

**VIRTUAL MUSEUMS, EXHIBITIONS, PERFORMANCES,
CLASSES
AND ONLINE STREAMING**

04/04/2020

HEALTH & FITNESS

ARTS & CRAFTS

VIRTUAL TOURS, EXHIBITIONS, PERFORMANCES & MORE

LIVESTREAM MUSIC & THEATRE EVENTS

LIVE ANIMAL CAMS

HEALTH & FITNESS

Family Resources: Skyhawks & SuperTots Sports Academy

At-home activities, virtual lessons, and Skyhawks videos

<https://www.skyhawks.com/page/company/family-resources/>

YMCA 360: Free Health & Fitness Videos

Yoga, Kid's Activities, Bootcamp, Barre, Active Older Adults, Weightlifting, Tai Chi, Youth Soccer, Y Boxing, Youth Sports Performance

<https://ymca360.org/>

Online Workouts

Barre / Pilates / Sculpting, Boot Camp / HIIT / Cardio, Dance Cardio / Aerobics, Cycling / Rowing / Running, Yoga / Stretching, A Bit of Everything

<https://www.wellandgood.com/online-workouts-2020/>

Free & Low Cost Fitness Classes

Yoga, Strength, Pilates, Cardio, Yoga for Seniors, Barre, and more

<http://www.personaleuphoria.com>

Daily 30-minute Workout Routines

<https://www.orangetheory.com/en-us/athome/all-otathome-videos/>

Twice-Daily At-home Workouts: Barry's Bootcamp

<https://www.instagram.com/barrys/channel/>

Boxing Studio: Rumble

Daily morning Instagram Live videos featuring cardio and body weight workouts

<https://www.instagram.com/p/B92fcZfHPHJ/>

Dance-Cardio Party: 305 Fitness

Cardio Dance livestreams twice a day at noon and 6:00 p.m.

<https://305fitness.com/videos/cardio>

At Home Workout: Bandier

Instagram Live workouts everyday at 4:00 p.m.

<https://www.instagram.com/bandier/?hl=en>

Yoga: CorePower Yoga

YouTube Livestreaming Yoga Classes at 10:00 a.m., 3:00 p.m. and 8:00 p.m.

https://www.youtube.com/playlist?list=PL4z1_0UdNR70GZE9eGuDY_VIQBE78ebQ8&

Lululemon

Instagram Live yoga, do-anywhere workouts, medication, and self-care tips

<https://www.instagram.com/p/B90HZbIJN2o/>

Yoga: Y7 Yoga

Instagram Live Yoga sessions

<https://www.instagram.com/p/B97IuJFAoEy/>

Home Work-Ins: Planet Fitness

Facebook Live daily fitness classes for everyone, 7:00 p.m.

<https://www.facebook.com/planetfitness/>

And if you can't view it live: <https://www.youtube.com/planetfitness>

Life Time

Stream cardio, strength and yoga classes

<https://my.lifetime.life/lp/video-workouts.html?icmp=od-video§ion=healthy>

Get Up and Blink!: Blink Fitness

Facebook Live streams of workout videos, weekdays, 8:00 a.m.

<https://www.facebook.com/BlinkFitness/videos/3468172496542817/>

FITNESS APPS

On-Demand Workouts & Premium Content: 24-Hour Fitness

Crunch Live: Crunch Fitness

Gold's Gym: <https://goldsamp.com/promo/>. Enter Promo Code: FIT60. Free to End of May.

ARTS & CRAFTS

JOANN Fabric & Craft

Videos of Kid & family-friendly ideas and grown-up crafts

<https://www.youtube.com/user/Joanndotcom>

Make-to-Give: JOANN Stores

In an effort to help fight the severe shortage of personal protective equipment, JOANN has launched a Make-to-Give Facemask Program. Instructions and free facemask kits available for pick up at your nearest open store.

<https://www.joann.com/make-to-give-response/>

Creativebug

Crochet, knit, draw, sew, embroider, and more with a free two-month trial period

<https://www.creativebug.com/>

Drawing Classes: Illustrator Carson Ellis

<https://www.carsonellis.com/blog>

Stop Motion Kids Camp: Designer Trisha Zemp

<https://stopmotion.school/p/stop-motion-kids-camp>

Daily Drawing Classes: Illustrator Wendy MacNaughton

Instagram Live, weekdays, 1:00 p.m.

<https://www.instagram.com/p/B9zl3unJyA3/>

Draw Everyday with JJK: Children's Book Illustrator Jarrett Krosoczka

YouTube Live, weekdays, 2:00 p.m.

<https://www.youtube.com/studiojjk>

Drawing with Toddlers: Children's Book Author and Illustrator E.B. Goodale

Instagram Live, Tuesdays & Thursdays, 11:30 a.m.

<https://www.instagram.com/ebgoodale/>

Art Projects & STEAM Experiments: Lyman Allyn Art Museum

<https://www.lymanallyn.org/programs/art-activities-for-kids/>

VIRTUAL TOURS, EXHIBITIONS, PERFORMANCES & MORE

Social Distancing Festival

Celebrates art from all over the world, showcasing nearly every discipline of art – visual arts, dance, opera, classical music, theater, music, film and different aspects of spoken word.

<https://www.socialdistancingfestival.com/>

Google Arts & Culture

Complete list of virtual tours of museums from all around the world

<https://artsandculture.google.com/>

<https://artsandculture.google.com/partner>

The Louvre, France

<https://www.louvre.fr/en/visites-en-ligne#tabs>

National Gallery of Art, Washington, D.C.

<https://www.nga.gov/>

National Museum of Natural History, Washington, D.C.

<https://naturalhistory.si.edu/visit/virtual-tour>

The Vatican, Italy

<https://www.museivaticani.va/content/museivaticani/en/collezioni/musei/tour-virtuali-elenco.html>

Solomon R. Guggenheim Museum, New York – Online

collection <https://www.guggenheim.org/collection-online>

Thyssen-Bornemisza Museo Nacional, Spain

<https://www.museothyssen.org/en/thyssenmultimedia>

National Women's History Museum, Virginia

<https://www.womenshistory.org/womens-history/online-exhibits>

NASA Langley Research Center, Virginia

<https://oh.larc.nasa.gov/oh/>

Glenn Research Center, Ohio

<https://www.nasa.gov/glennvirtualtours>

National Museum of the United States Air Force, Ohio

<https://www.nationalmuseum.af.mil/Visit/Virtual-Tour/>

LIVESTREAM MUSIC & THEATRE EVENTS

Livestream Jazz Events

Listing of jazz events available for streaming

https://world.jazznearyou.com/calendar.php?is_livestream=1#3

Livestream Virtual Concerts

<https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown>

Livestream Classical Concerts (Audio and Visual)

Livestream concerts or listen to and/or view archived concerts

<https://www.classicalmpr.org/story/2020/03/16/free-online-classical-concerts>

Livestreams & Virtual Concerts

Listing of shows and musical events available for streaming

<https://www.billboard.com/articles/columns/pop/9335531/coronavirus-quarantine-music-events-online-streams>

Vimeo Livestream

Schedule of upcoming livestreaming various arts & entertainment events

<https://livestream.com/watch/browse/music/upcoming>

Livestream from London's National Theatre

All events begin at 2:00 p.m. EST (7:00 p.m. UK time)

Tuesday, April 2: *One Man, Two Guvnors* with James Corden

Thursday, April 9: *Jane Eyre*

Thursday April 16: *Treasure Island*

Thursday, April 23: *Twelfth Night*

<https://www.nationaltheatre.org.uk/nt-at-home>

Stream Plays from Cincinnati's Theatrical Playground

<https://www.knowtheatre.com/>

Live from our Living Rooms

Livestreamed events and programs

<https://www.livefromourlivingrooms.com/>

LIVE ANIMAL CAMS

San Diego Zoo

Live cams of Apes, Baboons, Condors, Elephants, Giraffes, Koalas, Owls, Pandas, Penguins, Polar Bears, and Tigers

<https://kids.sandiegozoo.org/videos>

Georgia Aquarium

Live Jellyfish, African Penguin, Beluga Whale, California Sea Lion, Piranha, Underwater Puffin, Gator, Southern Sea Otter Cams

<https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

Monterey Bay Aquarium

Live Aviary, Coral Reef, Jelly, Kelp, Monterey Bay, Moon Jelly, Open Sea, Penguin, Sea Otter, Shark Cams

<https://www.montereybayaquarium.org/animals/live-cams>

Zoo Atlanta

Live Panda Cam

<https://zooatlanta.org/panda-cam/>

Houston Zoo

Live Giraffe, Gorilla Habitat, Elephant Yard, Leafcutter Ant, Rhino Yard, Chimp Window Cams <https://www.houstonzoo.org/explore/webcams/>

National Aquarium

Atlantic Coral Reef, Shark Alley, Dolphins, Jellies, Lurking, Pacific Coral Reef, Amazon River, Tropical Rain Forest

<https://aqua.org/media/virtualtours/baltimore/index.html>