 19, 2024 ~**

The BRONX ZOO is one of the largest wildlife conservation Parks in the world. It is home to some 10,000 animals Representing about 700 species from around the world, Many shown in their natural habitats and open ranges. Your TOTAL EXPERIENCE TICKET allows admission to Special rides and attractions, including the Butterfly Garden, Children's Zoo, Congo Gorilla Forest, Wild Asia Monorail, Jungleworld, and 4-D Theater. There are cafes and Food stands throughout the park for grabbing lunch, or you may bring your own from home. A fast-food stop at a highway travel plaza will be made On the way home for dinner.

<b>\$98 per adult</b>	<b>\$89 per child thru age 12</b>
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**Deluxe motorcoach transportation departing from:**

7:00AM NORWICH COMMUTER LOT

Laura Boulevard / RT 82 (Exit 11 from I-395)

7:45 AM CLINTON COMMUTER LOT

RT 81 across from Pectco (Exit 63 from I-95)

Returning 6:30 PM – 7:00 PM

*Checks made payable to***DARRELL LEN****PO Box 2141 Salem, CT 06420****860-884-2754****darrellsbus@gmail.com**

Please send payment by May 5, 2024

Refunds given afterward if a replacement is found

Include names, address, phone number, email &amp; departure location.

We travel rain or shine – The only exception is severe weather.

**LIONS AND TIGERS AND BEARS? OH MY!**