

SALEM CT SENIORS

NEWSLETTER

UPCOMING EVENTS

Birthdays ----- Page 2
 50/50 Raffle ----- Page 2
 Salem Art Space classes-----Page 2
 Health & Wellness ----- Page 3
 Provider Farms Produce-----Page 3
 BINGO----- Page 3
 Quilting, Crochet & Knitting -----Pages 3
 Garden Update ----- Page 3
 Salem Hikes and Walks-----Page 4
 Theatre, & Concerts-----Page 4
 Norwich Arts Center Events-----Page 4
 Garde Arts Center Events-----Page 5
 Niantic Bay Playhouse-----Page 5
 Bus Trips with Darrell-----Pages 5
 Other Group Tours-----page 6
 Other Town Senior Centers' Activities
 Available to Salem ----- Pages 14-15

THINGS IN THE WORKS

Strawberry Shortcake Booth -----Page 6
 Senior Fundraiser options-----Page 6
 Trunk or Treat GLFD-----Page 6
 Supplies for Teacher's Shelves----- Page 6
 Volunteer Fire Co Luncheon-----Page 6
 Mitchell Farms Bake Sale-----Page 6
 Pot Luck Dinner & Talent Show-----Page 7
 Sunday Bowling-----Page 7
 Mini Golf- at Camp Odetah----- Page 7
 Salem School Thanksgiving Lunch--Page 7

BLOOD DRIVE

Salem Volunteer Fire Dept.,
 424 Hartford Rd. Thursday, October 18th,
 11 AM – 4 PM. Call 1-800-733-2767 or
 visit RedCrossBlood.org and enter:
 SalemCT to schedule an appointment

VOLUNTEER OPPORTUNITIES

Gardner Lake & Salem Fire Dept -----Page7
 Mitchell Farms -----Page7
 Friends of the Salem Library (FOSL)--Page 7
 Lions Club -----Page 7
 Cemetery Clean-Up ----- Page 7
 Home Repair & Handy Man Skills-----Page 8
 Salem School----- Page 8
 Special Olympics CT Sailing Regatta--Page 8

COMMUNITY NEWS/THINGS TO DO

Farmers Markets----- Page 8
 Amnesty/Bulky Waste Days-----Page 8
 Salem Free Library
 --Museum Passes-----Pages 8-9
 --Discount Passes -----Page 9
 Salem Recreation Events----- Page 10
 Festivals/Fairs in our area-----Page 11-12

KEY TOWN EVENTS

TVCCA-----Page 13
 SCRRA-----Page 13
 Public Town Meetings-----Pages 13-14

THANK YOU

- Thank you to the Salem Volunteer Fire Dept. for providing a great BBQ buffet at our August Meeting. We are grateful for all you do for Salem and the Seniors.
- Thank you to Bart and Deb Drennen for the summer picnic bag that was raffled at our August Meeting.
- Thank you to our volunteer Chris Newell for their help with our members needing assistance with odd jobs.

HELP NEERED / NEED HELP?

CARE AND SHARE

- Are you looking for help or need assistance? Call 860-739-8502 or go to their web site: careandshareofel.org
- **FOOD BANK NEEDS**
 Care and Share is always in need of donations. Current needs are snacks for kids home for the summer and new or slightly used sturdy grocery size bags. If you can, please bring a non-perishable food item to our next meeting & all events.

LOOK WHAT'S HAPPENED

PHOTOS OF RECENT EVENTS

- RiverQuest Swallow Cruise on the *Onrust*-----Page 16
- Terris Theatre, *Hear You Come Again*-----Page 15

SALEM SENIOR BUSINESS REPORT

Senior Dues Increase for 2024----- Page 2
 Treasurer's Report, Sept. 2023-----Page 17

WELCOME NEW MEMBERS

Please welcome new members to the group. If you are sitting next to some-one you don't know please introduce yourself and welcome them.

If you or your group would like to advertise your event or function, please contact Joan Gaynor (salemtech53@yahoo.com, or call 860-449-3064) or Gary Closius (gclosius@sbcglobal.net, or call 860-961-9173).

REMINDERS

2023 ANNUAL DUES: Your \$5 Dues Are Past Due

SENIOR LUNCH: 1st & 3rd Tuesdays of each month, at 2Brothers Pizza, \$5 plus tip for the wait staff

MEETING SCHEDULE:

September 12, 2023 October 10, 2023
 November 14, 2023 December 12, 2023
WHERE: SALEM VOLUNTEER COMPANY FIREHOUSE
WHEN: SECOND TUESDAY OF THE MONTH
TIME: 10:30 AM
LUNCH PROVIDED AFTER MEETING

VISIT US ON:

FACEBOOK PAGE: [SALEM CT SENIORS](#)

CONTACT US:

EMAIL ADDRESS: salemctseniors@gmail.com

BIRTHDAYS/ANNIVERSARIES

SEPTEMBER BIRTHDAYS

Judy Aldrich	6 th	Sandy Swider	14 th	Frederick Rutka	16 th
Neurie Testagrossa	19 th	Jack Scaduto	21 st	Linda Flugrd	28 th

SALEM SENIORS NEWS

SALEM SENIORS INFORMATION AND NEWSLETTERS

Previous news letters can be found by using the following link to access the Town of Salem webpage: salemct.gov/salem-senior-citizens. When the webpage opens, click on the box that says **“Click here to check out our new Salem CT Seniors Newsletter”** then click on the month you want to see.

CHANGES IN THE YEARLY DUES

At the August meeting a discussion was brought to the membership that it’s getting more expensive to put on events and a motion was put to the floor to raise the yearly dues to \$10 (Ten Dollars). This was seconded and a unanimous vote was made to approve the raise in dues. This will take effect on January 1, 2024. Anyone who feels this is a strain on their financial budget can see any one of the executive board members to discuss in private.

50 / 50 RAFFLE FOR SENIORS HELPING SENIORS FUND

Reminder: During our monthly meeting we hold a 50 / 50 raffle. Half of the proceeds go to the winner and the other half go to a **“Seniors Helping Seniors Fund”** to subsidize trips, activities etc. The cost is \$1 per raffle ticket or 6 tickets for \$5. **(See Joan Gaynor at the meeting)**

This meeting a **Summer Picnic Bag** was donated to the group by Bart and Deb Drennen. A separate raffle was held and the proceeds were deposited into the Seniors helping seniors fund. It was also decided that other such raffles will occasionally be held during the course of the year to help raise funds.

August Meeting Raffle Winner: 50 / 50 Raffle: Judy Aldrich won \$52.

The Summer Picnic Bag raffle was won by June Mainella.

SALEM ARTSPACE

Dawn Shumbo of Salem ArtSpace will resume art classes after our September meeting. The project for this month will be painting a Hibiscus to demonstrate our support for those affected by the tragedy in Maui, Hawaii. It is expected that the class will end around 2:00-2.30 PM. The cost per person is \$15 for product and paint. An additional weekday class from 2:30-4:30 is being considered if there is enough interest. **Contact / RSVP to Kay Zak at: 860-889-3989 or e-mail at: kayzak@hotmail.com.** A minimum of 4 people is needed to run a class.



HEALTH AND WELLNESS

MUNICIPAL MEDICAL TRANSPORTATION SERVICE

The Caregiver Mileage Reimbursement and Medical Transportation program is for adults 60+ and persons with disabilities who are unable to drive and need transportation to a medical appointment. To access this service contact: Salem Agent of the Elderly at 860-859-3873 X 125. They will provide all program and eligibility information. **Use the following link to view the Guidelines for the Municipal Medical Transportation Service: salemct.gov/sites/g/files/vyhlf4966/f/uploads/transportation_fy22_packet_0.pdf.**

HEALTH AND WELLNESS (continued)

FLU VACCINATIONS

Flu season is right around the corner. The Salem Health Mart Pharmacy will provide Flu vaccinations during our October meeting. The vaccines for COVID and RSV (Respiratory Syncytial Virus) may also be available as well. **Be sure you have your insurance and Medicare Health Insurance cards with you.** You can also make an appointment with your own physician.

211 INFOLINE HELP

For detailed information about what 211 can provide, go to our April, May or June newsletters. See **Salem Seniors** information on this page for the link to the town website and our newsletters.

UPCOMING EVENTS & THINGS TO DO

PROVIDER FARMS VEGGIES FOR SALE AT OUR MEETING

Provider Farms will have produce at the monthly meeting for sale. They give the seniors a 10% discount at the meeting. A list of what will be available will be posted on Facebook when we get the list of what is available at that time.

BINGO

The next game will be held on **Thursday September 28th, cards go on sale from 12:30 to 12:55 PM and the game starts promptly at 1 PM** in the Salem Volunteer Fire Company firehouse back meeting room.

Ticket prices are as follows:

- \$1 per card, or buy 5 and get the 6th card free.
- 12 games will be played with the last game being a "Fill-The-Card" game.
- The total \$\$ taken in will be divided by 13 rounding down to the nearest \$ and will be the prize money for games 1 through 11, the remaining money is the prize money for the "Fill-The-Card" game.

*The BINGO coordinators are: **Neurie Testagrossa and Michelle Horan.** If anyone is interested in volunteering, please contact **Neurie at 860-884-4902 or e-mail: nunusobx@gmail.com, or Michelle at 860-303-5023 or e-mail: horan.micheller@gmail.com.***

QUILTING

The Busy Bee Quilters meet at the Salem Library from 10:00-4:00pm on the second Wednesday of the month. Items are made to be sold at the library, throughout the year with the profits going to The Friends of the Library. The Charity/Community Quilters meet on the 1st and 3rd Fridays of the month from 10:00-3:30pm. Quilts, pillowcases and other items are donated to area non-profits including L&M Hospital, Safe Futures and Waterford Country School. Due to Library availability call **Deb Drennen at 860-222-8396** to verify they will be holding a meeting and if more information is needed.

CROCHET - KNITTING

A knitting and crocheting circle will be held every Thursday at the Library 10:00 AM – Noon. **Janet Griggs** is available to give lessons on the craft of knitting and crocheting.

GARDENING TEAM

Now that the courtyard garden refurbishment at the Salem School is complete, Joan Gaynor has set her sights on weeding the playscapes. Any and all help is welcome. **If you want to help at the school, please contact Joan Gaynor at salemtech53@yahoo.com. Or call Joan at 860 449-3064**

UPCOMING EVENTS & THINGS TO DO (continued)

SALEM HIKES AND WALKS

Our Last hike of the Summer:

September 20th: Banning Woods, Lyme, Rt. 82 go right (sign to ferry is straight ahead) 19 Town St. is on right – Wooded trails, with short hill climb we could add or avoid. Included is field of former farm land. 2-3 miles.

Depending on participants ability, hikes could be split into 2 groups to be a walk with or without wooded inclines.

REQUIREMENTS: Wear sturdy shoes or hiking boots/shoes. Bring water for 2 hours exploration.

STRONGLY SUGGESTED: Hat/head covering, Sunscreen, Energy bar or other high energy snack, Walking stick or trekking poles.

THEATRE, CONCERTS, & CRUISES

- **GOODSPEED OPERA HOUSE SHOWS** – 6 Main St, East Haddam Ct – *(12 tickets left)*

PLAY	DATE	TIME	COST	Deposit	BALANCE DUE
<i>Dreamgirls</i>	Saturday December 9 th	3:00 PM	\$82.50	\$40	September 30 th

- Deposit or payment in full paid upon reservation any balance due prior to event date (see table above)
- *We have limited seats and they sell out quickly so please RSVP as soon as possible to Kay Zak at kayzak@hotmail.com.* Mail your money to Kay Zak, 294 Hartford Road, Salem, CT 06420.

- **MITCHELL FARM MUSIC FESTIVAL** – RT 82 SALEM, CT SATURDAY, SEPTEMBER 16TH

NEW TICKET PRICE \$25 FOR SENIORS

Laurel Canyon & Broken Arrow



Enjoy the magic of 70's music surrounded by peaceful grazing horses at this outdoor tented charitable event. Be transported by a masterful, day long tribute to the music of ***Crosby, Stills, Nash and Neil Young*** with ***Laurel Canyon*** and ***Broken Arrow***.

Tickets on sale May 1st. mitchellfarm.org/events.

TICKET PRICE FOR SENIORS SLASHED, NOW \$25.

Salem Senior's get your tickets through us and pay \$25 contact Kay Zak: 860 889-3989, or kayzak@hotmail.com.

Gate opens at 1:30 PM. Music begins at 2:30 PM. Bring a lawn chair, picnic if you like, food vendors available. Come early and let's have a senior section at the concert.

NORWCH ARTS CENTER NORWICH

- **UPCOMING EVENTS AT THE NORWICH ARTS CENTER (62 Broadway, Norwich)**

- ***The Chris O'Leary Band***, Wednesday Sept 13th, 7:30 PM. Adults \$25, seniors/military/students \$23, members \$20.
- ***The Traveling Troupe***, A celebration of new short plays by talented New England Playwrights, Saturday, October 7th, 7:30 and Sunday, October 8th, 2 PM. Adults \$16 seniors/military/students \$15, members \$14.

Contact Norwich Arts Center: Phone: 860-887-2789, or e-mail: administration@norwicharts.org.

Order tickets by visiting the Norwich Arts Center website: norwicharts.org.

UPCOMING EVENTS & THINGS TO DO (continued)

GARDE ARTS CENTER, NEW LONDON

● **UPCOMING EVENTS AT THE GARDE ARTS CENTER (325 State St, New London)**

- **A.J. Croce performs Croce Plays Croce**, Thursday, September 14th, 7:30 PM.
- **The Music of ABBA, Direct from Sweden**, Sunday, September 17th, 7:00 PM
- **Bruce Hornsby & the Noisemakers Spirit Trail 25th Anniversary Tour**, Thursday, September 21st, 7:30 PM.
- **Eric D'Alessandro**, Friday, September 22nd, 8:00 PM.
- **Kurt Vile and the Violators with special Guest Joanna Sternberg**, Saturday, Sept 23rd, 8:00 PM.
- **World Ballet Series, Cinderella**, Sunday, September 24th, 6:00 PM.
- **The Moth True Stories Told Live**, Friday, September, 29th, 8:00 PM.
- **Manhattan Short**, Sunday, October 1st, 3 PM. **Manhattan Short** is the only film festival of its kind where you are the judge with audiences around the world during a one-week period choosing the Best Short Film and Best Actor awards. These are movies you can only see on the giant screen!

For tickets contact the box office Monday thru Friday from 10 AM to 5 PM & two hours prior to ticketed performances, by calling 860-444-7373 ext. 1, or by visiting the Garde Arts Center website:

gardearts.org/events/.

NIANTIC BAY PLAYHOUSE, NIANTIC

● **UPCOMING EVENTS AT THE NIANTIC BAY PLAYHOUSE, 279 Main Street, Niantic, CT**

- **Steel Magnolias**: October 20th – November 4th.
- **A Christmas Carol**: December 1st – 17th.

Tickets: Go to the website at this link nianticbayplayhouse.org/ for more details.

Tickets can be purchased by calling: 860-850-5072, e-mail: info@nianticbayplayhouse.org, or on-line by using the following link: nianticbayplayhouse.org/ticket-sales.

BUS TRIPS

● **Darrell Len Bus Trips**

We have been in contact with Darrell Len who runs both day and overnight bus trips. Trips are available on a first come first served basis. See below for a listing of the trips he is offering.

- **The Big E**, Eastern States Exposition, West Springfield, MA. **Sunday October 1st**, \$78.00 per person includes motorcoach and fair general admission.
- **Haunted Happenings**, Salem, MA, Saturday October 28th, \$78.00 per person. Come join us for the ultimate Halloween experience! To assist in planning your visit, go online to hauntedhappenings.org.
- **New York City**, Saturday, September 30th, and Saturday, December 2nd, \$78.00 per person. The bus will make numerous stops, allowing you to disembark throughout uptown, midtown or downtown Manhattan. Spend the day at your leisure pursuing an activity that is unique to only the Big Apple – Broadway shows, ethnic restaurants, museums, city tours, and so much more!

Contact Darrell Len P.O. Box 2141, Salem, CT 06420, e-mail: darrellsbus@gmail.com, or call: 860-884-2754 to get departure, and return locations and times, payment instructions and other information.

UPCOMING EVENTS & THINGS TO DO (continued)

BUS TRIPS (continued)

• OTHER GROUPS THAT HAVE TOURS

- Tours of Distinction Trips: call (800) 426-4324, Website: toursofdistinction.net/.
- Colchester Senior Center trips: call 860-437-2385, or go to their website: colchesterct.gov/senior-center/pages/travel-opportunities.
- East Lyme Senior Center trips: call 860-537-3911, or go to their website: eltownhall.com/community/senior-center/trips/.
- New London Adult Education: call 860-437-2385, or go to their website: enrichment.newlondonadulthood.org/CourseCatalog/categoryView.asp?id=679.

THINGS IN THE WORKS

STRAWBERRY SHORTCAKE BOOTH

The Seniors are considering taking over the strawberry shortcake from the Historical Society during the Memorial Day Parade. Mary Cikatzen has volunteered to head the committee but she needs members to help with research and decision making. *If you are interested in serving on the strawberry shortcake contact Mary Cikatzen, e-mail: mcikatzen@yahoo.com, or call: 860-287-7275.*

SENIOR CITIZEN'S GROUP FUNDRAISER COMMITTEE

• Fundraising Committee

We are looking to form a committee to investigate and develop fundraising opportunities to raise money for the Senior's Group's activities.

• Learn to Make Asian Dumplings from Attorney General Tong's mother Fundraiser.

The Seniors Group is planning a fundraiser after the first of the year (date to be determined). AG Tong has offered to have his mother teach how to make Asian dumplings. We need volunteers to help. *If you are interested in helping contact Kay Zak, e-mail: kayzak@hotmail.com or call: 860 889-3989.*

GARDNER LAKE VOLUNTEER FIRE COMPANY TRUNK OR TREAT - OCTOBER 2023

The Gardner Lake Fire Department is looking for volunteers to decorate their vehicles and participate in the Trunk or Treat for October. *If you are interested in participating contact Joan Gaynor Joan Gaynor, e-mail salemtech53@yahoo.com, or call 860-449-3064.*

SUPPLIES FOR THE SALEM SCHOOL TEACHERS' SHELVES - FEBRUARY 2024

The Seniors are planning to collect school supplies for the Salem School teachers to be presented at the Valentine's Day luncheon again this school year. This will be discussed at the next Senior's meeting.

HOLIDAY LUNCHEON TO HONOR THE SALEM VOLUNTEER FIRE COMPANY

The Seniors would like to honor the Fire Company and talks are in the works to confirm the date & time.

SENIOR SPONSOR MITCHELL FARMS BAKE SALE

The Senior's planning to hold a bake sale at the Mitchell Farm Fall Festival on October 28th. Volunteers are needed to man the tent and make goods to be sold. All the proceeds will be donated to the Mitchell Farm Equine Retirement Home for Horses. Admission to the Festival is free. All items for sale must be separately wrapped. Bring your specialty or purchase a baked good to be sold. If you don't bake all donations are welcome. This will be discussed at the next Senior's meeting. *If you are interested in helping or baking contact Kay Zak, e-mail: kayzak@hotmail.com or call: 860 889-3989.*

THINGS IN THE WORKS (continued)**POT LUCK DINNER AND TALENT SHOW**

The Pot Luck Dinner and Talent Show was a hit this past year so planning is beginning for the next one. *If you are interested in helping contact Kay Zak, e-mail: kayzak@hotmail.com or call: 860 889-3989.* This will be discussed at the next Senior meeting.

SUNDAY BOWLING AT NORWICH TEN PIN

The Seniors are planning to go bowling again at the Norwich Ten Pin on their Sunday Special. *If you are interested contact Michelle Horan at 860-303-5023 or e-mail at: horan.micheller@gmail.com.* This will be discussed at the next Senior meeting.

MINIATURE GOLF AT CAMP ODETAH BOZRAH CT

The Seniors are planning a miniature golf event to be held at **Knolls & Holes Miniature Golf & Ice Cream in Camp Odetah** 38 Bozrah St Extension #1300, Bozrah. The cost would \$8 per person discounted for this event. Their 18-hole championship mini golf course offers demanding play with true adventure style mini golf. Water hazards, sand traps and extreme course contours. *If you are interested contact Michelle Horan at 860-303-5023 or e-mail at: horan.micheller@gmail.com.* This will be discussed at the next Senior meeting.

SALEM SCHOOL THANKSGIVING LUNCHEON

A Thanksgiving luncheon is being planned. The Executive Committee will be discussing this with the school principal and staff. More information will be coming.

VOLUNTEER OPPORTUNITIES**GARDNER LAKE AND SALEM VOLUNTEER FIRE COMPANIES**

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of **ALL AGES**.

- Salem Volunteer Fire Company – NON-EMERGENCY PHONE: 860-859-0942
- Gardner Lake Fire Company – NON-EMERGENCY PHONE: 860- 859-1743

Website: gardnerlakevolunteerfirecompany.com/home.

MITCHELL FARM EQUINE RETIREMENT

The Retirement Horse Farm is looking for help. *Contact Dee Doolittle 860 303-8705, or email dee@mitchellfarm.org.*

FRIENDS OF THE SALEM THE LIBRARY

The Friends of The Salem Library could always use help sorting books for the book sale, and with the book sales. *If you would like to help, contact Carl Nawrocki at 860-608-9970, or Bart Drennen at 860-235-5889.*

LION'S CLUB

The Lions are looking for volunteers. *Contact John Houchin at 860-887-2518 (home) or 860-705-1227 (mobile), or Hugh McKenney at 860-303-0042 (mobile).*

CEMETERY CLEAN-UP

The Salem VFW is always looking for help to clean up the cemeteries. Bring your gloves, weedwhacker, mower, rakes and tarps. *Watch the Facebook website for future dates on other cemetery clean up opportunities.*

VOLUNTEER OPPORTUNITIES (continued)

HOME REPAIR AND HANDY-MAN SKILLS

Would you like to volunteer, or do you need help? Please let us know:

- What your skills are and / or what you can help with?
- What your needs are? (i.e., pull a pool cover on in summer; reset a knocked down mailbox; change the oil in a lawn mower; etc.).

If you are interested in helping or have a need contact Kay Zak at: 860-889-3989 or e-mail at: kayzak@hotmail.com.

SALEM SCHOOL

Volunteers are always welcome at **Salem School**. Anyone interested in volunteering can mail the volunteer form (which lists volunteer options) to Jennifer Kayser, Executive Assistant to the Superintendent, Salem School District, 200 Hartford Rd. Salem, CT. Use the following link to go to the Salem School website: salemschools.org. Put the cursor over the **"Our School"** tab, & click on the **"Forms tab"** to access the form.

SPECIAL OLYMPICS CT (SOCT) SAILING REGATTA

Several members of the Salem Seniors Group will be helping SOCT put on their Unified Sports Fall Festival Sailing Regatta at the Wadawanuck Club in Stonington Borough. The afternoon of Friday September 8th will be set up. On Saturday, September 9th the tasks will be grilling hamburgers and hot dogs, assisting the SOCT staff serve lunch for the athletes and families, clean up, and whatever else needs doing.

COMMUNITY NEWS YOU CAN USE

LOCAL FARMERS MARKETS

● **COLCHESTER FARMERS MARKET**

Colchester Farmers Market open on Sundays starting on Father's Day June 19th through October 15th from 9:00 AM to 1:00 PM. Located on the Colchester Green, 97 Hayward Avenue.



● **BOZRAH FARMERS MARKET**

Bozrah Farmers Market open Fridays starting on July 14th – October 13th from 4 PM – 7 PM.

Located at 45 Bozrah St, Bozrah

- Friday September 15th, Chocolate Night
- Friday September 22nd, Classic Car Night
- Friday September 29th, Garlic Festival



SALEM TRANSFER STATION AMNESTY/BULKY WASTE DAYS

Amnesty / Bulky Waste Days will hold on May 13th, May 14th and May 17th. Do not bring mattresses, metal or electronics on Amnesty/Bulky Waste Days. These items are free. Bring them any other day.

SALEM FREE PUBLIC LIBRARY

NEWS & EVENTS

● **THE SALEM FREE PUBLIC LIBRARY OFFERS MUSEUM PASSES**

- **Connecticut Old State House**, Hartford.
- **Connecticut River Museum**, 2 adults and their children or grandchildren under 18.
- **CT State Parks Dinosaur State Park, Gillette Castle, Fort Trumbull** (this pass waives entrance fees for 2 adults and 4 children at the museums.
- **Custom House Maritime Museum**, New London 2 free admissions.

COMMUNITY NEWS YOU CAN USE (continued)

SALEM FREE PUBLIC LIBRARY (continued)

NEWS & EVENTS (continued)

● **THE SALEM FREE PUBLIC LIBRARY OFFERS MUSEUM PASSES (continued)**

- Denison Pequotsepos Nature Center, mystic free admission for up to 5 persons
- Florence Griswold Museum, Old Lyme admits 2 adults and 2 children under 12 free
- Lyman Allyn Art Museum, New London, Free admission for 2 Adults and 2 Children ages 0-12
- New Britain Museum of American Art, Free admission for 4 people 1 adult must accompany children under 16. (Closed Mondays and Tuesdays)
- USS Constitution Museum Boston, MA (Free up to 9 people per pass)
- Wadsworth Atheneum Museum of Art, Hartford CT Free General admission for 2 adults

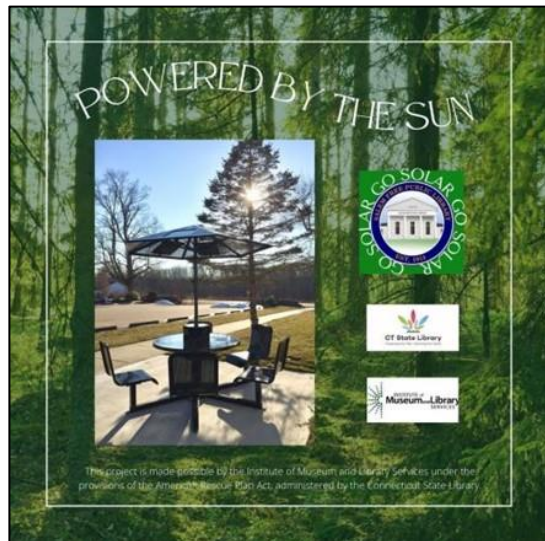
● **DISCOUNTED ADMISSION PASSES:**

- Beardsley Zoo, Bridgeport, Valid for \$9 admission per person for up to 6 people in same family
- Mystic Seaport Museum, Mystic 50% off admission for 2 adults and 3 children
- Roger Williams Zoo, Pass valid from March 1st through December 21st, \$3 off each paid admission tickets, for up to 4 people. Discount code redeemable online only.

Use this link to view what they have to offer and pass availability: salemct.gov/library/pages/museum-passes.

● **POWERED BY THE SUN**

Come enjoy our new outdoor solar picnic table located on the south side of the library building. USB ports powered by the sun will charge your devices while you breathe in the fresh air!



● **LIFE ON THE HIGH SEAS**

Saturday, September 9, 2023 @ 11:00 a.m.
Call 860-859-1130 to register.

Norwich native, Allison Black, spends weeks at a time each year at sea searching for marine life as a contracted Seabird/Marine Mammal Observer for the National Oceanographic and Atmospheric Administration (NOAA).

Join us for her presentation where she'll talk about life aboard a research vessel, the research she contributes to, and what we can learn from studying marine animal occupancy and distribution.

She'll also speak about related careers in marine biology and share tips and tricks for seawatching from a boat.

Sponsored by the Bobbie Ziegler Memorial Fund

There are a number of story times, and a variety of other programs available. Use the following link visit the Salem Town Webpage for the Library at: salemct.gov/library.

TO REGISTER CALL THE LIBRARY AT 860- 859-1130 (some events may be filled or will have limited participation).

For additional information use the following link visit the Salem Town Webpage for the Library at: salemct.gov/library.

COMMUNITY NEWS YOU CAN USE (continued)

SALEM RECREATION DEPARTMENT

● **ADULT CO-ED PICKLEBALL**

● **PILATES SESSION III**



Monday Evenings, 5:30 - 6:30 PM
 September 11th to October 30th
 Salem Volunteer Fire Company
 424 Hartford Road

FEE: \$50 Resident; \$55 Non-Resident
 Registration: recreation@salemct.gov
 or call: 860 859 3873, x275

● **ROUNDHILL WILDLIFE GARDEN**



Special Thanks to Veronika & her Team for volunteering to help us beautify the area and support our pollinators!

Visit the Roundhill Wildlife Garden in the works at the Round Hill Road Baseball Fields, located just outside the fence near the playground.

You can also keep up-to-date virtually, at:
[fb.com/roundhillwildlifegarden](https://www.facebook.com/roundhillwildlifegarden)

For additional information on activities provided by the Salem Recreation Commission please visit their website at salemct.gov/recreation.

● **FIND YOUR FOOTPRINT!
 MEDALLION PROJECT**



Hike, Explore and Enjoy our Town's trails while searching for your 2023 Footprint!

Darling Road Preserve • Zemko Sawmill Preserve
 Multi-purpose Harris Brook Trail • Walden Preserve
 Smuggler's Rock Preserve • Tatson's Woods Preserve

**And, let us know when you've found one!
salemct.gov/recreation/footprintproject**

According to our records, past footprints are still out there waiting to be found!



It's never too late to report your found footprint!

Special Thanks to THE RED HOUSE cultural arts center and all of our Volunteers!

● **DISC GOLF COURSE GRAND RE-OPENING**



Ribbon Cutting Ceremony
 Monday, September 18th, 6:30 PM
 Bob Appleby Fields at Volunteer Park
 24 Forsyth Road

● **SALEM SURGE SOCCER CLUB & YOUTH BASKETBALL REBOOT HUDDLE II**

Friday, September 29th, 5:30 PM @
 Salem Town Hall



For the curious to the interested, please join us for our second huddle to share thoughts, ideas and next steps!



COMMUNITY NEWS YOU CAN USE (continued)

FESTIVALS AND FAIRS IN OUR AREA

● **OP SAIL CT MARITIME HERITAGE FESTIVAL 2023 FORT TRUMBULL, NEW LONDON CT**

September 9th – 10th

This fest promotes Connecticut’s maritime heritage from an ideal vantage point of New London's waterfront. Guests can take tours aboard U.S. Navy and U.S. Coast Guard ships and historic schooners; watch a Coast Guard search and rescue demonstration; celebrate at a Captains and Crew welcome party; explore the Family STEM and Infotainment Zone and Family Arts & Fun Zone; see the burning of "Benedict Arnold" by costumed reenactors; and enjoy live music and chowder.



● **THE BIG E: WEST SPRINGFIELD, MA**

September 15th – October 1st,

Connecticut day – September 20th,

LOCATION: Eastern States Exposition

1305 Memorial Avenue, West Springfield, MA



ADMISSION

BEST VALUE! FULL SEASON PASS

17-Day Admission

Adults – \$70, Children (6-12) – \$35

DAILY ADMISSION

Adults – \$20, Children (6-12) – \$12, 5 & Under – Free

GATE DISCOUNTS

OPENING DAY – SEPTEMBER. 15th

Be A Kid For A Day – All ages \$12

SENIOR DAYS

\$16 (60 and over) Sunday – Thursday

ELEVEN-AFTER-FIVE

\$11 after 5 PM Sunday – Thursday

MILITARY APPRECIATION DAY – SEPTEMBER. 15th

Free admission is provided, with a veteran or military ID, to:

- Active duty and retired military personnel
- Dependents of active-duty military personnel
- Veterans (no dependents)

MIDWAY

- Midway Magic Pass Wristband – \$35 Monday – Friday
- 26 tickets on the weekends

Visit thebige.com/p/generalinfo/bigeinfo for additional information.

● **Hebron Harvest Fair**

September 7th-10th

LOCATION: Hebron Lions Fairgrounds, 347 Gilead St, Hebron CT



ADMISSION

General – \$15 (ages 13+)

Active Military – Free with ID (just stop by the ticket booth for a free ticket)

Children – Age 12 & under are Free

Military Family Members – \$2.00 discount with ID.

Seniors – Age 65+ FREE from Noon to 4 PM

Veterans – \$2.00 discount with ID.

Ride Bracelets – \$30

Parking – \$5.00 (Free before 4 PM)

Visit hebronharvestfair.org/ for additional information.

COMMUNITY NEWS YOU CAN USE (continued)

FESTIVALS AND FAIRS IN OUR AREA (continued)

● **Connecticut Renaissance Faire 2023, 25th Anniversary Celebration!**



LOCATION: Lebanon Fairgrounds, 122 Mack Road, Lebanon, CT

**September 2nd – October 5th, every Saturday and Sunday, plus Labor Day,
10:30 AM – 6 PM**

Step back in time to a 16th-century harvest festival at Connecticut Renaissance Faire’s 25th anniversary celebration! Catapult your family into the past at Connecticut Renaissance Faire. Enjoy a Medieval Marketplace, ancient music, traditional dances, birds of prey in flight, archery, a kingly feast. Costumes encouraged but not required. Come as you are or as you wish to be. Pets allowed. Dogs must have proof of rabies vaccination for entry.

ADMISSIONS

GENERAL – ages 16+, \$16

YOUTH – ages 7-15, \$10

(youth must be accompanied by an 18+ adult)

CHILD – FREE

(ages 6 & under do not require a ticket to enter the Faire)

PET – \$5

(pets welcome, proof of dog's rabies vaccination required, service dogs free)

GENERAL SEASON PASS – \$68, ages 16+

YOUTH SEASON PASS – \$45, ages 7-15

PET SEASON PASS – \$25

PARKING – FREE

● **OTHER FAIRS IN OUR AREA**

- **Haddam Neck Fair** – September 1st-4th
- **Woodstock Fair** – September 1st-4th
- **Goshen Fair** – September 2th-4th
- **North Haven Fair** – September 7th-10th
- **Wapping Fair** – September 7th-10th
(South Windsor CT)
- **Bethlehem Fair** – September 8th-10th
- **Four Town Fair** – September 14th-17th
(Host town for the fair this year is Ellington CT)
- **Berlin Lions Agricultural Fair** – September 14th-17th
- **Orange Country Fair** – September 16th-17th
- **Guilford Fair** – September 15th-17th
- **Durham Fair** – September 21st-24th
- **Wolcott Country Fair** – September 22nd-24th
- **Harwinton Fair** – October 6th-8th
- **Portland Fair** – October 6th-8th
- **Riverton Fair** – October 13th-15th

COMMUNITY NEWS YOU CAN USE (continued)

THAMES VALLEY COUNCIL FOR COMMUNITY ACTION (TVCCA)



CONNECTION = Volunteering & Veterans Coffeehouses

Now more than ever community support is so important and impactful! AmeriCorps Seniors offers the support someone needs to remain living at home. Our volunteers lend a hand with grocery shopping needs, visiting, phone reassurance or local medical rides. If you are 55+ contact us to hear how your help may improve the quality of life of an elderly or disabled person by volunteering to help a neighbor in your community.



Our volunteers are here for the community! Our services are available free of charge to seniors or disabled people that are homebound and need help with grocery shopping, medical rides, and visiting.

Contact: Renee LaBonte, Program Coordinator of Senior Volunteer Services at 860-425-6608 or e-mail: rlabonte@tvcca.org.

Visit our website at tvcca.org or facebook.com/TVCCArsvp/.

Connect with veterans! TVCCA hosts monthly veteran coffeehouses to meet and socialize with other veterans and their spouses and receive information about veteran benefits and services. We host coffeehouses in Groton, Mystic, New London, Pawcatuck, Norwich, and Montville.

Contact James Hodge, Veterans Coffeehouse Coordinator at 860-425-6615 or e-mail: jhodge@tvcca.org.

THE SOUTHEASTERN CT REGIONAL RESOURCES RECOVERY AUTHORITY (SCRRRA)

SCRRRA is the waste management and recycling authority for the twelve member municipalities of East Lyme, Griswold, Groton, Ledyard, Montville, New London, North Stonington, Norwich, Preston, Sprague, Stonington, and Waterford.



2023 Household Hazardous Waste and Confidential Paper Shredding Schedule.

- **Saturday, Sept. 16th – 9:00 AM – 1:00 PM**, Wheeler High School, 297 Norwich-Westerly Rd., North Stonington
- **Saturday, Oct. 7th – 9:00 AM – 1:00 PM**, Griswold High Way Garage, 1148 Voluntown Rd. (Rt. 38), Griswold
- **Saturday, Nov. 4th – 9:00 AM – 1:00 PM**, Ledyard High School 24 Gallup Hill Rd. Ledyard
- **FOR A DETAILED LIST OF ACCEPTABLE ITEMS SEE THE TOWN WEBSITE OUR JUNE NEWSLETTER AT: saalemct.gov/salem-senior-citizens**

PUBLIC TOWN MEETINGS FOR SEPTEMBER

- | | |
|--|--|
| <ul style="list-style-type: none"> • Board of Selectmen,
September 5th, 7:00 PM • Inland Wetlands & Conservation Commission,
September 5th, 7:00 PM • BOE Personnel/Contract Negotiations,
September 11th, 6:00 PM • BOE Long-Range Educational Planning,
September 11th, 5:00 PM • Board of Education,
September 11th, 7:00 PM | <ul style="list-style-type: none"> • Board of Finance,
September 14th, 7:00 PM • Gardner Lake Authority,
September 14th, 7:00 PM • Recreation Commission,
September 18th, 7:00 PM • Economic Development Commission,
September 19th, 7:00 PM • Board of Education Policy,
September 25th, 5:00 PM |
|--|--|

COMMUNITY NEWS YOU CAN USE (continued)

PUBLIC TOWN MEETINGS FOR SEPTEMBER (continued)

- **Library Board of Directors**
September 12th, 6:00 PM
- **Emergency Preparedness Agency,**
September 12th, 7:00 PM
- **Planning and Zoning Commission,**
September 12th, 7:00 PM
- **BOE Curriculum,**
September 25th, 6:00 PM
- **Planning & Zoning Commission**
September 26th, 7:00 PM
- **Zoning Board of Appeals,**
September 28th, 7:00 PM

Use the following link to go the Town Public Meeting Calendar:
salemct.gov/calendar-by-event-type/16/month/2023-09

SENIOR CENTERS / ACTIVITIES AVAILABLE TO SALEM RESIDENTS

COLCHESTER SENIOR CENTER NEWS

Colchester has invited Salem Seniors to join their group. There are yearly dues of \$15 which will get you on their newsletter e-mail list and provide you the ability to participate in any of their activities. They are located at 95 Norwich Avenue, Colchester, CT 06415. Phone: 860-537-3911. **To check out their newsletter, use the following link: colchesterct.gov/senior-center/pages/newsletter**

The Colchester Senior Center has so much to offer. They serve adults (ages 55 and over) from Colchester and surrounding communities with programs and services to meet every interest and ability.

Use the Colchester Senior Center webpage to view Available Programs & Services and other information by using the following link: colchesterct.gov/senior-center/pages/programs-services

EAST LYME SENIOR CENTER NEWS

East Lyme offers Salem Seniors **55+** the opportunity to participate in any of their activities. There is no annual fee to belong. Call their office at 860-739-5859 to get on their e-mail mailing list. **Use the following link to go the East Lyme Senior Center webpage to view Available Programs & Services, Regularly Occurring Programs, and a host of other information: eltownhall.com/community/senior-center/.**

The Senior Center plans events on a monthly basis. See the Monthly Brochure for a detailed schedule. **To view their newsletter “The Courier” at: eltownhall.com/community/senior-center/ scroll down to News for “The Courier”.**

• **EAST LYME SENIOR CENTER OVER THE HILL HIKING GROUP:**

- | | |
|---|---|
| Sep 1st – Banning Woods, Old Lyme – Easy
Leader: Cindy | Sep 8th – Hammonasset Beach, Madison – Easy
Leader: Heidi |
| Sep 15th – Johnston Preserve, Lyme – Moderate+Hills
Leader: Karen & Heidi | Sep 22nd – Avery Farm, Ledyard – Easy+Rocks
Leader: Cindy |
| Sep 29th – Adkinson Preserve, Gales Ferry – Easy/Moderate
Leader: Barry | |

• **EAST LYME SENIOR CENTER OFFERS DAY TRIPS.**

Trips depart from Old Lyme, East Lyme, and Waterford. **For more details or to register call 860-739-5859 or use the following link to go to the East Lyme Senior Center webpage: eltownhall.com/community/senior-center/trips/.**

For additional information about their trips visit eltownhall.com/community/senior-center/trips/

SENIOR CENTERS / ACTIVITIES AVAILABLE TO SALEM RESIDENTS (continued)

NEW LONDON ADULT EDUCATION

● **NEW LONDON ADULT EDUCATION OFFERS DAY TRIPS.**

Trips depart from Shaw’s Cove Three. For more details or to register call 860 437-2385 or use the following link to go to the *New London Adult Education webpage*:

Office Hours are: 8 AM – 4 PM, Mon-Fri and 6 PM – 8 PM, Mon-Thurs

enrichment.newlondonadulthood.org/CourseCatalog/categoryView.asp?id=679

➤ **DAY TRIPS**

- **Covered Bridges of New Hampshire including a luncheon at the Inn at East Hill Farm, Troy, NH – Thursday September 21st.** The cost \$130 per person.
- **Jack-O-Lantern Spectacular at the Roger Williams Park Zoo with free time at Providence Place Mall for an early dinner (on own) and shopping – Providence RI Sunday October 29th.** The cost \$95 per person.

Made in Vermont – Begin at Grafton Village Cheese in Brattleboro with Lunch at The Marina along the river in Brattleboro. Enjoy beautiful views and great food. The Vermont Country Store in Rockingham has something for everyone Saturday October 14th. The cost \$130 per person.

LOOK WHAT’S HAPPENED
PHOTOS FROM RECENT SALEM SENIOR’S ACTIVITIES

Terris Theatre – Here You Come Again

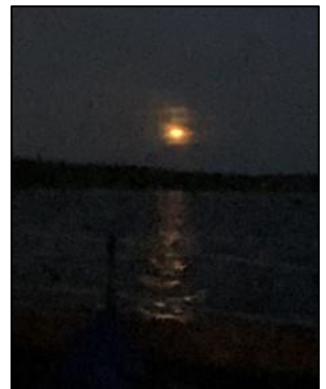
Twenty Seniors attended show Here You Come Again at the Terris Theatre. A great time was had by all.



LOOK WHAT'S HAPPENED
PHOTOS FROM RECENT SALEM SENIOR'S ACTIVITIES *(continued)*

RiverQuest Swallow Cruise on the Onrust

Nine Seniors attended a Cruise to observe the swallow murmuration on the Connecticut River aboard the **Onrust**, a re-creation of the vessel Adriaen Block built in 1614. The beautiful evening, the beautiful sunset and the magnificent Blue Super Moon was enjoyed by all.



OFFICERS:

President: Gary Closius

Vice President: Mary Cikatz

Salem Agent for the Elderly: Agnes Miyuki

Treasurer: Michelle Horan

Secretary: Jeanette Girard

Communications Liaison: Joan Gaynor

Activities Coordinator: Kay Zak

Newsletter Editors: Joan Gaynor/Gary Closius

SALEM SENIORS TREASURER'S REPORT -SEPTEMBER 04, 2023

Salem Seniors Treasurer's Report -Sept 04, 2023

Submitted by - Michelle Horan

Checking Account

Balance forward	3330.16
Deposit - Dues	10.00
Deposit - Donations	113.60
Deposit - Trip payments	1186.70
Debit- Reimbursed Cancelled Trip Fees*	297.00
Debit- Ice Cream for August BBQ meeting^	104.00
Debits- Mitchell Farms Concert- 31 tickets#	775.00
Ending Balance	3464.46

Savings Account

Balance forward	5489.15
Credit-Cancel Block Island Trip Reimburse	297.00
Credit-Cancel CT River Museum trip #1 payment	593.60
Credit-CT River Museum trip #2 unsold tickets	225.00
Interest	0.05
Ending Balance	6604.80

Savings Account #2 (Proceeds from 50/50 & donated bingo winnings)

Balance forward	331.00
Deposit	107.00
Ending Balance	438.00

Certificate of Deposit

Balance 32282.77 (as of 30-Jun-2023)

Grand Total 42790.03

***Reimbursement details**

Block Island Dinner trip = Fee \$31/pp minus \$4 cancel fee. Rimburse \$27/pp (Checks #643 through 648)
 Mary Cikatz- Check 643 for \$54; Debra Drennen- Check 644 for \$54; Norman Rabe- Check 645 for \$54
 Deb Okarmus- Check 646 for \$54; Kay Zak- Check 647 for \$54; William Martin - Check 648 for \$27
 ^ Check 649 to Gary Closius for \$104 purchase Salem Valley Farms 2x2.5 gallon ice cream Aug meeting
 # Checks 650 (\$575 for 23 tkts) & 651 (\$200 for 8 tkts) to Mitchell Farm Fundraiser concert